

WHAT IS MEASUREMENT- BASED CARE?



WHAT IS MBC?

MBC is the use of patient-reported outcome measures in mental health treatment. When used as a standard part of care, MBC is a powerful tool to help you and the client identify treatment targets, determine progress, and inform adjustments to your shared treatment plan over time.

WHAT MBC ISN'T:

- MBC data is NOT:
- Assessment in isolation
 - Program evaluation
 - For evaluating individual providers
 - Meant to replace clinical judgement

"I really think about my answers on the forms. It helps me think about how I'm doing and what I want to talk about when I get in here." - Client in MH care