

Yale Geriatrics

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Resource Directory



Updated: March 2022

## Geriatric Resource Directory

Southwestern, Southcentral, Central, Eastern Connecticut, Southeastern New York, and Southern Rhode Island.

Dear Patients, Caregivers and Colleagues,

The Yale Connecticut Older Adult Collaboration for Health (COACH 4M) is pleased to provide a newly revised, expanded and user-friendly version of our Geriatric Resource Directory. The COACH 4M project aims to improve access to care and thus better health outcomes for older adults and promote dementia friendly communities.

The revised directory provides listings of available services and organizations throughout Connecticut as well as parts of southeastern New York and southwestern Rhode Island.

**You can navigate the content through links in the Table of Contents and by town listed alphabetically under each section or by opening the bookmark tab and navigating to the sections and towns.**

The Geriatric Resource Directory is to be used as a guide. COACH 4M does not recommend or endorse the services provided by the organizations and individuals listed in the directory. A decision to engage any of the individuals or organizations should be based upon your own investigation of facts and relevant circumstances. COACH 4M recommends you call or visit listed web-sites for the most current information.

The COACH 4M team hopes you find the Geriatric Resource Directory helpful to your efforts in caring for older adults throughout Connecticut.

For more information on the Yale COACH 4M program please visit:

<https://medicine.yale.edu/intmed/geriatrics/agingresources/coach/>

Sincerely,

Richard A. Marottoli, MD, MPH  
Professor of Medicine  
Project Director, CT Older Adult Collaboration for Health 4M

## COACH 4M

Yale Connecticut Older Adult Collaboration for Health

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**\*Note: You can navigate this Directory through the links in this Table of Contents, or by opening the bookmarks in the PDF reader**

## Adult Day Care Centers

There are two different models of Adult Day Care – the social model and the medical model. The **social model** is for individuals who do not require assistance with medical or personal care. The **medical model** provides personal care, such as rehabilitation, therapeutic recreation, and nursing intervention.



### Helpful Sites:

#### **CONNECTICUT ASSOCIATION OF ADULT DAY SERVICES**

110 Barnes Road  
 Wallingford, CT 06517  
 (203) 678-4649  
 Web: [www.ctadultday.org](http://www.ctadultday.org)

#### **MY PLACE CT**

[www.myplacect.org](http://www.myplacect.org)

- click on Services and supports
- click on Adult Day Care
- scroll down to find an adult day care program in your area

| <b>Connecticut</b> |  |  |  |                |
|--------------------|--|--|--|----------------|
| <b>Town</b>        | <b>Name</b>                            | <b>Address</b>                           | <b>Contact</b>   | <b>Website</b> |
| Avon               | Friendship Circle Adult Day Center     | 280 Country Club Rd, Avon, CT 06001      | 860-673-7631   |                |
| Branford           | Orchard House Adult Day Care Center    | 421 Shore Dr. Branford, CT 06405         | (203) 481-7110<br><a href="mailto:info@theorchardhouse.org">info@theorchardhouse.org</a> |                |
| Bridgeport         | Grasmere By the Sea Adult Day Services | 4200 Park, Ave. Bridgeport, CT 06604     | (203)365-6470  |                |
| Bridgeport         | The Kennedy Center                     | 184 Garden St. Bridgeport, CT 06605-1213 | (203)481-7110  |                |
| Bridgeport         | Park City Adult Day Care               | 55 Chapel St. Bridgeport, CT 06604-4021  | (203)335-1001  |                |

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## Adult Day Care Centers

|             |  |  |  |   |
|-------------|--|--|--|---|
| Clinton     | Robin's Nest (Respite Care) Intergenerational Adult Day Care     | 94 High St.<br>Clinton, CT 06413                 | (860) 664-3568<br>(860) 662-0307   | <a href="https://www.robinsnestct.com">https://www.robinsnestct.com</a>   |
| Cos Cob     | River House Adult Day Center (formerly Greenwich Adult Day Care) | 125 River Road Ext,<br>Cos Cob, CT 06807-2556    | (203)622-0079  | <a href="http://www.theriverhouse.org">www.theriverhouse.org</a>  |
| Groton      | Mind Matters   | 801 Poquonnock Rd, Suite 6/7<br>Groton, CT 06340 | (860)449-2903  | <a href="https://shorelinemindmatters.wixsite.com/mindmatters">https://shorelinemindmatters.wixsite.com/mindmatters</a> |
| Hamden      | Clelian Adult Day Center   | 261 Benham St.<br>Hamden, CT 06514               | (203) 288-4151   | <a href="https://www.cleliancenter.com">https://www.cleliancenter.com</a>   |
| Hamden      | Juniper Adult Day Care   | 119 Sanford St.<br>Hamden, CT 06514              | (203) 230-1180   | <a href="https://www.juniperhomecare.com">https://www.juniperhomecare.com</a>   |
| Hamden      | Partnerships Center For Adult Day Care                           | 3 Industrial Cir.<br>Hamden, CT 06517            | (203) 248-8854   | <a href="https://partnershipsadc.org">https://partnershipsadc.org</a>   |
| Hartford    | Juniper Adult Day  | 598 Farmington Ave.,<br>Hartford, CT             | (860)523-7989  | <a href="mailto:info@juniperhomecare.com">info@juniperhomecare.com</a>  |
| Hartford    | Day-Break at Hartford  | 243 South Whitney St.,<br>Hartford, CT 06105     | (860)523-0108  | <a href="http://www.daybreakathartford.com">www.daybreakathartford.com</a>  |
| Madison     | The Strong House Adult Day Center                                | 546 Durham Rd.<br>Madison, CT 06443              | (203) 245-0524   | <a href="https://stronghousect.org">https://stronghousect.org</a>   |
| Middletown  | All Care LLC Day Club  | 32 Miner St,<br>Middletown, CT 06457             | (860) 632-1119<br><a href="mailto:www.allcarect@gmail.com">www.allcarect@gmail.com</a> |   |
| Middletown  | Daytymers Social Club at Heritage Commons                        | 38 Boston Rd<br>Middletown, CT 06457             | 860-344-1221   | <a href="http://www.heritagecommons.com/">www.heritagecommons.com/</a>  |
| Milford     | Milford Senior Center/ Ahrens Program                            | 9 Jepson Dr.<br>Milford, CT 06460                | (203) 877-5131   | <a href="http://www.milfordctseniorcenter.com">www.milfordctseniorcenter.com</a>  |
| Moodus      | Chestelm Adult Day Services                                      | 542 Town Street<br>Moodus, CT. 06469             | (860)873-3833<br>(860)873-1455   | <a href="http://www.chestelm.com">www.chestelm.com</a>  |
| Mystic      | Masonicare at Mystic   | 45 Clara Drive<br>Mystic, CT                     | (860)415-2500  |   |
| New Britain | Juniper at Regency   | 55 Spring St<br>New Britain, CT 06051            | (860)893-1970<br>*Spanish Speaking*  |   |

## Adult Day Care Centers

|               |   |  |  |   |
|---------------|---|--|--|---|
| New Canann    | Waveny Home Healthcare                                    | 21 Grove St.<br>New Canaan,<br>CT<br>06840-6626              | (203) 594-5248   |   |
| New Canaan    | Waveny Adult Day Program                                  | 3 Farm Rd<br>New Canaan, CT<br>06840                         | (203) 594-5301   |   |
| Newington     | Family Adult Day Care                                     | 445A Willard Ave<br>Newington, CT<br>06111                   | (860)436-2013  |   |
| New Haven     | Mary Wade Home Adult Day Center                           | 118 Clinton Ave.<br>New Haven, CT<br>06513                   | (203) 562-7222   | <a href="https://marywade.org">https://marywade.org</a>                               |
| Norwalk       | ElderHouse Adult Day Center                               | 7 Lewis St.<br>Norwalk, CT<br>06851-4704                     | (203)847-1998  |   |
| Norwich       | Easterseals Capital Region & Eastern Connecticut          | 24 Stott Avenue<br>Norwich, CT 06360                         | (860)859-4148  | <a href="http://www.easterseals.com/hartford/">www.easterseals.com/hartford/</a>      |
| Norwich       | Ross Adult Day Center, United Community & Family Services | 165 McKinley Ave<br>Norwich, CT<br>06360-3509                | (860)889-1252  | <a href="http://www.ucfseldercare.org">www.ucfseldercare.org</a>                      |
| Norwich       | Eliza Huntington Memorial Home of Norwich, Inc            | 99 Washington St.<br>Norwich, CT 06360-5023                  | (860)887-0684  |   |
| Old Saybrook  | Mind Matters  | 220 Old Boston Post Rd, Suite 2<br>Old Saybrook, CT<br>06475 | (860)395-7030  |   |
| Plantsville   | Live Well Day Center                                      | 1261 S Main St,<br>Plantsville, CT<br>06479                  | (860) 628-9000<br><a href="mailto:info@livewell.org">info@livewell.org</a> |   |
| Waterbury     | Day-Break at Waterbury                                    | 161 Interstate Ln.<br>Waterbury, CT<br>06705                 | (203) 757-0106   | <a href="http://www.daybreakatwaterbury.com/">http://www.daybreakatwaterbury.com/</a> |
| West Hartford | Juniper Adult Day Elmwood                                 | 1086 New Britain Ave.<br>West Hartford, CT<br>06110          | (860)523.1418 opt. 5   |   |

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## Adult Day Care Centers

|         |  |                                       |               |  |
|---------|--|---------------------------------------|---------------|--|
| Windsor | Easterseals Capital Region & Eastern Connecticut | 100 Deerfield Rd<br>Windsor, CT 06095 | (860)270-0600 | <a href="http://www.easterseals.com/hartford/">www.easterseals.com/hartford/</a> |
|---------|--|---------------------------------------|---------------|--|

### Rhode Island

| Town            | Name                               | Address  | Contact       | Website  |
|-----------------|------------------------------------|--|---------------|--|
| Jamestown       | Alite Adult Day Care               | 49 North Main Rd<br>Jamestown, RI<br>02835           | (401)423-1071 |  |
| South Kingstown | South Kingstown Adult Day Services | 283 Post Rd, South<br>Kingstown, RI<br>02879-7507    | (401)783-8736 |  |
| Wakefield       | South County Senior Care           | 28 Columbia<br>Street<br>Wakefield, RI<br>02879-3210 | (401)792-4949 |  |
| Westerly        | Adult Day Center of Westerly       | 5 Union Street<br>Westerly, RI<br>028915             | (401)596-1336 | <a href="http://www.pace-ri.org">www.pace-ri.org</a> |

### New York

| Town           | Name   | Address   | Contact       | Website |
|----------------|--|---|---------------|---------|
| Corona         | Comfort Adult Day Care Center, Inc.                    | 100-05 Roosevelt<br>Ave., Corona, NY<br>11368                     | (718)651-5700 |         |
| Cortland Manor | Adult Day Care at Fieldhome                            | 2300 Catherine St.<br>Fl 2, Cortlandt<br>Manor, NY 10567-<br>7231 | (914)739-2244 |         |
| Haverstraw     | Centro de Amigos, LLC,<br>Social Adult Day<br>Services | 91 Broadway<br>Haverstraw, NY<br>10927                            | (845)553-9777 |         |

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## Adult Day Care Centers

|                 |                                     |  |  |  |
|-----------------|-------------------------------------|--|--|--|
| Mount Kisco     | My Second Home                      | 95 Radio Circle Dr.<br>Mount Kisco, NY<br>10549-2611 | (914)241-0770<br>Ext. 257<br>Contact: Karen<br>Bisignano, Director<br><a href="mailto:kbisignano@fs.w.org">kbisignano@fs<br/>w.org</a> |  |
| Mount<br>Vernon | The Wartburg Home                   | Bradley Ave.<br>Mount Vernon, NY<br>10552            | (914)699-0800  |  |
| New Rochelle    | Between Ages Adult<br>Social Center | 175 Memorial<br>Hwy, New<br>Rochelle, NY<br>10801    | (914)740-5160  |  |

## Area Agencies on Aging

Area Agencies on Aging (AAAs) help older adults and caregivers access services and supports that maximize independence. The client's income and/or assets may be used to determine eligibility. Assistance navigating complex social and health care programs is available to everyone.

AAAs research and evaluate elderly issues, and offer community education to senior adults, caregivers, students and the community at large. We have extensive information on the needs of seniors as well as the services that can meet those needs. AAAs serve as an advocate for older individuals.

### **Area Agencies administer programs and services for frail elderly and caregivers.**

1. Supportive services for clients with Alzheimer's and other dementias.
2. Services and equipment that provide respite (a rest) for caregivers.
3. Aging Resource Centers and the CHOICES Program (Medicare, health insurance and general information.)
4. Medicaid programs that offer an alternative to nursing home care.
5. Private care management to identify resources for clients with income or assets above eligibility for state programs.
6. Chaperone support program for seniors, veterans and family caregivers.  
(See Flyer)

### **Area Agencies have information on:**

- All programs and services for senior adults
- Caregiver services
- Services for grandparents raising grandchildren
- Transportation

## Area Agencies on Aging

### Eastern Connecticut

| Town         |                  | Name  | Address                                       | Contact   | Website   |
|--------------|------------------|---|---|---|---|
| Ashford      | Lyme             | Senior Resources Eastern Connecticut Area Agency on Aging DBA Aging and Disability Services | 19 Ohio Avenue, Suite 2<br>Norwich, CT 06360  | (860) 887-3561<br>Toll Free: (800) 690-6998<br>Fax: (860) 886-4736        | <a href="http://www.seniorresourcesec.org/programs-services/nutrition">http://www.seniorresourcesec.org/programs-services/nutrition</a> |
| Bozrah       | Mansfield        |   |   |   |   |
| Brooklyn     | Middlefield      |   |   |   |   |
| Canterbury   | Middletown       |   |   |   |   |
| Chaplin      | Montville        |   |   |   |   |
| Chester      | North Stonington |   |   |   |   |
| Colchester   | Norwich          |   |   |   |   |
| Columbia     | Old Lyme         |   |   |   |   |
| Coventry     | Old Saybrook     |   |   |   |   |
| Clinton      | Plainfield       |   |   |   |   |
| Cromwell     | Preston          |   |   |   |   |
| Deep River   | Pomfret          |   |   |   |   |
| Durham       | Portland         |   |   |   |   |
| Eastford     | Putnam           |   |   |   |   |
| East Haddam  | Salem            |   |   |   |   |
| East Hampton | Scotland         |   |   |   |   |
| East Lyme    | Sprague          |   |   |   |   |
| Essex        | Sterling         |   |   |   |   |
| Franklyn     | Stonington       |   |   |   |   |
| Griswold     | Thompson         |   |   |   |   |
| Groton       | Union            |   |   |   |   |
| Haddam       | Voluntown        |   |   |   |   |
| Hampton      | Waterford        |   |   |   |   |
| Killingly    | Willington       |   |   |   |   |
| Killingworth | Windham          |   |   |   |   |
| Lebanon      | Woodstock        |   |   |   |   |
| Ledyard      |                  |   |   |   |   |
| Lisbon       |                  |   |   |   |   |
| London       |                  |   |   |   |   |
| Barkhamsted  | Naugatuck        | Western Connecticut AAA (WCAAA)<br>An Aging and Disability Resource Center (ADRC)           | 84 Progress Ln<br>Waterbury, CT<br>06705-3863 | Phone: (203) 757-5449<br>Toll Free: (800) 994-9422<br>Fax: (203) 757-4081 |   |
| Beacon Falls | New Fairfield    |   |   |   |   |
| Bethel       | New Hartford     |   |   |   |   |
| Bethlehem    | New Milford      |   |   |   |   |
| Bridgewater  | Newtown          |   |   |   |   |
| Brookfield   | Norfolk          |   |   |   |   |
| Canaan       | North Canaan     |   |   |   |   |

## Area Agencies on Aging

|              |  |   |   |   |  |
|--------------|--|---|---|---|--|
| Cheshire     | Prospect   |   |   |   |  |
| Colebrook    | Redding  |   |   |   |  |
| Cornwall     | Ridgefield   |   |   |   |  |
| Danbury      | Roxbury  |   |   |   |  |
| Goshen       | Salisbury  |   |   |   |  |
| Harwinton    | Sharon   |   |   |   |  |
| Kent         | Sherman  |   |   |   |  |
| Litchfield   | Southbury  |   |   |   |  |
| Middlebury   | Thomaston  |   |   |   |  |
| Morris       |  |   |   |   |  |
| Bridgeport   | Norwalk  | Southwestern Connecticut Agency on Aging (SWCAA) & Independent Living | 1000 Lafayette Boulevard, 9th Floor, Bridgeport, CT 06604 | Tel: (203) 333-9288 Fax: (203) 696-3866   | Website: <a href="http://www.swcaa.org">http://www.swcaa.org</a>   |
| Darien       | Stamford   |   |   |   |  |
| Easton       | Stratford  |   |   |   |  |
| Fairfield    | Trumbull   |   |   |   |  |
| Greenwich    | Weston   |   |   |   |  |
| Monroe       | Westport   |   |   |   |  |
| New Canaan   | Wilton   |   |   |   |  |
| Ansonia      | New Haven  | Agency on Aging of South Central Connecticut (AOASCC)                 | 117 Washington Ave North Haven, CT 06473                  | Tel: (203) 785-8533 Fax: (203) 785-8873   | Website: <a href="http://www.aoascc.org">http://www.aoascc.org</a> |
| Bethany      | North Branford   |   |   |   |  |
| Branford     | North Haven  |   |   |   |  |
| Derby        | Orange   |   |   |   |  |
| East Haven   | Oxford   |   |   |   |  |
| Guilford     | Seymour  |   |   |   |  |
| Hamden       | Shelton  |   |   |   |  |
| Madison      | Wallingford  |   |   |   |  |
| Meriden      | West Haven   |   |   |   |  |
| Milford      | Woodbridge   |   |   |   |  |
| Bronx        | R.A.I.N. Alzheimer's Caregiver Link Program<br>R.A.I.N. Total Care Inc. Community Services - Regional Aide for Interim Needs | 3377 White Plains Road<br>Bronx, NY 10467                             | (347) 346-9676  | <a href="http://www.raininc.org">www.raininc.org</a>  |  |
| Mount Vernon | Westchester County Department of Senior Programs & Services  | 9 S 1st Ave<br>Mount Vernon, NY 10550-3414                            | (914) 813-6399  | <a href="https://seniorcitizens.westchestergov.com">https://seniorcitizens.westchestergov.com</a> |  |

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**The Chaperone support program for seniors, veterans, and family caregivers.**

This program is designed to provide a safe experience to your Medical and/or treatment appointments. Offering you a vetted, vaccinated, and trained volunteer to assist you for your home, to your mode of transportation, to the visit and then home again. Plus, the added bonus of some companionship along the way. Clients will be asked about their vaccination status. This program covers the towns of: Bethany, Branford, East Haven, Guilford, Hamden, Meriden, Milford, New Haven, North Branford, North Haven, Northford, Orange, Wallingford, West Haven and Woodbridge.

**Chaperones do not drive; their sole purpose is to provide you with assistance and support.**

This program works closely with Interfaith Volunteer Caregivers Transportation program (IVCG), but volunteer Chaperones can also be available to assist with whatever system you currently use.

- If using IVCG (203)230-8994, Volunteer Chaperones need to be assigned at least 1 week prior to your appointment and will be available for up to 3 hours, beyond that their time will need to be negotiated and approved.
- If you are using an alternative mode of transport you will need to schedule your trip with them, ensuring that having a chaperone is allowed, the guidelines and if there is a fee. You will be responsible for any fees or costs related to the ride.

All participants are required to register for the service and AOASCC staff will follow up to ensure we have all necessary information.

**Please contact:**

**Cherie Strucaly at AOASCC (203) 785-8533 X 2907 or [cstrucaly@aoascc.org](mailto:cstrucaly@aoascc.org)**

**For more information.**



**AOASCC ~ 117 Washington Ave. # 17 ~ North Haven CT 06473**

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## Caregiver Support Groups

### **The Alzheimer's Association:**

The Alzheimer's Association is a worldwide voluntary health organization dedicated to Alzheimer's care, support and research. Its mission is to lead the way to end Alzheimer's and all other dementia — by accelerating global research, driving risk reduction and early detection, and maximizing quality care and support.

The Alzheimer's Association Connecticut Chapter is the primary source of information and support to the thousands of Connecticut residents dealing with the effects of Alzheimer's disease or a related dementia. With offices across the state in Norwalk, Norwich and our main office in Southington, we are able to offer our communities 24/7 multilingual Helpline support, Family Training Seminars, Care Consultation, First Responder training, Support Groups and Educational programs for both healthcare professionals and caregivers. The Chapter has influenced Public Policy changes and has provided support to dementia research in the hope of finding a cure.

**24/7 Helpline: (800) 272-3900**

### **Alzheimer's Association Community Resource Finder**

Information on support groups in your area

<https://www.alz.org>

### **Alzheimer's Association ALZConnected®**

Online social networking community

[www.alzconnected.org](http://www.alzconnected.org)

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## Care & Support Resources

- **Call our 24/7 Helpline.** Care specialists and Master's level clinicians are ready to provide reliable information and confidential support all day, every day **800.272.3900**
- Join ALZConnected®, our free online community, to connect with other caregivers or people living with dementia: **[alzconnected.org](http://alzconnected.org)**
- Explore the Alzheimer's Association & AARP Community Resource Finder to locate dementia resources, programs and services in your area, including your local Association office: **[alz.org/CRF](http://alz.org/CRF)**
- Assess your needs, create customized action plans and get information, support and local resources with Alzheimer's Navigator®: **[alzheimersnavigator.org](http://alzheimersnavigator.org)**
- Find various online education programs to take on your own time, whenever is convenient, on a variety of topics: **[alz.org/education](http://alz.org/education)**
- Learn more about Alzheimer's and other dementias research and the Association's involvement in advancing the field: **[alz.org/research](http://alz.org/research)**
- Access our catalog of brochures and topic sheets covering a variety of dementia-related topics: **[alz.org/publications](http://alz.org/publications)**

### More resources for people living with dementia:

- Visit **[alz.org/IHaveAlz](http://alz.org/IHaveAlz)** to start learning and planning in order to live your best life today.
- Find early stage social engagement activities to participate in at **[alz.org/CRF](http://alz.org/CRF)**.
- Access LiveWell Online Resources at **[alz.org/LiveWell](http://alz.org/LiveWell)** for free interactive tools and personalized steps for living well with the disease.
- Take our free Living with Alzheimer's: For People with Alzheimer's workshop online at **[alz.org/education](http://alz.org/education)**.
- Find support groups for individuals living with Alzheimer's or another dementia at **[alz.org/CRF](http://alz.org/CRF)**.

### More resources for caregivers:

- Find support and information for all stages of the disease at **[alz.org/care](http://alz.org/care)**.
- Visit **[alz.org/safety](http://alz.org/safety)** for a comprehensive offering of safety information, tips and resources.
- Take our free Living with Alzheimer's: For Caregivers workshop series online at **[alz.org/education](http://alz.org/education)**.
- Find support groups to connect with other caregivers in your area at **[alz.org/CRF](http://alz.org/CRF)**.



# Caregiver Support Groups

## Other General Resources:

### **Down Syndrome and Dementia Family Caregiver (Telephone Support) Group**

Contact: Marianne Iversen

Phone: (925) 362-8660, x103

[marianne@dsconnection.org](mailto:marianne@dsconnection.org)

### **Adult Children Frontotemporal Degeneration (FTD) Caregiver Support Group (Telephone Support)**

Contact: Jamie C. Fong, MS

University of California, San Francisco

Registration: (800) 272-3900

Email: [jfong@memory.ucsf.edu](mailto:jfong@memory.ucsf.edu)

### **Best Practice Caregiving**

Best Practice Caregiving is a partnership between Benjamin Rose Institution on Aging and Family Caregiver Alliance funded by The John A. Hartford Foundation, RRF Foundation for Aging and Archstone Foundation. It is a free online database of proven dementia programs for family caregivers. It offers a searchable, interactive, national database of vetted, effective programs that offer much-needed information and support. <https://bpc.caregiver.org/>

### **Health and Wellness Awareness Council**

“Caregiver Burnout” link [Caregiver Burnout: Symptoms and How to Avoid Them](#)

Contact: Isabella Worth

*Community Wellness Manager*

Health and Wellness Awareness Council

HWACouncil.org; [tel:\(866\) 201-5893](tel:(866)201-5893)



### **\*\*\*Palliative Care Resources\*\*\***

[www.getpalliativecare.org](http://www.getpalliativecare.org) and [www.capc.org](http://www.capc.org).

# COACH 4M

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## Caregiver Support Groups

| <b>Caregiver Support Groups</b> |  |   |   |  |
|---------------------------------|--|---|---|--|
| <b>Town</b>                     | <b>Name</b>  | <b>Address</b>                                | <b>Contact</b>  | <b>Notes/Website</b>   |
| Various Locations               | Southern Connecticut Well Spouse Support Group   | N/A   | (203) 748-8886  |  |
| Branford                        | Orchard House Medical Adult Day Center   | 421 Shore Drive<br>Branford, CT 06405         | (203) 481-7110  |  |
| Branford                        | The Hearth at Gardenside   | 173 Alps Road<br>Branford, CT 06405           | (203) 483-7260 ext. 4249  |  |
| Branford                        | Evergreen Woods  | 88 Notch Hill Road<br>Branford, CT 06471      | (203) 483-3242  |  |
| Bridgeport                      | Jewish Senior Services   | 4200 Park Ave<br>Bridgeport, CT 06604         | (203) 365-6470  |  |
| Bronx                           | Riverdale YM-YWHA:<br>Early Stage Dementia Chat  | 5625 Arlington Ave<br>Bronx, NY 10471         | (646) 418-4466<br>(800) 272-3900  |  |
| Bronx                           | El Bronx Cuida:<br>Grupo de Apoyo:<br>South Bronx<br>(Caregivers Connect: South Bronx) | Bronx NY 10459                                | Phone: 1-800-272-3900   | Para registrarse por favor llamar (Pre-registration & pre-screening) |
| Brooklyn                        | Quinebaug Valley Senior Center   | 69 S Main St., Ste 4<br>Brooklyn, CT 06234    | 860-377-6416  |  |
| Cortland Manor                  | Yorktown Assisted Living Residence:<br>Cortlandt Manor<br>Caregiver Support Group      | 2276 Catherine ST<br>Cortland Manor, NY 10567 | Contact: Diana Penna<br>Phone: (914)-737-2255   |  |
| Darien                          | Maplewood At Darien  | 599 Boston Post Road<br>Darien, CT 06820      | Contact: Christine Marnelakis<br>Phone: 203-470-5696<br>Email: <a href="mailto:darienmcd@maplewoodsl.com">darienmcd@maplewoodsl.com</a> |  |
| Darien                          | Mather Center  | 2 Renshaw Rd                                  | Contact: Elizabeth Paris  |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Caregiver Support Groups

|              |   |   |  |  |
|--------------|---|---|--|--|
|              |   | Darien, CT 06820                                    | Phone: 203-656-7490<br>Email:<br>eparis@darienct.gov |  |
| Derby        | Griffin Hospital                                | 130 Division Street<br>Derby, CT 06418              | (203) 732-7371                                       |  |
| East Hampton | East Hampton Library                            | 159 Main St<br>East Hampton, NY<br>11937            | (631) 629-6950                                       |  |
| East Haven   | The Village at Mariner's Point                  | 111 South Shore Drive<br>East Haven, CT 06512       | (203) 467-0067                                       |  |
| Essex        | Essex Library                                   | 33 West Ave<br>Essex, CT 06426                      | 860-986-4986   |  |
| Greenport    | Peconic Landing                                 | 1500 Brecknock Rd<br>Greenport, NY 11944            | (631) 629-6950                                       |  |
| Guilford     | Nathaniel B Green Community Center              | 32 Church Street<br>Guilford, CT 06436              | (203) 538-7287                                       |  |
| Guilford     | VNA Community Healthcare                        | 753 Boston Post Road<br>Guilford, CT 06437          | (203) 458-4284 (866)<br>474-5230                     |  |
| Haddam       | Saybrook at Haddam                              | 1556 Saybrook Road<br>Haddam, CT 06438              | (860) 345-3779                                       |  |
| Hamden       | Hamden Rehabilitation and Healthcare Center     | 1270 Sherman Avenue<br>Hamden, CT 06514             | (203) 281-7555                                       | 1st Thursday,<br>6:00-7:30 pm            |
| Hamden       | Alzheimer's Association Caregiver Support Group | 2911 Dixwell Ave. Ste.<br>2015<br>Hamden, CT. 06518 | (203) 710-0500                                       |  |
| Hamden       | Arden House                                     | 850 Mix Ave.<br>Hamden, CT 06514                    | (203) 281-3500                                       |  |
| Hamden       | Benchmark Senior Living at Hamden               | 35 Hamden Hill Drive<br>Hamden, CT 06518            | (203) 230-1777 ext. 14                               | Last<br>Wednesday<br>monthly,<br>10:00am |
| Hamden       | Clelian Adult Day Center                        | 261 Benham Street<br>Hamden, CT 06514               | (203) 288-4151                                       |  |
| Hamden       | Whitneyville Cultural Commons                   | 1253 Whitney Avenue<br>Hamden, CT 06517             | (203) 654-9189                                       | 4th Thursday<br>7:00pm                   |

## Caregiver Support Groups

|                 |   |  |   |   |
|-----------------|---|--|---|---|
| Hamden          | Miller Senior Center  | 2901 Dixwell Avenue<br>Hamden, CT 06518              | (203) 287-2547  | Register with<br>VNA<br>Community<br>Healthcare<br>(866) 474-5230 |
| Hamden          | Meadow Mills<br>Assisted Living &<br>Memory Care                | 153 Leeder Hill Drive<br>Hamden, CT 06517            | (203) 407-2742  |   |
| Hamden          | Whitneyville<br>Cultural Commons                                | 1253 Whitney Avenue<br>Hamden, CT 06517              | (203) 654-9189  | 4th Thursday,<br>7:00 pm  |
| Hawthorne       | Morningside<br>House Adult Day<br>Center                        | 50 Broadway<br>Hawthorne, NY 10532                   | Contact: Lisa Goldman<br>Phone: (914)769.0953<br>Phone: (800) 272-3900    |   |
| Jewett City     | Griswold Senior<br>Center                                       | 22 Soule St<br>Jewett City, CT 06351                 | 860-376-2604  | griswoldseniors<br>@yahoo.com                                     |
| Madison         | Madison Town<br>Senior Center                                   | 29 Bradley Road<br>Madison, CT 06443                 | (203) 245-5627  |   |
| Meriden         | Connecticut<br>Baptist Homes                                    | 292 Thorpe Avenue,<br>Suite 1<br>Meriden, CT 06450   | (203) 237-1206  |   |
| Milford         | Carriage Green at<br>Milford                                    | 77 Plains Road<br>Milford, CT 06461                  | (203) 433-2598  |   |
| Milford         | Milford Hospital  | 2047 Bridgeport Avenue<br>Milford, CT 06460          |   |   |
| Mount<br>Vernon | Grace Baptist<br>Church   | 52 S 6th Ave<br>Mount Vernon, NY<br>10550            | Phone: (800) 272-3900   |   |
| Nanuet          | Meals on Wheels<br>Caregiver Support<br>Group Nanuet            | 121 West Nyack Rd.<br>Nanuet, NY 10954               | Phone: 1-800-272-3900   |   |
| New Canaan      | Waveny Care<br>Center   | 3 Farm Rd.<br>New Canaan, CT 06840                   | Contact: Kate Bacon<br>Phone: 203-594-5470<br>Email:<br>kbacon@waveny.org |   |
| New Haven       | Yale University<br>Yale Alzheimer's<br>Disease Research<br>Unit | 1 Church Street, Suite<br>600<br>New Haven, CT 06510 | (203) 764-8100  |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Caregiver Support Groups

|                    |   |   |   |                              |
|--------------------|---|---|---|------------------------------|
| New Haven          | Mary Wade Home                                    | 118 Clinton Avenue<br>New Haven, CT 06513             | (203) 672-7838 or<br>(203) 562-7222   |                              |
| Newtown            | Maplewood At<br>Newtown                           | 166 Mount Pleasant Rd<br>Newtown, CT 06470            | Contact: Maplewood<br>Concierge<br>Phone: 203-426-8118<br>Contact: Stephanie<br>Cuzino<br>Phone: 203-710-2275   |                              |
| North<br>Kingstown | St. Frances De<br>Sales                           | 381 School St.<br>North Kingstown, RI<br>02852        | (401) 421-0008  |                              |
| North<br>Kingstown | North Kingstown<br>Public Library                 | 100 Boone St<br>North Kingstown, RI<br>02852          | (401) 421-0008  | young onset<br>support group |
| Norwalk            | Elderhouse  | 7 Lewis St<br>Norwalk, Ct 06851                       | Contact: Sally Harding<br>Phone: (203)-847-1998<br>Email:<br>sally@elderhouse.org   |                              |
| Orange             | Maplewood At<br>Orange                            | 245 Indian River Road<br>Orange, CT 06477             | (203) 868-0075  |                              |
| Purchase           | Alzheimer's<br>Association<br>Purchase Office     | 2900 Westchester Ave<br>Ste 306<br>Purchase, NY 10577 | Contact: Kristen<br>Bonistall<br>(800) 272-3900<br>(845) 471-2655   |                              |
| Ridgefield         | First<br>Congregational<br>Church: Hauley<br>Room | 113 Main Street<br>Ridgefield, CT 06877               | Contact: Maria Victor<br>Smith<br>Phone: (203) 300-4801<br>Contact: Tina Mowska<br>Phone: (203) 438-6240<br>Contact: Holly Batti<br>Phone: (860) 918-4674 |                              |
| Shelton            | Gardener Heights                                  | 172 Rocky Rest Road<br>Shelton, CT 06484              | (203) 924-6253  | 2nd<br>Wednesday,<br>7:00 pm |
| Shelton            | Benchmark Senior<br>Living at SPLIT<br>ROCK       | 708A Bridgeport<br>Avenue<br>Shelton, CT 06484        | (203) 693-9743  |                              |
| Sleepy<br>Hollow   | Phelps Memorial<br>Hospital Center                | 701 N Broadway  | Contact: Ellen Woods<br>Phone: (914) 366-3937   |                              |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Caregiver Support Groups

|                |   |  |  |  |
|----------------|---|--|--|--|
|                |   | Sleepy Hollow, NY<br>10591                     | (800) 272-3900   |  |
| Stamford       | Tully Health Center                     | 32 Strawberry Hill Ct<br>Stamford, CT. 06902   | Contact: Angel Dazzo<br>Phone: (203) 667-0034  |  |
| Stamford       | Silver Source                           | 2009 Summer St<br>Stamford, CT 06905           | Contact: Nicol Rupolo<br>Phone: (203) 705-0220<br>nicol@comforcare.com<br>Contact: Maria Scaros<br>Phone: (203) 531-5500<br>mscaros@thegreensat<br>greenwich.com |  |
| Stamford       | The Residence at Summer Street          | 14 2nd St<br>Stamford, CT 06905                | Contact: Stacey Busher<br>Phone: (203) 998-6132<br>sbusher@residencesu<br>mmerstreet.com   |  |
| Stratford      | Spring Village at Stratford             | 6911 Main Street<br>Stratford, CT 06614        | (203) 916-5124   |  |
| Southbury      | Watermark at East Hill                  | 611 E. Hill Rd.<br>Southbury, CT 06488         | (203) 262-6868   |  |
| Southport      | Maplewood at Southport                  | 917 Mill Hill Ter.<br>Southport, CT 06890      | (203) 246-0177   |  |
| Tuckahoe       | The Fountains At Rivervue               | 1 Rivervue Pl.<br>Tuckahoe, NY 10707           | Phone: (800) 272-3900  |  |
| Tuckahoe       | Emanuel A.M.E. Church                   | 6 Van Duzen Pl<br>Tuckahoe, NY 10707           | Phone: (800) 272-3900  |  |
| Wallingford    | Masonic Healthcare Center               | 22 Masonic Avenue<br>Wallingford, CT 06492     | (203) 679-5900   |  |
| Wallingford    | Ashlar Village                          | 74 Cheshire Road<br>Wallingford, CT 06492      | (203) 679-6907   |  |
| West Greenwich | West Greenwich Public Library Room      | 274 Victory Hwy<br>West Greenwich, RI<br>02817 |  | Call: 24/7<br>Helpline: (800)<br>272-3900 to<br>register |
| Westport       | Positive Directions                     | 90 Post Rd.<br>Westport, CT 06880              | (203) 227-7644   |  |
| White Plains   | Burke Rehabilitation Hospital, Rosedale | 785 Mamaroneck Ave<br>White Plains, NY 10605   | (845) 471-2655<br>(800) 272-3900   |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Caregiver Support Groups

|            |                               |   |                     |                             |
|------------|-------------------------------|---|---------------------|-----------------------------|
|            | Room (Early Stage Support)    |   |                     |                             |
| Woodbridge | Coachman Square at Woodbridge | 21 Bradley Road<br>Woodbridge, CT 06525 | (203) 397-7544 x307 | 2nd Sunday,<br>12:00-1:00pm |
| Woodbridge | JCC of Greater New Haven      | 360 Amity Rd<br>Woodbridge, CT 06525    | (601)-467-7015      |                             |

| <b>Telephone</b>                                   |  |  |   |
|--|--|--|---|
| <b>Name</b>  | <b>Address</b>   | <b>Contact</b>   | <b>Notes/Website</b>  |
| Telephone 1 Caregiver Support Group                |  | Contact: Heather Louise Gray<br>Phone: (800) 272-3900<br>Email: <a href="mailto:hgray1@alz.org">hgray1@alz.org</a>   | Open to Dementia Family Caregivers Across the Country   |
| Young Caregiver Google Hangouts Meet Support Group | East Bay Office<br>Northern California and Northern Nevada<br>2290 North First Street, Suite 101<br>San Jose, CA 95131 | Contact: Vanessa Souza, MSW<br>Phone: (408) 372-9976<br>Email: <a href="mailto:vsouza@alz.org">vsouza@alz.org</a><br>East Bay Office<br>Phone: (408) 372-9900<br>Fax: (408) 372-9899                             | Registration is Required  |
| Virtual Younger Onset Caregiver Support Group 1    | Massachusetts/New Hampshire<br>309 Waverley Rd<br>Waltham, MA 02452  | Contact: Kelly McCarthy<br>Email: <a href="mailto:kmccarthyblue@gmail.com">kmccarthyblue@gmail.com</a><br>Phone: 774-400-5824<br><br>Massachusetts/New Hampshire<br>Phone: (617) 868-6718<br>Fax: (617) 868-6720 |   |
| Adult Children FTD Caregiver Support               | Northern California and Northern Nevada<br>2290 North First Street, Suite 101<br>San Jose, CA 95131                    | Email Jamie C Fong, MS, CGC to receive the necessary information to participate in the Support Group<br><a href="mailto:fong@memory.ucsf.edu">fong@memory.ucsf.edu</a>   | (Telephone/Webinar Group)<br><br>The group is for Adult Children Caregivers of Individuals with Frontal |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Caregiver Support Groups

|   |  |  |  |
|---|--|--|--|
|   |  | Northern California and Northern Nevada<br>Phone: (408) 372-9900<br>Fax: (408) 372-9899                  | Temporal Dementia (aka Pick's Disease). The Support Group is co-sponsored with UCSF. |
| Down Syndrome and Dementia Family Caregiver |  | Contact: Marianne Iversen to Register<br>email: marianne@dsconnection.org<br>Phone: (925) 362-8660, x103 | (Telephone/Webinar Support Group)  |

# Blood Draw Stations



## Helpful Sites:

**Blood Draw Stations at Yale New Haven Hospital:**

<https://www.ynhhs.org/find-a-location.aspx?locs=4>

**Lawrence & Memorial Labs**

<https://www.lmhospital.org>

## CT Blood Draw Stations

| Town       | Name   | Address   | Contact   | Website/Notes   |
|------------|--|---|---|---|
| N/A        | Home Blood Draws   |   | Audrey Turner<br>Outreach Manager<br>To Schedule call<br>(860)442-0711 ext.<br>3091<br>Lab Director<br>Nicole Gomes (860)<br>271-4842 | Courier Services<br>or STAT pickup<br>call (860) 444-<br>5101 |
| Ansonia    | Griffin Hospital<br>Laboratory Blood<br>Drawing Station                    | Griffin Hospital<br>22 Westfield Ave.<br>Ansonia, CT. 06401   | (203) 732-0133  |   |
| Branford   | Yale New Haven<br>Hospital Blood Draw                                      | 84 N. Main St.<br>Branford, CT.06405                          | (203)315-2101   |   |
| Bridgeport | Bridgeport Hospital<br>Blood Draw  | Bridgeport Hospital<br>267 Grant St.<br>Bridgeport, CT. 06610 | (203) 384-3386  |   |
| Bristol    | Bristol Internal<br>Medicine & Geriatrics                                  | 621 Terryville Ave. PO<br>Box 570<br>Bristol, CT. 06010       | (860) 583-0053  |   |
| Bristol    | The Family Medical<br>Group  | 25 Collins Road<br>Bristol, CT 06010                          | (860) 589-8882  |   |
| Brookfield | Western Connecticut<br>Health Network<br>Greenknoll<br>Professional Center | 60 Old New Milford<br>Rd. # 1C<br>Brookfield, CT. 06804       | (203)775-6365   |   |
| Clinton    | Clinton Draw Station   | 252 East Main Street  | (860) 664-9112  |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Blood Draw Stations

|             |   |   |                |             |
|-------------|---|---|----------------|-------------|
|             |   | Clinton, CT. 06413  |                |             |
| Coventry    | ECHN Diagnostics  | Coventry<br>Meadowbrook Plaza<br>1707 Boston Turnpike<br>Coventry, CT.06238 | (860) 742-6792 |             |
| Danbury     | Danbury Hospital Lab<br>Facilities                          | 79 Sand Pit Rd.<br>Danbury, CT. 06810                                       | (203)749-5740  |             |
| Darien      | Greenwich Hospital<br>Blood Draw Station                    | 106 Noroton Ave,<br>Darien, CT 06820  | (203) 656-1529 |             |
| East Haven  | Temple Radiology  | 556 Main St.<br>East Haven, CT 06512  | (203)688-4444  |             |
| East Lyme   | Flanders Health<br>Center                                   | 339 Flanders Road<br>East Lyme, CT 06333                                    | (860)-739-6437 |             |
| Ellington   | ECHN Medical Group  | 175 West Road Suite<br>200<br>Ellington, CT 06029                           | (860)375-9138  |             |
| Fairfield   | Yale New Haven<br>Health<br>Fairfield Urgent Care<br>Center | 309 Stillson Road<br>Floor 1<br>Fairfield, CT. 06825                        | (203)-331-1924 |             |
| Glastonbury | ECHN Glastonbury<br>Wellness Center                         | 622 Hebron Ave. Suite<br>201<br>Glastonbury,<br>CT.06033                    | (860)652-3182  | Glastonbury |
| Greenwich   | LabCorp   | 12 Deerfield Dr.<br>Greenwich, CT. 06831                                    | (203) 661-1585 |             |
| Groton      | Pequot Health<br>Center                                     | 52 Hazelnut Hill Road,<br>Groton, CT 06340                                  | (860)-446-8265 |             |
| Guilford    | Yale New Haven<br>Shoreline Medical<br>Center               | 111 Goose Lane<br>Guilford, CT. 06437                                       | (203)-453-7160 |             |
| Hamden      | YNHH Blood Drawing<br>Station                               | 2560 Dixwell Ave<br>Hamden, 06514   | (203) 230-3300 |             |
| Manchester  | ECHN Diagnostics –<br>East Point                            | 360 Tolland Turnpike<br>Suite 1F<br>Manchester, CT.<br>06040                | (860) 646-2177 |             |
| Manchester  | ECHN Medical Group  | 130 Hartford Road<br>Manchester, CT. 0640                                   | (860) 647-2912 |             |

## Blood Draw Stations

|             |  |   |                |  |
|-------------|--|---|----------------|--|
| Manchester  | Manchester Memorial Hospital                               | 71 Haynes Street<br>Manchester, CT.<br>06040              | (860)646-1222  |  |
| Milford     | Bridgeport Hospital<br>Draw Station                        | 40 Commerce Park<br>Milford, CT. 06460                    | (203) 301-9057 |  |
| New Haven   | Yale New Haven Hospital                                    | 150 Sargent Drive<br>New Haven, CT.<br>06511              | (203) 688-1009 |  |
| New Haven   | Yale New Haven Hospital                                    | 40 Temple Street,<br>Ground floor<br>New Haven, CT 06504  | (203) 688-3183 |  |
| New Haven   | Yale New Haven Hospital                                    | 1475 Whalley Ave.<br>Westville<br>New Haven, CT.<br>06515 | (203) 389-7213 |  |
| New Haven   | Yale Physicians Building                                   | 800 Howard Ave.<br>New Haven, CT.<br>06519                | (203) 688-5006 |  |
| New Haven   | Outpatient Diagnostic Testing Center                       | 330 Orchard St.<br>New Haven, CT.<br>06511                | (203) 680-2737 |  |
| New Haven   | Outpatient Diagnostic Testing Center                       | 1450 Chapel St.<br>New Haven, CT 06515                    | (203) 867-5680 |  |
| New London  | Lawrence+Memorial Hospital                                 | 365 Montauk Ave.<br>New London, CT.<br>06320              | (860)-444-5101 |  |
| New London  | Multispecialty Center                                      | 194 Howard Street<br>New London, CT.<br>06320             | (860)-271-4688 |  |
| New London  | Quest Diagnostics New London                               | 721 Bank St.<br>New London, CT.<br>06320                  | (860) 772-0751 |  |
| New Milford | Quest Diagnostics New Milford<br>New Milford Medical Group | 11 Old Park Ln Road<br>New Milford, CT.<br>06776          | (860) 717-3550 |  |
| New Milford | Quest Diagnostics New Milford                              | 146 Danbury Rd. Ste.<br>F, New Milford, CT.<br>06776      | (860) 354-1979 |  |

## Blood Draw Stations

|              |  |  |                |  |
|--------------|--|--|----------------|--|
| North Haven  | North Haven Crossroads   | 2 Devine Street<br>North Haven, CT<br>06473                            | (203)747-7300  |  |
| North Haven  | North Haven Medical Center   | 6 Devine Street<br>North Haven, CT<br>06473                            | (203) 287-6123 |  |
| Norwalk      | Greenwich Hospital Blood Draw Station  | 40 Cross Street #350<br>Norwalk, CT. 06851                             | (203) 286-7024 |  |
| Norwalk      | Pediatric Specialty Center   | 747 Belden Ave.<br>Norwalk, CT. 06850                                  | (203)750-1999  |  |
| Norwich      | Quest Diagnostics Norwich New London   | 118 New London Turnpike<br>Floor 1<br>Norwich, CT. 06360               | (860) 934-0932 |  |
| Norwich      | Norwich Medical Laboratory<br>Backus Hospital<br>Patient Care Center               | Backus Great Plains Plaza<br>111 Salem Turnpike,<br>Norwich, CT. 06360 | (860) 425-8720 |  |
| Old Saybrook | Old Saybrook Medical Center  | 633 Middlesex Turnpike<br>Old Saybrook, CT.<br>06475                   | (860)388-8311  |  |
| Orange       | Yale New Haven Hospital  | 266 Boston Post Rd<br>Orange, CT. 06477                                | (203) 799-0862 |  |
| Ridgefield   | Danbury Hospital Lab Facilities<br>PhysicianOne Urgent Care -Yale New Haven Health | 10 south St.<br>Ridgefield, CT. 06877                                  | (203) 431-3778 |  |
| Rye Brook    | Rye Brook Blood Draw   | 90 South Ridge Street<br>Rye Brook, NY 10573                           | (914)937-4029  |  |
| Shelton      | Huntington Walk-In Medical Center<br>Blood Draw Station                            | 887 Bridgeport Ave<br>Shelton, CT. 06484                               | (203) 225-6020 |  |
| Southbury    | Laboratory Blood Draw Stations   | Union Square<br>385 Main St.<br>Southbury, CT.                         | (203) 267-5611 |  |
| Southbury    | Waterbury Hospital Blood Draw  | 690 Main St.<br>Southbury, CT. 06488                                   | (203) 267-7522 |  |

## Blood Draw Stations

|               |  |  |                |  |
|---------------|--|--|----------------|--|
| Southbury     | Griffin Faculty Physicians Blood Draw Service    | 30 Quaker Farms Rd., Southbury, CT. 06488            | (855) 636-2922 |  |
| South Windsor | ECHN Diagnostics Blood Draw Center               | 25 Oakland Road Suite 2 South Windsor, CT. 06074     | (860)647-4706  |  |
| South Windsor | ECHN Diagnostics-Evergreen Walk                  | 2400 Tamarack Ave. Suite 103 South Windsor, CT 06074 | (860) 533-4693 |  |
| Stamford      | Long Ridge Medical Center                        | 260 Long Ridge Road Stamford, CT 06902               | (475) 240-5762 |  |
| Thomaston     | Waterbury Hospital Blood Draw                    | 205 Main S. Main St. Thomaston, CT. 06787            | (860) 283-4348 |  |
| Tolland       | ECHN Medical Group Diagnostics                   | 6 Fieldstone Commons Suite C Tolland, CT. 06084      | (860)896-4872  |  |
| Torrington    | Charlotte Hungerford Outpatient                  | 540 Litchfield St. Torrington, CT 06790              | (860) 496-6350 |  |
| Trumbull      | Yale New Haven Health Park Avenue Medical Center | 5520 Park Ave Trumbull, CT 06611                     | (203) 373-0133 |  |
| Trumbull      | Trumbull Center for Geriatrics                   | 112 Quarry Road Suite 150 Trumbull, CT 06611         | (203) 384-3388 |  |
| Vernon        | ECHN Diagnostics Blood Draw Center               | 428 Hartford Turnpike Suite 210 Vernon, CT 06066     | (860) 533-4606 |  |
| Vernon        | Rockville General Hospital                       | 31 Union Street Vernon, CT. 06066                    | (860)872-0501  |  |
| Wallingford   | Yale New Haven Health Wallingford                | 665 N. Colony Rd. Wallingford, CT 06492              | (203) 265-5409 |  |
| Watertown     | Waterbury Hospital Blood Draw                    | 777 Echo Lake Rd. Watertown, CT 06795                | (860) 945-6880 |  |
| Westerly      | Westerly Blood Draw                              | 45 Wells Street Westerly, RI 02891                   | (401) 596-9601 |  |

# Food Resources

## Food, Nutrition, and Meal resources for older adults:

### **Meals on Wheels:**

MOM's MEALS – National

[www.momsmeals.com/](http://www.momsmeals.com/)

1-877-508-6667

1-844-280-2133

Home delivered meals ready to heat. Proper ongoing nutrition needed to remain in the home. A national food delivery system working with 500 health plans, managed care organizations, governments and agencies to provide access to meals covered under Medicare and Medicaid and self-pay. Long term care, chronic care, post-discharge care options.

### **Food Pantries:**

#### **Counties:**

**Fairfield County**

**Hartford County**

**Litchfield County**

**Middlesex and New Haven County**

**New London County**

**Tolland and Windham County**

### **Nutrition/Community Food Resources:**

The **Elderly Nutrition Program** serves nutritionally balanced congregate meals to individuals 60 years of age and older and an accompanying spouse of a participant regardless of age. These meals are also available to people with disabilities living in housing facilities that are congregate meal sites. Congregate meal sites are also known as **Senior Community Cafes**. Congregate meals are served once a day for five or more days per week at approximately 200 meal sites in Connecticut. These meal sites are located in senior centers, elderly housing facilities, schools, churches and other community settings. Some agencies also deliver meals to homebound or isolated older adults.

The Elderly Nutrition Program is supported by the Nutrition Program for the Elderly which is administered by the U.S. Department of Health and Human Service's Administration on Aging, and receives commodity foods and financial support from the U.S. Department of Agriculture's Food and Nutrition. The Elderly Nutrition Program is also supported by state and local funding and client contributions. <https://portal.ct.gov/AgingandDisability/Content-Pages/Programs/Elderly-Nutrition-Program>

**COACH 4M**

Yale Connecticut Older Adult Collaboration for Health

# Food Resources

| <b>Meals on Wheels</b>   |  |   |   |   |
|--|--|---|---|---|
| <b>Town/Region</b>   | <b>Name</b>  | <b>Address</b>                                | <b>Contact</b>  | <b>Website/Notes</b>  |
| New London County, Windham County  | Meals on Wheels – Thames Valley Bozrah<br>Thames Valley Council for Community Action- Senior Nutrition | 81 Stockhouse Rd.<br>Bozrah, CT 06334         | 860-885-2745  | Service Areas: New London County, Windham County<br>Languages Offered: Arrangements will be made for other language needs.<br><a href="http://www.tvcca.org">www.tvcca.org</a>          |
| Central Naugatuck Valley, Litchfield Hills & Greater Meriden<br>(Waterbury area, Beacon falls, Bethlehem, Cheshire, Middlebury, Naugatuck, Prospect, Southbury, Thomaston, Waterbury, Watertown, Wolcott, Woodbury, Danbury area, Bethel, Bridgewater, Brookfield, Danbury, New Fairfield, New Milford, Newtown, Redding, Ridgefield, Sherman) | Meals On Wheels/Animeals New Opportunities – Senior Nutrition Services                                 | 232 North Elm St.<br>Waterbury, CT 06702      | Administration -800-455-3677<br>Meals-On Wheels- 203-756-5261<br>Elderly Nutrition Program – 203-757-7738<br>Congregate Meals- 203-757-7738 | Animeals will deliver pet meals for companion dogs and cats daily upon request at no extra charge.<br>Ages 60+<br>Homebound<br><a href="http://www.newoppinc.org">www.newoppinc.org</a> |
| Barkhamsted, Canaan, Colebrook, Cornwall, Goshen, Harwinton, Kent, Litchfield, Morris, New Hartford, Norfolk, North Canaan, Salisbury, Sharon, Torrington, Warren, Washington, Winchester  | Litchfield Hills/Northwest Elderly Nutrition Program   | 88 East Albert St.<br>06790<br>Torrington, CT | 800-434-4151<br>860-496-5900  | <a href="http://www.torringtonct.org">www.torringtonct.org</a>  |
| Bristol, Burlington, Harwinton, Litchfield, Plainville, Southington, Thomaston, Torrington, Waterbury, Watertown, Marion, Milldale, Bantam, Plantsville, Northfield, Oakville, Pequabuck, Terryville.  | Cook's Meals on Wheels - Cook Willow Health Center   | 81 Hillside Ave.<br>Plymouth, CT 06782        | 860-283-8208  | <a href="http://www.cookwillow.com">www.cookwillow.com</a>  |
| Shelton, Berlin, Bloomfield, East Hartford, Enfield, Farmington, Glastonbury, Hartford, Manchester, Marlborough, New Britain, Newington, Plainville, Rocky Hill,   | CW Resources – Meals on Wheels   | 200 Myrtle St.<br>New Britain, CT 06053       | 860-229-7700 ext. 298   | Two meals day /weekends available<br>Homebound, elderly, or recuperating from illness/ Languages:   |

## COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Food Resources

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| <p>Simsbury, South Windsor, Southington, West Hartford, Wethersfield, Windsor, Windsor Locks, Plymouth, Thomaston, Cromwell, Durham, East Haddam, Haddam, Middlefield, Middletown, Portland, Ansonia, Branford, Derby, Hamden, Meriden, New Haven, North Haven, Orange, West Haven, Colchester, Groton, New London, Norwich, Salem, Seymour, Bristol, East Hampton, Kensington, Broad Brook, East Berlin, East Glastonbury, East Windsor Hill, Marion, Milldale, Plantsville, Poquonnock, South Glastonbury, Tariffville, Unionville, Weatogue, west Simsbury, Pequabuck, Terryville, Cobalt, Higganum, Middle Haddam, Moodus, Rockfall, Mystic, Niantic, Uncasville, West Mystic, Vernon Rockville, Willimantic, Vernon, Wallingford.</p> |   |  |                     | <p>Polish, Russian, Spanish<br/>No Age Restriction<br/><a href="http://www.cwresources.org">www.cwresources.org</a></p>                          |
| <p>Avon, Berlin, Bloomfield, Bolton, Bristol, Burlington, Canton, Colchester, Coventry, Cromwell, East Granby, East Hartford, East Windsor, Ellington, Enfield, Farmington, Glastonbury, Granby, Hartford, Hebron, Manchester, Marlborough, Middletown, Newington, Plainville, Portland, Rocky Hill, Simsbury, Somers, South Windsor, Southington, Suffield, Tolland, Vernon, West Hartford, Wethersfield, Windsor, Windsor Locks.</p>   | <p>October Kitchen, LLC – Manchester</p>                                  | <p>309 Green Rd.<br/>Manchester, CT</p>          | <p>860 533-0588</p> | <p><a href="http://www.octoberkitchen.com">www.octoberkitchen.com</a><br/>Home delivered Meals to Greater Hartford &amp; Central CT. regions</p> |
| <p>Amston, Hebron</p>  | <p>Meals on Wheels – Town of Hebron<br/>Russell Mercier Senior Center</p> | <p>14 Stonecroft Drive<br/>Hebron, CT. 06248</p> | <p>860-228-1700</p> | <p><a href="http://www.hebronct.com/senior.htm">www.hebronct.com/senior.htm</a></p>  |

## Food Resources

|  |  |   |                           |  |
|--|--|---|---------------------------|--|
| Ansonia, Derby, Oxford, Seymour, Shelton   | Meals on Wheels Team, Inc.   | 30 Elizabeth St.<br>Derby, CT.<br>06418                     | 203-538-5886<br>ext. 4225 | Languages offered:<br>Spanish<br><a href="http://www.teaminc.org">www.teaminc.org</a>  |
| Avon, Canton, East Granby, Farmington, Granby, Simsbury  | Meals on Wheels McLean Agency  | 75 Great Pond Road<br>Simsbury,<br>CT. 06070                | 860-658-3980              | Sliding fee<br><a href="http://www.mcleancare.org">www.mcleancare.org</a>  |
| Berlin, Bloomfield, Hartford, Manchester, New Britain, Newington, Unionville, West Hartford, Wethersfield, Windsor   | Juniper Meals on Wheels<br>Juniper Homecare/<br>Juniper Adult Day Elmwood      | 1086 New Britain Avenue<br>West Hartford, CT<br>06110       | 860-640-0072              | Languages Offered:<br>Albanian, Bosnian, Polish, Russian<br><a href="http://www.juniperhomecare.com">www.juniperhomecare.com</a>   |
| Bethany, Orange, Woodbridge, Madison, Guilford, Milford, Branford, East Haven, North Haven, West Haven, North Branford, Hamden, New Haven, Northford                 | Caring Cuisine:<br>Meal Program for People with AIDS<br>AIDS Project New Haven | 1302 Chapel St.<br>New Haven,<br>CT. 06511                  | 203-624-0947              | Clients are referred by health care providers. Daily meal delivery for homebound people with HIV/AIDS and members of their household.<br>No Fee<br>Languages Offered:<br>Spanish<br><a href="http://www.apnh.org">www.apnh.org</a> |
| Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, Sherman, New Milford, Cheshire, Middlebury, Naugatuck, Oxford, Southbury, Waterbury, Wolcott, Botsford | Meals on Wheels CW Resources - Danbury Nutrition Program                       | 15 Great Pasture Road<br>Danbury, CT.                       | 203-628-7540              | Set fee<br><a href="http://www.cwresources.org">www.cwresources.org</a>  |
| Bethany, Branford, East Haven, Hamden, Meriden, Milford, New Haven, North Haven, Orange, West Haven, Woodbridge, North Branford, Northford, Wallingford              | Meals on Wheels/Family Fare Programs<br>LifeBridge Community Services          | Greater New Haven<br>317 East St.<br>New Haven,<br>CT 06511 | 203-752-9919              | Adults 60+ and Homebound<br>Fees vary<br><a href="http://www.lifbridgect.org">www.lifbridgect.org</a>  |
| Botsford, Hawleyville, Redding Center, Redding Ridge, Sandy Hook,  | Meals on Wheels – Danbury  | 54 Main St.   | 203-743-5418              | Elderly Nutrition Program  |

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## Food Resources

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| Gaylordsville, Bethel, Brookfield, Danbury, New Fairfield, Newtown, Redding, Ridgefield, Sherman, Bridgewater, New Milford | New Opportunities – Senior Nutrition Services                          | Danbury, CT. 06810                           |  | <a href="http://www.newoppinc.org">www.newoppinc.org</a>   |
| Botsford, Hawleyville, Sandy Hook, Newtown   | Meals on Wheels of Newtown   | PO Box 122<br>Newtown Ct.<br>06470           | Marilyn alexander<br>203-426-6340<br>Janet Hovious<br>203-270-1960 |  |
| Branford, North Branford   | Community Dining Room – Branford                                       | 30 Harrison Ave.<br>Branford, CT.<br>06405   | 203-488-9750   | Delivered to residents who have short term or permanent disability or are recuperating from a serious illness or surgical procedure and are unable to prepare their own meals.<br><a href="http://www.communitydiningroom.org">www.communitydiningroom.org</a> |
| Bridgeport, Easton, Fairfield, Monroe, Trumbull, Milford, Southport, Stevenson   | Meals on Wheels – Bridgeport Nutrition Program<br>CW Resources         | 215 Warren ST.<br>Bridgeport, CT. 06604      | 203-332-3264   | <a href="http://www.cwresources.org">www.cwresources.org</a>   |
| Bristol  | City of Bristol – Senior Center Home Delivered Meals/Nutrition Program | 240 Stafford Avenue<br>Bristol, CT.<br>06010 | 860-582-5928   | Serving Bristol<br><a href="http://www.bristolct.gov">www.bristolct.gov</a>  |
| Broad Brook, East Windsor  | Meals on Wheels – East Windsor Grab & Go                               | 125 Main St.<br>Broad Brook, CT 06016        | 860-292-8279   | Town of East Windsor – Senior Center<br><a href="http://www.eastwindsor-ct.gov/">www.eastwindsor-ct.gov/</a>   |
| Chester, Deep River, Essex, Killingworth, Old Saybrook, Westbrook, Clinton, Lyme   | Home Delivered Meals – Old Saybrook Estuary Council of Seniors         | 220 Main St.<br>Old Saybrook, CT.            | 860-388-1611   | <a href="http://www.ecsenior.org">www.ecsenior.org</a>   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Food Resources

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| Cos Cob, Old Greenwich, Riverside, Greenwich | Meals on Wheels of Greenwich  | 89 Maple Ave,<br>Greenwich,<br>CT.06803             | 203-869-1312 | <a href="http://www.mealsonwheelsofgreenwich.org">www.mealsonwheelsofgreenwich.org</a>                                |
| Farmington, Unionville                       | Services for the Elderly of Farmington<br>Meals on Wheels                         | 321 New Britain Ave.<br>Unionville,<br>CT 06085     | 860-673-1441 | <a href="http://www.farmingtonseniors.org">www.farmingtonseniors.org</a>  |
| Greens Farms, Westport                       | Home Delivered Meals – Westport<br>Town of Westport- Center for Senior Activities | 21 Imperial Avenue,<br>Westport,<br>CT. 06880       | 203-341-5097 | Languages Offered:<br>German, French,<br>Spanish<br><a href="http://www.westportct.gov">www.westportct.gov</a>        |
| Georgetown, Weston                           | Home Delivered Meals – Weston   | 24 School Rd.<br>Weston, CT.<br>06883               | 203-222-2663 | Town of Weston<br>Social Services<br><a href="http://www.westonct.gov">www.westonct.gov</a>                           |
| Guilford                                     | Meals on Wheels – Guilford<br>Interfaith Volunteers                               | 310 State St.<br>Unit 200<br>Guilford. CT.<br>06437 | 203-453-8359 | <a href="http://www.givect.org">www.givect.org</a>  |
| Milford                                      | Meals on Wheels – city of Milford<br>Senior Center                                | 9 Jepson Drive,<br>Milford, CT.<br>06460            | 203-877-531  | <a href="http://www.milfordctseniorcenter.com">www.milfordctseniorcenter.com</a><br><br>Languages Offered:<br>Italian |
| Newington                                    | Home Delivered Meals<br>Town of Newington-<br>Senior and Disabled Center          | 120 Cedar Street<br>Newington,<br>CT. 06111         | 860-665-8778 | <a href="http://www.newingtonct.gov/">www.newingtonct.gov/</a>  |
| New Canaan                                   | Meals on Wheels of New Canaan   | 3 Farm Road<br>New Canaan,<br>CT. 06840             | 203-594-5318 | <a href="http://www.mowofnc.org">www.mowofnc.org</a>  |
| Norwalk                                      | Meals on Wheels – Norwalk<br>Norwalk Senior Center                                | 11 Allen Road<br>Norwalk, CT.<br>06851              | 203-847-3115 | <a href="http://www.norwalkseniorcenter.org">www.norwalkseniorcenter.org</a>  |

## Food Resources

|                         |  |  |              |   |
|-------------------------|--|--|--------------|---|
| Plymouth, Terryville    | Plymouth Community Food Pantry   | 20 Dewey Ave.<br>Terryville,<br>CT. 06786    | 860-584-1750 | Meals delivered monthly to older adults 60+ residents of Gosinski Park, Eli Terry and Quail Hollow senior housing complexes. Also homebound Plymouth, Terryville residents 60+ or disabled.<br><a href="http://www.plymouthfoodpantry.org">www.plymouthfoodpantry.org</a> |
| Ridgefield              | Meals on Wheels of Ridgefield  | 25 Gilbert St.<br>Ridgefield,<br>CT. 06877   | 203-438-8788 | <a href="http://www.mealsonwheelsofridgefield.org">www.mealsonwheelsofridgefield.org</a>  |
| Somersville, Somers     | Meals on Wheels – Town of Somers Senior Center                           | 19 Battle St.<br>Somers, CT.<br>06071        | 860-763-4379 | <a href="http://www.somersct.gov/">www.somersct.gov/</a>  |
| Southington             | Homebound Program/Senior Meals<br>Bread for Life<br>Soup Kitchen         | 31 Vermont Ave.<br>Southington,<br>CT. 06489 | 860-276-8389 | <a href="http://www.southingtonbreadforlife.org">www.southingtonbreadforlife.org</a><br>Resident of Southington or Older Adult in Senior Housing & Marion Milldale, Plantsville,  |
| West Suffield, Suffield | Meals on Wheels – Suffield<br>Suffield Community Aid                     | 450 South St.<br>Suffield, CT.<br>06078      | 860-668-1986 | <a href="http://www.suffieldeaa.org/">www.suffieldeaa.org/</a>  |
| Wilton                  | Meals on Wheels of Wilton  | 439 Danbury Rd.<br>Wilton, CT.<br>06         | 203-762-0566 |   |
| Woodbury                | Town of Woodbury – Social Services Home Delivered Meals & Community Café | 265 Main St.<br>South Woodbury,<br>CT        | 203-263-4117 | <a href="http://www.woodburyct.org">www.woodburyct.org</a>  |

# Food Resources

| <b>Food Pantries</b> |  |   |                |   |
|----------------------|--|---|----------------|---|
| <b>Town</b>          | <b>Name</b>  | <b>Address</b>                                | <b>Contact</b> | <b>Website/Notes</b>  |
| Ansonia              | No Vet Left Behind<br>Ansonia, CT - Food Assistance                                    | 47 Bridge Street<br>Ansonia, CT 06401         | 203-732-7800   |   |
| Ansonia              | Salvation Army - Greater Valley Corps Community Center - Ansonia, CT - Food Assistance | 26 Lester Street<br>Ansonia, CT 06401         | 203-736-0707   |   |
| Bantam               | Town of Litchfield – Food Pantry<br>Social Services                                    | 80 Doyle Rd<br>Bantam, CT                     | 860-567-7564   |   |
| Bethlehem            | Bethlehem Food Bank & Comfort Closet   | 21 Main Street South<br>Bethlehem 06751       | (860) 631-3169 |   |
| Bethel               | Bethel Community Food Pantry   | 141 Greenwood Ave<br>Bethel, CT.              | 203-947-1754   |   |
| Bethel               | Brotherhood in action of Bethel  | PO Box 582<br>Bethel, CT.                     | 203-733-7463   |   |
| Bethel               | Town of Bethel – Food Pantry<br>Social Services  | One School St.<br>Bethel, CT.                 | 203-794-8537   |   |
| Bloomfield           | Hope Seventh Day Adventist Church Food Pantry  | 1052 Blue Hills Ave.<br>Bloomfield, CT.       | 860-243-5208   |   |
| Bloomfield           | Mobile Foodshare Sites   | 450 Woodland Ave.<br>Bloomfield, CT.          | 860-286-9999   |   |
| Branford, CT         | Community Dining Room Inc Branford- Food Assistance                                    | 30 Harrison Ave.<br>Branford, CT 06405        | (203) 488-9750 | <a href="http://communitydiningroom.org/">http://communitydiningroom.org/</a> |
| Branford, CT         | Town of Branford - Counseling Center - Branford, CT - Food Assistance                  | 342 Harbor Street<br>Branford, CT 06405       | 203-488-5404   |   |
| Bridgeport           | Bethel Memorial Deliverance Church Food Pantry - Food Assistance                       | 1242 State Street<br>Bridgeport, CT 06605     | 203-332-7214   |   |
| Bridgeport           | Bridgeport Rescue Mission - Food Assistance  | 1088 Fairfield Avenue<br>Bridgeport, CT 06601 | 203-333-4087   |   |
| Bridgeport           | Bridgeport Tabernacle - Food Assistance  | 717 Clinton Avenue<br>Bridgeport, CT 06604    | 203-522-8582   |   |

## Food Resources

|            |   |  |                         |  |
|------------|---|--|-------------------------|--|
| Bridgeport | Calvary Saint George's Food Pantry And Soup Kitchen - Food Assistance           | 755 Clinton Avenue<br>Bridgeport, CT 06604     | 203-333-5116<br>ext. 15 |  |
| Bridgeport | Catholic Charities Of Fairfield County Inc - Food Assistance                    | 238 Jewett Ave<br>Bridgeport, CT 06606         | (203)372-4301           |  |
| Bridgeport | Cesar Batalla Family Resource Center - Food Assistance                          | 606 Howard Avenue<br>Bridgeport, CT 06605      | 203-579-8526            |  |
| Bridgeport | Christian Revival Church Food Pantry - Bridgeport, CT - Food Assistance         | 441 Bishop Avenue<br>Bridgeport, CT 06610      | 203-367-4998            |  |
| Bridgeport | Daughters of Charity of The Most Precious Blood Rescue Mission- Food Assistance | 1490 North Avenue<br>Bridgeport, CT 06604      | 203-334-7000            |  |
| Bridgeport | Faith Gospel Assembly Church Breakfast Program Food Assistance                  | 407 Lafayette Street<br>Bridgeport, CT 06604   | 203-384-0007            |  |
| Bridgeport | Feed the People Food Pantry Food Assistance                                     | 301 Bostwick Avenue<br>Bridgeport, CT 06605    | 203 260-3953            |  |
| Bridgeport | Iglesia Pentecostal El Olivar Food Pantry - Food Assistance                     | 1241 Barnum Avenue<br>Bridgeport, CT 06610     | 203-913-1417            |  |
| Bridgeport | King's Pantry - Eisenhower Senior Center Food Assistance                        | 263 Golden Hill Street<br>Bridgeport, CT 06604 | 203-576-0522            |  |
| Bridgeport | Park City Initiative- Food Assistance   | 4 Worth Street<br>Bridgeport, CT 06607         | 203-873-0260            |  |
| Bridgeport | Proyecto Amistad Cristiana Church of God Food Pantry – Food Assistance          | 140 Hurd Avenue<br>Bridgeport, CT 06604        | 203-334-9311            |  |
| Bridgeport | Roosevelt School Family Resource Center- Food Assistance                        | 680 Park Avenue<br>Bridgeport, CT 06604        | 203-330-8181            |  |
| Bridgeport | Saint Ambrose Church Food Pantry Food Assistance                                | 1596 Boston Avenue<br>Bridgeport, CT 06610     | 203-333-1336            |  |
| Bridgeport | Saint John's Episcopal Church - Bridgeport Family Center - Food Assistance      | 768 Fairfield Avenue<br>Bridgeport, CT 06605   | 203-335-2999            |  |

## Food Resources

|            |  |  |                |  |
|------------|--|--|----------------|--|
| Bridgeport | Salvation Army - Corps Community Center - Food Assistance                      | 30 Elm Street<br>Bridgeport, CT 06604            | 203-334-0995   |  |
| Bridgeport | Setting Captives Free Food Pantry Ministries - - Food Assistance               | 126 Washington Avenue<br>Bridgeport, CT 06605    | 203-660-8143   |  |
| Bridgeport | Summerfield United Methodist Church - Light on The Hill Food - Food Assistance | 110 Clermont Avenue<br>Bridgeport, CT 06610      | 203-367-8783   |  |
| Bridgeport | Thomas Merton Center- Food Assistance  | 43 Madison Avenue<br>Bridgeport, CT 06604        | 203-367-9036   |  |
| Bristol    | Grace Baptist Church – Food Pantry   | 736 King Street<br>Bristol, CT                   | 860-582-3840   |  |
| Bristol    | Meals for Neighbors- Food Pantry   | 27 Judd St.<br>Bristol, CT                       | 860-589-7744   |  |
| Bristol    | Salvation Army Bristol Corps Community Center                                  | 19 Stearns St.<br>Bristol, CT                    | 860-583-4651   |  |
| Bristol    | The Blessed Pantry   | 739 Terryville Ave.                              | 860-585-9742   |  |
| Brookfield | Town of Brookfield – Food Pantry Social Services                               | 100 Pocono Rd.<br>Brookfield, CT.                | 203- 775-7312  |  |
| Cheshire   | Cheshire Community Food Pantry   | 175 Sandbank Road<br>Cheshire 06410              | (203) 699-9226 |  |
| Coventry   | Coventry Food Bank   | 1712 Main Street<br>Coventry CT.                 | 860-742-5324   |  |
| Danbury    | ARC Food Pantry- Comida Program  | 24 Delay St.<br>Danbury, CT.                     | 203-792-9450   |  |
| Danbury    | Community Action Agency of Western CT. (CAAWC) Food Pantry                     | 66 North St.<br>Danbury, CT.                     | 203-744-4700   |  |
| Danbury    | Daily Bread Food Pantry  | 25 West St.<br>Danbury, CT.                      | 203-748-3561   |  |
| Danbury    | Hillside Food Outreach – Food Pantry   | 39 Old Ridgebury Rd.<br>Suite 16<br>Danbury, CT. | 203-702-4881   |  |
| Danbury    | Jericho Partnership Food Pantry  | 13 Rose St.<br>Danbury, CT.                      | 203-794-2433   |  |
| Danbury    | Jericho Partnership Food Pantry  | 22 Maple Ave<br>Danbury, CT.                     | 203-794-7950   |  |

## Food Resources

|               |   |   |                          |  |
|---------------|---|---|--------------------------|--|
| Danbury       | New Hope Baptist Church<br>Mobile Food Pantry   | 10 Doctor Aaron B.<br>Samuels Blvd.<br>Danbury, CT. | 203-748-5461             |  |
| Danbury       | Salvation Army – Danbury<br>Corps<br>Community Center – Food<br>Pantry                              | 15 Foster St.<br>Danbury, CT.                       | 203-792-7505             |  |
| Danbury       | The Living Pantry<br>Interfaith AIDS Ministry of<br>Greater Danbury                                 | 54 Main St.<br>Danbury, CT.                         | 203-748-4077             |  |
| Danielson     | Access Community Action<br>Agency – Danielson<br>Food Pantry  | 231-Broad St.<br>Danielson, CT.                     | 860-412-1600             |  |
| Darien        | Darien Food Pantry<br>Person to Person  | 1864 Post Rd.                                       | 203-655-0048             |  |
| East Hartford | East Hartford Combined<br>Churches<br>Emergency Food Bank   | 740 Main Street<br>East Hartford, CT                | 860-291-7226             |  |
| Fairfield     | Operation Hope- Food<br>Pantry  | 636 Old Post Rd.<br>Fairfield, CT.                  | 203-292-5588<br>Ext. 204 |  |
| Granby        | Hope 4 Life Food Pantry   | 23 Griffin Rd.<br>Granby, CT                        | 860-653-3308             |  |
| Greenwich     | Neighbor to Neighbor  | 248 East Putnam<br>Ave.<br>Greenwich, CT.           | 203-622-9208             |  |
| Hamden        | God's Miracle Unlimited<br>Outreach Ministry -<br>Hamden, CT - Food<br>Assistance                   | 1441 Dixwell Avenue<br>Hamden, CT 06514             | 203-230-211              |  |
| Hamden        | Love Center Deliverance<br>Ministry Food Pantry -<br>Hamden, CT – Food<br>Assistance                | 19 George Street<br>Hamden, CT 06514                | 203-772-4314             |  |
| Hamden        | Ministry of Helps<br>Foundation - Hamden, CT -<br>Food Assistance                                   | 308 Morse Street<br>Hamden, CT 06517                | 203-785-8057             |  |
| Hamden        | Saint Ann Soup Kitchen And<br>Food Pantry - Saint Ann's<br>Church - Hamden, CT - Food<br>Assistance | 930 Dixwell Avenue<br>Hamden, CT 06514              | 203-562-5700             |  |
| Hamden        | Town of Hamden -<br>Community Services - Keefe  | 11 Pine Street                                      | 203-562-5129             |  |

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Yale Connecticut Older Adult Collaboration for Health

## Food Resources

|            |  |   |                         |   |
|------------|--|---|-------------------------|---|
|            | Community Center - Hamden, CT - Food Assistance  | Hamden, CT 06514                                    |                         |   |
| Hartford   | Cathedral of St. Joseph Food Pantry  | 140 Farmington Ave.<br>Hartford, CT                 | 860- 249-8431           |   |
| Hartford   | Coronavirus- COVID 9 – Basic Needs   | 410 Capital Ave.<br>Hartford, CT                    |                         | <a href="https://uwc.211ct.org/covid19resources/">https://uwc.211ct.org/covid19resources/</a> |
| Hartford   | Emanuel Lutheran Church Emergency Food Pantry  | 311 Capital Ave<br>Hartford, CT                     | 860-525-0894            |   |
| Hartford   | Farmers to Families Food Box Program   | 450 Columbus Blvd.<br>Suite 701<br>Hartford, CT     | 860-713-2503            |   |
| Hartford   | Saint Justin/Saint Michael Church Food Pantry  | 230 Blue Hills Ave.<br>Hartford, CT                 | 860-246-6897            |   |
| Manchester | Faith Baptist Church Food Pantry   | 52 Lake Street,<br>Manchester, CT                   | 860-502-8999            |   |
| Meriden    | Iglesia Cristiana Palabra De Vida  | 82-C Camp Street<br>Meriden 06450                   | (203) 519-4976          |   |
| Meriden    | Meriden Salvation Army   | 23 Saint Casimir Drive<br>Meriden 06450             | (203) 235-6532          |   |
| Meriden    | Meriden Soup Kitchen   | 460 Broad Street<br>Meriden 06450                   | (860) 213-4514          |   |
| Meriden    | New Life Church-The Grace Place  | 149 West Main St.<br>Meriden 06450                  | (203) 238-9399          |   |
| Meriden    | Operation Pantry   | 55 West Main Street,<br>3rd Floor, Meriden<br>06450 | (203) 639-5060          |   |
| Middletown | Shiloh Baptist Church  | 346 Butternut Street<br>Meriden 06450               | 860-346-8295            |   |
| Milford    | Berean Assembly of God - Christian Center - Milford, CT - Food Assistance              | 989 New Haven Avenue<br>Milford, CT 06460           | 203-874-1233            |   |
| Milford    | City of Milford - Senior Center - Milford, CT - Food Assistance                        | 9 Jepson Drive<br>Milford, CT 06460                 | 203-877-5131            |   |
| Milford    | Storehouse Food Pantry At Cornerstone Christian Center - Milford, CT - Food Assistance | 192 Meadow Street<br>Milford, CT 06460              | 203-877-1218<br>ext. 13 |   |

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## Food Resources

|               |   |   |                |  |
|---------------|---|---|----------------|--|
| Monroe        | Salt & Light- Food Pantry   | 423 Main St.<br>Monroe, CT.                       | 203-268-9680   |  |
| Montville     | Montville Union Baptist Church - Food Pantry                                      | 279 Route 163<br>(Oakdale Road),<br>Montville, CT | 860-848-3570   |  |
| Naugatuck     | Ecumenical Food Bank  | 75 Spring Street<br>Naugatuck 06770               | (203) 723-1922 |  |
| New Britain   | Right Now Ministries – Food Pantry  | 147 West Main St.<br>New Britain, CT              | 860-505-0580   |  |
| New Canaan    | Town of New Canaan Food Pantry, Human Services Dept.                              | 77A Main St.<br>New Canaan, CT.                   | 203-594-3076   |  |
| New Fairfield | Town of New Fairfield – Food Programs<br>Social Services                          | 4 Brush Hill Rd.<br>New Fairfield, CT.            | 203-312-5669   |  |
| New Haven     | Believe In Me Empowerment Corporation - Food Assistance                           | 423 Dixwell Avenue<br>New Haven, CT<br>06511      | 203-772-2771   |  |
| New Haven     | Bethel Ame Church Food Pantry - New Haven   | 255 Goffe Street<br>New Haven, CT<br>06511        | 203-865-0514   |  |
| New Haven     | Beulah Heights Social Integration Program - New Haven, CT - Food Assistance       | 782 Orchard Street<br>New Haven, CT<br>06511      | 475-238-8270   | <a href="http://www.bhsip.org">www.bhsip.org</a> |
| New Haven     | Cades Christian Church Soup Kitchen/ Pantry - New Haven, CT - Food Assistance     | 104 Fairmont Avenue<br>New Haven, CT<br>06513     | 203-785-8091   |  |
| New Haven     | Catholic Charities - Archdiocese of Hartford - Food Assistance                    | 90 Grand Avenue<br>New Haven, CT<br>06513         | 203-777-6771   |  |
| New Haven     | Christ Church Episcopal   | 84 Broadway<br>New Haven, CT<br>06511             | (203)624-8727  |  |
| New Haven     | Christian Community Action - New Haven - - Food Assistance<br>Contact information | 168 Davenport Avenue<br>New Haven, CT<br>06519    | 203-777-7848   |  |
| New Haven     | Community Action Agency of New Haven - New Haven, CT - Food Assistance            | 781 Whalley Avenue<br>New Haven, CT<br>06515      | 203-387-7700   |  |

## Food Resources

|           |  |   |               |  |
|-----------|--|---|---------------|--|
| New Haven | Connecticut Food Bank, Inc.  | PO Box 8686<br>New Haven, CT<br>06531                 | (203)469-5000 |  |
| New Haven | Downtown Evening Soup Kitchen  | 311 Temple Street<br>New Haven, CT<br>06511           | 203-624-6426  |  |
| New Haven | Fish of Greater New Haven - St. Brendan's School - New Haven, CT - Food Assistance               | 342 Ellsworth Avenue<br>New Haven, CT<br>06531        | 203-503-0106  |  |
| New Haven | Free Forever Prison Ministry - New Haven, CT - Food Assistance                                   | 149 Rosette Street<br>New Haven, CT<br>06519          | 203-435-1864  |  |
| New Haven | Glorified Deliverance Church Food Pantry - New Haven, CT - Food Assistance                       | 604 Dixwell Avenue<br>New Haven, CT<br>06511          | 203-624-4175  |  |
| New Haven | Hill Development Corporation - Church St South Food Pantry                                       | 34-C Cinque Green South, New Haven, CT 06519          | 203-562-0299  |  |
| New Haven | Immanuel Baptist Church - Feed My Sheep Ministry - New Haven, C                                  | 1324 Chapel Street<br>New Haven, CT<br>06511          | 203-777-8744  |  |
| New Haven | Integrated Refugee And Immigrant Service - New Haven, CT - Food Assistance                       | 235 Nicoll Street 2nd Floor<br>New Haven, CT<br>06511 | 203-562-2095  |  |
| New Haven | Jewish Family Service of New Haven   | 1402 Whalley Avenue<br>New Haven, CT<br>06515         | 203-397-0796  |  |
| New Haven | Macedonia Church of God In Christ Food Pantry And Soup Kitchen - New Haven, CT - Food Assistance | 151 Newhall Street<br>New Haven, CT<br>06511          | 203-776-4501  |  |
| New Haven | Mount Hope Temple Food Pantry - New Haven, CT - Food Assistance                                  | 565 Dixwell Avenue                                    | 203-785-0656  |  |
| New Haven | New Flame Restoration Church Food Pantry - New Haven, CT - Food Assistance                       | 1375 State Street<br>New Haven, CT<br>06511           | 203-865-8095  |  |

## Food Resources

|            |   |  |              |                 |
|------------|---|--|--------------|-----------------|
| New Haven  | New Haven Church of Christ Food Pantry - New Haven, CT - Food Assistance      | 16 Gem Street<br>New Haven, CT<br>06510        | 203-777-2992 |                 |
| New Haven  | Newhallville Academy - New Haven, CT  | 495 Elm Street<br>New Haven, CT<br>06511       | 203-606-1905 |                 |
| New Haven  | Saint Andrew's Episcopal Church Food Pantry - New Haven, CT - Food Assistance | 266 Shelton Avenue<br>New Haven, CT<br>06511   | 203-562-1080 |                 |
| New Haven  | Saint Matthew's Church Food Pantry - New Haven, CT - Food Assistance          | 400 Dixwell Avenue<br>New Haven, CT<br>06511   | 203-777-0472 |                 |
| New Haven  | Saint Paul's And Saint James' Episcopal Church                                | 57 Olive Street<br>New Haven, CT<br>06511      | 203-562-2143 |                 |
| New Haven  | Salvation Army - New Haven Corps Community Center                             | 450 George Street<br>New Haven, CT<br>06511    | 203-624-9891 |                 |
| New Haven  | Salvation Deliverance Church Food Pantry - New Haven, CT - Food Assistance    | 127 Thompson Street<br>New Haven, CT<br>06511  | 203-843-7887 |                 |
| New Haven  | Second Star of Jacob Church Food Pantry - New Haven, CT - Food Assistance     | 201 Chapel Street<br>New Haven, CT<br>06513    | 203-776-9603 |                 |
| New Haven  | St Thomas More Soup Kitchen Fund Inc - New Haven                              | 12 Trumbull St Rear Annex, New Haven, CT 06511 |              |                 |
| New Haven  | Varick A.M.E. Zion Church Food Pantry and Soup Kitchen                        | 242 Dixwell Avenue<br>New Haven, CT<br>06511   | 203-624-6245 |                 |
| New London | Catholic Charities – Diocese of Norwich - Food Pantry                         | 28 Huntington St<br>New London, CT             | 203-443-5328 |                 |
| New London | City of New London – Senior Center - Food Pantry                              | 120 Broad St.<br>New London, CT                | 860-447-5232 | (residents 60+) |
| New London | Essentials of Life Program (ELP)  | 154 Broad St<br>New London, CT                 | 860-447-0884 |                 |
| New London | New London Area Food Pantry   | 106 Truman St.<br>New London, CT               | 860-443-6680 |                 |

## Food Resources

|                |  |   |                         |  |
|----------------|--|---|-------------------------|--|
| New London     | Salvation Army- New London Corps<br>Community Center – Food Pantry                                 | 11 Governor Winthrop Blvd., New London, CT  | 860-443-6409            |  |
| New London     | The Lord’s Pantry  | 76 Federal St.<br>New London, CT            | 860-443-4989            |  |
| New London     | United Way Gemma Moran Food Bank<br>Free Food Distribution Events                                  | 374 Broad St<br>New London, CT              | 860-444-8050            |  |
| New Milford    | New Milford United Methodist Church<br>Our Daily Bread Food Pantry                                 | 68 Danbury Rd.<br>New Milford, CT           | 860-354-4596            |  |
| Newington      | Pet Food Pantry<br>Fox Memorial Clinic<br>Connecticut Humane Society                               | 701B Russell Rd.<br>Newington, CT.          | 800-452-0114            |  |
| Newington      | Town of Newington – Food Pantry<br>Human Services  | 131 Cedar St.<br>Newington, CT.             | 860-665-8590            |  |
| Newtown        | Faith Food Pantry  | 46 Churchill Rd<br>Newtown, CT.             | 203-837-0816            |  |
| Newtown        | Town of Newtown – Food Pantry  | 3 Main St.<br>Newtown, CT.                  | 203-270-4330            |  |
| North Branford | North Branford Community Food Bank - North Branford<br>Congregational Food Assistance              | 1680 Foxon Road<br>North Branford, CT 06471 | 203-488-4575            |  |
| North Haven    | North Haven Food Pantry - North Haven<br>Congregational Church - North Haven, CT - Food Assistance | 28 Church Street<br>North Haven, CT 06473   | 203-239-5691            |  |
| North Haven    | Town of North Haven - Community Services & Recreation - Food Assistance                            | 5 Linsley Street<br>North Haven, CT 06473   | 203-239-5321<br>ext. 78 |  |
| Northford      | North Branford Community Food Bank - Aces Magnet School - Northford, CT - Food Assistance          | 26 Old Post Road<br>Northford, CT 06472     | 203-488-4575            |  |

## Food Resources

|             |  |   |              |   |
|-------------|--|---|--------------|---|
| Norwalk     | Mid-Fairfield AIDS Project Food Pantry for People Living with HIV/AIDS   | 618 West Avenue, 2 <sup>nd</sup> . Fl. Norwalk, CT. | 203-855-9535 |   |
| Norwalk     | New Life Church Food Pantry  | 146 Main St. Norwalk, CT.                           | 203-286-9820 |   |
| Norwalk     | Open Doors Food Pantry   | 4 Merritt St. Norwalk, CT.                          | 203-866-1057 |   |
| Norwalk     | Person to Person Norwalk   | 76 South Main St. Norwalk, CT.                      | 203-939-1650 |   |
| Norwalk     | Saint Philip Church Food Pantry  | One Father Conlon Pl. Norwalk, CT.                  | 203-847-4549 |   |
| Norwalk     | Saint Vincent DePaul Society Food Pantry   | 203 East Ave. Norwalk, CT.                          | 203-866-1644 | (rear of church)  |
| Norwalk     | Salvation Army- Norwalk Corps  | 14 Byington Place Norwalk, CT.                      | 203-939-1650 |   |
| Norwich     | Feed the Sheep – Food Pantry   | 134 Boswell Ave. Norwich, CT                        | 860-574-0682 |   |
| Norwich     | Rosalyn Allen Food Pantry at   | UCFS Healthcare 47 Town St., Norwich, CT            | 860-822-4146 |   |
| Orange      | Town of Orange - Community Services - Orange, CT - Food Assistance   | 525 Orange Center Road, Orange, CT 06477            | 203-891-4786 |   |
| Pawcatuck   | Pawcatuck Neighborhood Center (PNC) - Food Pantry  | 27 Chase St. Pawcatuck CT.                          | 860-599-3285 |   |
| Pine Meadow | Hands of Grace Food Pantry   | 8 Wicket St. Pine Meadow, CT.                       | 860-738-0299 | New Hartford area   |
| Plainville  | God’s Grocery Store- Food Pantry<br>Plainville Seventh Day Adventist Church Regional Community Services & Food Distribution Center | 97 Broad St Plainville, CT 06062                    | 860-747-5967 | <a href="http://www.plainvillesda.org">http://www.plainvillesda.org</a> |
| Putnam      | Daily Bread Food Pantry<br>Interfaith Human Services of Putnam   | 51-53 Grove St. Putnam, CT                          | 860-928-0169 |   |
| Redding     | Town of Redding – Food Pantry<br>Social Services   | 37 Lonetown Rd. Redding, CT.                        | 203-938-3580 |   |

## Food Resources

|             |   |   |                          |   |
|-------------|---|---|--------------------------|---|
| Ridgefield  | Town of Ridgefield – Food Pantry<br>Social Services                                 | 400 Main St.<br>Ridgefield, CT                                    | 203-431-2777             | <a href="https://www.ridgefieldct.org/social-services/pages/food-pantry">https://www.ridgefieldct.org/social-services/pages/food-pantry</a> |
| Seymour     | Seymour / Oxford Food Bank  | 20 Pine Street<br>Seymour, CT 06483                               | (203) 888-7826           |   |
| Seymour     | Trinity Episcopal Church - Food Assistance  | 91 Church Street<br>Seymour, CT 06483                             | 203-888-7826             |   |
| Shelton     | Area Congregations Together Shelton, CT - Food Assistance                           | 15 Christine Drive<br>Shelton, CT 06484                           | 203-494-5589             |   |
| Shelton     | Area Congregations Together Shelton, CT - Food Assistance                           | 30 Todd Road<br>Shelton, CT 06484                                 | 203-225-0453<br>ext. 10  |   |
| Southbury   | Southbury Food Bank   | 88 Main Street South<br>Southbury 06488                           | (203) 721-0377           |   |
| Southington | Giving Back Food Pantry   | 1445 West St<br>Southington, CT.                                  | 860-276-0400             |   |
| Stamford    | Freedberg Family Kosher Food Pantry   | 196 Greyrock Place<br>Stamford, CT.                               | 203-921-4161<br>Ext. 128 |   |
| Stamford    | Haitian American Catholic Center  | 93 Hope St.<br>Stamford, CT.                                      | 203-406-0343             |   |
| Stamford    | Marshall Commons Food Pantry  | 200 Ludlow St.<br>Stamford, CT.                                   | 203-359-2215             |   |
| Stamford    | Schilo Seventh Day Adventist Church Food Pantry                                     | 977 Hope St.<br>Stamford, CT.                                     | 203-293-8256             |   |
| Stamford    | Stamford Corps Community Center Food Pantry   | 198 Selleck St<br>Stamford, CT                                    | 203-359-2320             |   |
| Stamford    | StaRelief Pet Food Pantry & Pet Assistance  | P.O. Box 3035<br>High Ridge Shopping Center<br>Stamford, CT 06905 | 203-636-0971             | <a href="http://www.starelifef.org/">http://www.starelifef.org/</a>   |
| Stratford   | First Baptist Church of Stratford Agape Food Pantry Stratford, CT - Food Assistance | 40 Johnson Court<br>Stratford, CT 06615                           | 203-377-3954             |   |

## Food Resources

|            |   |  |                         |  |
|------------|---|--|-------------------------|--|
| Stratford  | Friendship Baptist Church Food Pantry - Stratford, CT - Food Assistance         | 235 Albert Avenue<br>Stratford, CT 06614       | 203-375-9911            |  |
| Stratford  | Saint James Roman Catholic Church Food Pantry - Stratford, CT - Food Assistance | 2110 Main Street<br>Stratford, CT 06615        | 203-375-5887            |  |
| Stratford  | South End Community Center - Stratford- Food Assistance                         | 19 Bates Street<br>Stratford, CT 06615         | 203-377-0689            |  |
| Stratford  | Sterling House Community Center - Stratford, CT - Food Assistance               | 2283 Main Street<br>Stratford, CT 06615        | 203-378-2606<br>ext. 11 |  |
| Stratford  | Stratford Baptist Church Food Pantry - Stratford, CT - Food Assistance          | 131 Huntington Road<br>Stratford, CT 06614     | 203-375-7768            |  |
| Terryville | Plymouth Community Food Pantry  | 20 Dewey Avenue<br>Terryville 06786            | (860) 584-1750          |  |
| Torrington | Community Soup Kitchen  | 220 Prospect Street<br>Torrington 06790        | (860) 482-0130          |  |
| Torrington | FISH of Torrington  | 332-334 South Main Street<br>Torrington 06790  | (860) 482-3790          |  |
| Torrington | Torrington Salvation Army   | 234 Oak Ave.<br>Torrington 06790               | (860) 482-3569          |  |
| Trumbull   | Social Services - Trumbull, CT - Food Assistance                                | 23 Priscilla Place<br>Trumbull, CT 06611       | 203-452-5198            |  |
| Vernon     | Family Essentials Network, Inc - Food Pantry                                    | 428 Hartford Tpke.<br>Suite 113, Vernon, CT    | 860-924-0796            |  |
| Waterbury  | Bread of Life   | 1333 Thomaston Ave. Bay #5,<br>Waterbury 06704 | (203) 753-2023          |  |
| Waterbury  | Church of God   | 122 East Farm Street<br>Waterbury 06704        | (203) 768-9968          |  |
| Waterbury  | Community Tabernacle Outreach   | 12 Hewlett Street<br>Waterbury 06710           | (203) 756-5981          |  |
| Waterbury  | Evangelical Christian Church  | 1325 Watertown Avenue, Waterbury<br>06708      | (203) 756-1293          |  |
| Waterbury  | Greater Waterbury Interfaith Ministries   | 770 East Main Street<br>Waterbury 06702        | (203) 756-2830          |  |

## Food Resources

|              |  |   |                |  |
|--------------|--|---|----------------|--|
| Waterbury    | HOPE4Hunger  | 579 Wolcott Street<br>Waterbury 06705         | (203) 340-4673 |  |
| Waterbury    | Shalom 7th Day Adventist   | 84 Crown Street<br>Waterbury 06704            | (475) 731-9152 |  |
| Waterbury    | South Congregational Church  | 160 Piedmont St.<br>Waterbury 06706           | (203) 217-1343 |  |
| Waterbury    | St. Vincent de Paul of Waterbury   | 327 Baldwin Street<br>Waterbury 06710         | (203) 757-0411 |  |
| Waterbury    | The Bible Church   | 72 Dixon Street<br>Waterbury 06704            | (203) 755-0197 |  |
| Waterbury    | Waterbury Baptist Ministries   | 222 West Main Street<br>Waterbury 06702       | (203) 754-5140 |  |
| Waterbury    | Waterbury Salvation Army   | 74 Central Avenue<br>Waterbury 06702          | (203) 754-7056 |  |
| West Haven   | City of Refuge Outreach and Training Ministry - American Le - West Haven, CT - Food Assistance | 337 Main Street<br>West Haven, CT 06516       | 203-507-9063   |  |
| West Haven   | Faith Baptist Church Food Pantry - West Haven - West Haven, CT - Food Assistance               | 39 Emma Street<br>West Haven, CT 06516        | 203-933-8363   |  |
| West Haven   | Gateway Christian Fellowship Food Pantry - West Haven, CT - Food Assistance                    | 129 Bull Hill Lane<br>West Haven, CT 06516    | 203-934-0880   |  |
| West Haven   | Saint Paul's Church Food Pantry - West Haven, CT - Food Assistance                             | 41 Alling Street<br>West Haven, CT 06516      | 203-933-1024   |  |
| West Haven   | West Haven Emergency Assistance Taskforce - West Haven, CT - Food Assistance                   | 674 Washington Avenue<br>West Haven, CT 06516 | 203-931-9877   |  |
| Wethersfield | Town of Wethersfield – Food Pantry Social & Youth Services                                     | 505 Silas Deane Highway<br>Wethersfield, CT.  | 860-721-2977   |  |
| Willimantic  | Access Community Action Agency   | 1315 Main St. Suite 2<br>Willimantic, CT      | 860-450-7400   |  |
| Willimantic  | Covenant Soup Kitchen  | 220 Valley St.<br>Willimantic, CT             | 860-423-1643   |  |

## Food Resources

|            |  |   |                |   |
|------------|--|---|----------------|---|
| Windham    | Catholic Charities Diocese of Norwich                    | 88 Jackson Street<br>Windham, CT                | 860-423-7065   |   |
| Windsor    | Sanctuary of Faith & Glory Church<br>Food Pantry         | 752 Bloomfield Ave.<br>Windsor, CT.             | 860-683-4034   |   |
| Wilton     | Wilton Food Pantry<br>Town of Wilton Social Services     | 180 School St.<br>Wilton, CT.                   | (203) 834-6238 | <a href="https://www.wiltonct.org/food-pantry">https://www.wiltonct.org/food-pantry</a> |
| Wolcott    | Wolcott Food Pantry                                      | 358 Woodtick Road<br>Wolcott 06716              | (203) 704-7402 |   |
| Woodbridge | Town of Woodbridge -<br>Human Services - Food Assistance | 11 Meetinghouse Lane<br>Woodbridge, CT<br>06525 | 203-389-3429   |   |
| Woodbury   | Community Services<br>Council of Woodbury                | 238 Main Street<br>South<br>Woodbury 06798      | (203) 263-3869 |   |

### Nutrition/Community Food Resources

| Town        | Name   | Address  | Contact                                      | Website/Notes   |
|-------------|--|--|--|---|
| Ansonia     | Joseph Doyle Senior Center<br>City of Ansonia                    | 153 Main St.<br>Ansonia, CT. 06401<br>203-736-1051 | 203-736-1051                                 | <a href="http://www.cityofansoniam.com/">www.cityofansoniam.com/</a>  |
| Avon        | Town of Avon-Senior Center                                       | 635 West Avon Rd.<br>Avon, CT. 06001               | 860-675-4355                                 | <a href="http://www.avonct.gov">www.avonct.gov</a>  |
| Baltic      | Town of Sprague-Senior Center<br>Municipal Agent for the Elderly | One Main St.<br>Baltic, CT. 06330                  | 860-822-3000<br>ext. 203                     | <a href="http://www.ctsprague.org">www.ctsprague.org</a><br>50+ (Service Areas: Baltic, Hanover, Versailles, Sprague) |
| Barkhamsted | Town of Barkhamsted-Senior Center                                | 109 West River Rd.<br>Barkhamsted, CT.<br>06063    | 860-738-1264                                 | <a href="http://barkhamsted.us">barkhamsted.us</a><br>(Lunch Tuesday- Breakfast Thursday)                             |
| Bloomfield  | Town of Bloomfield-Senior Services                               | 330 Park Ave.<br>Bloomfield, CT.<br>06002          | 860-243-8361                                 | <a href="http://www.bloomfieldct.org">www.bloomfieldct.org</a>  |
| Bozrah      | Thames Valley Council for Community Action-Senior Nutrition –    | 81 Stockhouse Rd.<br>Bozrah, CT. 06334             | 860-934-1002<br>860-889-1365<br>860-886-1720 | <a href="http://www.tvcca.org">www.tvcca.org</a>  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Food Resources

|             |   |  |                              |  |
|-------------|---|--|------------------------------|--|
|             | (Sites -New London, Windham, Tolland Counties)                        |  |                              |  |
| Bozrah      | Town of Bozrah- Senior Center   | 59 Bozrah St.<br>Bozrah, CT. 06334           | 860-886-0363<br>860-917-5672 | <a href="http://www.townofbozrah.org">www.townofbozrah.org</a>                     |
| Branford    | Town of Branford- Senior Center                                       | 46 Church St.<br>Branford, CT. 06405         | 203-315-0685                 | <a href="http://www.branford-ct.gov/senior.htm">www.branford-ct.gov/senior.htm</a> |
| Bristol     | City of Bristol- Senior Center  | 240 Stafford Ave.<br>Bristol, CT. 06010      | 860-582-5928                 | <a href="http://www.bristolct.gov">www.bristolct.gov</a>                           |
| Bridgeport  | Black Rock Senior Center<br>City of Bridgeport- Aging Dept.           | 2676 Fairfield Ave.<br>Bridgeport, Ct. 06605 | 203-576-7258                 | <a href="http://www.bridgeportct.gov">www.bridgeportct.gov</a>                     |
| Bridgeport  | Dwight D. Eisenhower Senior Center<br>City of Bridgeport- Aging Dept. | 307 Golden Hill St.<br>Bridgeport, CT. 06604 | 203-576-7993                 | <a href="http://www.bridgeportct.gov">www.bridgeportct.gov</a>                     |
| Bridgeport  | East Side Senior Center<br>City of Bridgeport- Aging Dept.            | 1057 East Main St.<br>Bridgeport, CT.        | 203-576-7212                 | <a href="http://www.bridgeportct.gov">www.bridgeportct.gov</a>                     |
| Bridgeport  | Northend Bethany Senior Center  | 20 Thorne St.<br>Bridgeport, CT.             | 203-576-7730                 | <a href="http://www.bridgeportct.gov">www.bridgeportct.gov</a>                     |
| Broad Brook | Town of East Windsor- Senior Center                                   | 125 Main St.<br>Broad Brook, CT. 06016       | 860-292-8279                 | <a href="http://www.eastwindsor-ct.gov/">www.eastwindsor-ct.gov/</a>               |
| Brookfield  | Town of Brookfield- Senior Center                                     | 100 Pocono Road<br>Brookfield, CT. 06804     | 203-775-5237<br>203-775-5308 | <a href="http://www.brookfieldct.gov">www.brookfieldct.gov</a>                     |
| Canton      | Town of Canton- Senior & Social Services                              | 40 Dyer Ave.<br>Canton, CT. 06019            | 860-693-5811<br>ext. 166     | <a href="http://www.townofcantonct.org/">www.townofcantonct.org/</a>               |
| Cheshire    | Town of Cheshire- Senior Center                                       | 240 Maple Ave.<br>Cheshire, CT. 06410        | 203-272-0047                 | <a href="http://www.cheshirect.org">www.cheshirect.org</a>                         |
| Colchester  | Town of Colchester – Senior Center                                    | 95 Norwich Ave.<br>Colchester, CT. 06415     | 860-537-3911                 | <a href="http://www.colchesterct.gov">www.colchesterct.gov</a>                     |
| Columbia    | Town of Columbia- Beckish Senior Center 8                             | 188 Route 66<br>Columbia, CT. 06237          | 860-228-0759                 | <a href="http://www.columbiact.org">www.columbiact.org</a>                         |
| Cromwell    | Town of Cromwell- Senior Center                                       | 41 West St.<br>Cromwell, CT.06416            | 860-632-3407                 | <a href="http://www.cromwellct.com">www.cromwellct.com</a>                         |
| Danbury     | Elmwood Hall Senior Center  | 10 Elmwood Place<br>Danbury, CT 06810        | 203-797-4686                 | <a href="http://www.danburyseniors.org">www.danburyseniors.org</a>                 |

## Food Resources

|               |  |   |                              |   |
|---------------|--|---|------------------------------|---|
|               | City of Danbury Dept. of Elderly Services (Breakfast/Lunch Mon-Fri.)                           |   |                              |   |
| Darien        | Town of Darien-Senior Center   | 2 Renshaw Rd.<br>Darien, CT. 06820            | 203-656-7490                 | <a href="http://www.darienct.gov">www.darienct.gov</a>                              |
| Derby         | Senior Meals Choice Program<br>Griffin Dining Center Team Inc.<br>(Languages Offered: Spanish) | 30 Elizabeth St.<br>Derby, CT.                | 203-538-5886<br>ext. 4227    | <a href="http://www.teaminc.org">www.teaminc.org</a>                                |
| East Hampton  | Town of East Hampton-Senior Center   | 105 Main St.<br>East Hampton, CT.06424        | 860-267-7682                 | <a href="http://easthamptoct.gov/">http://easthamptoct.gov/</a>                     |
| East Hartford | Town of East Hartford-East Hartford Senior Center  | 70 Canterbury St.<br>East Hartford, CT. 06118 | 860-569-5654                 | <a href="http://www.easthartfordct.gov">www.easthartfordct.gov</a> .                |
| East Haven    | Town of East Haven-Senior Center   | 91 Taylor Ave.<br>East Haven, CT. 06512       | 203-468-3277                 | <a href="http://www.townofeasthavenct.org/">www.townofeasthavenct.org/</a>          |
| Enfield       | Town of Enfield-Enfield Senior Center  | 299 Elm St.<br>Enfield, CT. 06082             | 860-763-7428                 | <a href="http://www.enfield-ct.gov">www.enfield-ct.gov</a>                          |
| Fairfield     | Town of Fairfield-Bigelow Center for Senior Activities & Social Services                       | 100 Mona Terrace<br>Fairfield, CT. 06824      | 203-256-3166                 | <a href="http://www.fairfieldct.org">www.fairfieldct.org</a><br>60+                 |
| Gales Ferry   | Town of Ledyard-Senior Center  | 12 Van Tassel Drive<br>Gales Ferry, CT. 06335 | 860-464-0478                 | <a href="http://www.ledyardct.org">www.ledyardct.org</a>                            |
| Glastonbury   | Town of Glastonbury-Senior Services  | 300 Welles St.<br>Glastonbury, CT. 06033      | 860-652-7651<br>860-652-7638 | <a href="http://www.glastonbury-ct.gov/">www.glastonbury-ct.gov/</a>                |
| Granby        | Town of Granby-Senior Center   | 15C North Granby Rd.<br>Granby, CT. 06035     | 860-844-5350                 | <a href="http://www.granby-ct.gov">www.granby-ct.gov</a>                            |
| Greenwich     | Greenwich Hospital-Weekend Lunch Bunch<br>Yale New Haven Health                                | 5 Perryridge Rd.<br>Greenwich, CT. 06830      | 203-863-3690<br>800-657-8355 | <a href="https://www.greenwichhospital.org/">https://www.greenwichhospital.org/</a> |

## Food Resources

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| Greenwich | Town of Greenwich-Senior Center   | 299 Greenwich Ave.<br>Greenwich, CT.<br>06830                      | 203-862-6700  | <a href="http://www.greenwichct.org">www.greenwichct.org</a>   |
| Griswold  | Town of Griswold-Senior Center  | 22 Soule St.<br>Griswold, CT. 06351                                | 860-376-7003<br>860-376-2604                                      | <a href="http://www.griswold-ct.org">www.griswold-ct.org</a>   |
| Groton    | Town of Groton- Senior Center<br>(Service Areas: Mystic, West Mystic, Groton)       | 102 Newtown Rd.<br>Groton, CT. 06340                               | 860-441-6785  | <a href="http://www.grotonrec.com/seniorctr.asp">www.grotonrec.com/seniorctr.asp</a>                                   |
| Guilford  | Town of Guilford-Seniors Department   | 32 Church St.<br>Guilford, CT. 06437                               | 203-453-8086  | <a href="http://www.ci.guilford.ct.us">www.ci.guilford.ct.us</a><br>60+ Guilford Residents                             |
| Haddam    | Town of Haddam-Senior Center  | 923 Saybrook Rd.<br>Haddam, CT. 06438                              | 860-345-2480  | <a href="http://www.haddam.org">www.haddam.org</a>   |
| Hamden    | Miller Senior Center<br>Town of Hamden  | 2901 Dixwell Ave.<br>Hamden, CT. 06518                             | 203-287-0057<br>Elderly<br>Outreach<br>Services #<br>203-287-2691 | <a href="http://www.hamden.com">www.hamden.com</a>   |
| Hartford  | City of Hartford  | 11 New Park Ave.<br>Hartford, CT. 06106                            | 860-232-7867  | <a href="http://www.hartford.gov">www.hartford.gov</a>   |
| Hartford  | City of Hartford - Northend Senior Center<br>Super Senior Center<br>55+             | 80 Coventry St.<br>Hartford, CT. 06112                             | 860-757-0800  | <a href="http://www.hartford.gov">www.hartford.gov</a>   |
| Hartford  | Community Renewal Team-Congregate Meals Program                                     | 555 Windsor St.<br>Hartford, CT. 06120                             | 860-560-5828  | <a href="http://www.crtct.org">www.crtct.org</a>   |
| Hartford  | Housing Authority of the City of Hartford<br>Smith Tower Residents                  | 80 Charter Oak Ave.<br>Hartford, CT. 06106                         | 860-723-8482  | <a href="http://www.hartfordhousing.org">www.hartfordhousing.org</a><br>Languages Offered:<br>Spanish<br>60+ & Spouses |
| Hartford  | Institute for the Hispanic Family-Hispanic Senior Center<br>Archdiocese of Hartford | 45 Wadsworth St.<br>Hartford, CT. 06106                            | 860-527-1124  | <a href="http://www.ccaoh.org/">www.ccaoh.org/</a><br>Languages Offered:<br>Spanish                                    |
| Hartford  | Ryan White Part A: Congregate Meals<br>AIDS Connecticut-Connections Wellness Center | 1229 Albany Ave. 3 <sup>rd</sup> .<br>Floor<br>Hartford, CT. 06112 | Hartford, CT. 06112<br>Lunch Mon-Thurs.                           | Ryan White Part A: Congregate Meals<br>AIDS Connecticut-Connections Wellness Center                                    |

## Food Resources

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|             |   |  | 860-247-2437<br>ext. 304 -<br>Contact<br>Abreka<br>Hawkins | <a href="http://www.aids-ct.org">www.aids-ct.org</a><br>(Lunch Mon-Thurs.<br>People who are eligible<br>for Ryan White services<br>Languages Offered:<br>Spanish) |
| Hartford    | Southend Wellness<br>Senior Center<br>City of Hartford                  | 830 Maple Ave.<br>Hartford, CT. 06114                | 860-757-0840   | <a href="http://www.hartford.gov">www.hartford.gov</a>  |
| Harwinton   | Town of Harwinton-<br>Senior Center                                     | 209 Weingart Rd.<br>Harwinton, CT. 06791             | 860-567-7437<br>860-689-1951                               | <a href="http://harwinton.us/">http://harwinton.us/</a>   |
| Hebron      | Town of Hebron –<br>Russell Mercier Senior<br>Center                    | 14 Stonecroft Dr.<br>Hebron, CT. 06248               | 860-228-4213   | <a href="http://www.hebronct.com/senior.htm">www.hebronct.com/senior.htm</a><br>(60+ Amston, Hebron )   |
| Kent        | Town of Kent – Park &<br>Recreation                                     | 41 Kent Green Blvd,<br>Kent, CT. 06757               | 860-927-2055   | <a href="http://www.kentctparkandrecreation.com">www.kentctparkandrecreation.com</a>  |
| Lisbon      | Town of Lisbon –<br>Senior Center                                       | 11 Newent Rd.<br>Lisbon, CT. 06351                   | 860-376-2329<br>860-376-3400                               | <a href="http://www.lisbonct.com">www.lisbonct.com</a>  |
| Madison     | Town of Madison-<br>Senior Center                                       | 29 Bradley Rd<br>Madison, CT. 06443                  | 203-245-5687   | <a href="http://www.madisonct.org/seniors">www.madisonct.org/seniors</a>  |
| Manchester  | Town of Manchester-<br>Senior Center                                    | 549 East Middle<br>Tpke.<br>Manchester, CT.<br>06040 | 860-647-3211   | <a href="http://www.seniorcenter.townofmanchestor.org">www.seniorcenter.townofmanchestor.org</a>  |
| Marlborough | Town of Marlborough-<br>Social & Senior Services                        | 17 School Drive<br>Marlborough, CT.<br>06447         | 860-295-6209   | <a href="http://www.marlboroughtct.net/">www.marlboroughtct.net/</a>  |
| Meriden     | City of Meriden-Senior<br>Affairs/Max E.<br>Muravinick Senior<br>Center | 22 West Main St.<br>Meriden, CT. 06450               | 203-235-8052   | <a href="http://www.cityofmeriden.org">www.cityofmeriden.org</a>  |
| Middlebury  | Town of Middlebury –<br>Elderly Social Services                         | 1172 Whitmore Rd.<br>Middlebury, CT.<br>06762        | 203-577-4166   | <a href="http://www.middlebury-ct.org">www.middlebury-ct.org</a>  |
| Middlefield | Town of Middlefield-<br>Senior Center                                   | 405 Main St.<br>Middlefield, CT.<br>06455            | 860-349-7121   | <a href="http://www.middlefieldct.org/">www.middlefieldct.org/</a>  |
| Middletown  | Ryan White Part A/B<br>Oasis Wellness Center                            | 33 Ferry St.<br>Middletown, CT.<br>06457             | 860-347-6971<br>ext. 3911                                  | <a href="http://www.chc1.com">www.chc1.com</a><br>(Resident of Middlesex<br>County /HIV+/AIDS)  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Food Resources

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|               |  | 860-347-6971 ext. 3911                           |              | Evening congregated meals<br>All languages via interpreter services)  |
| Middletown    | Parkville Senior Center<br>City of Middletown-Senior Center              | 61 Durant Terrace<br>Middletown, CT. 06457       | 860-638-4540 | <a href="http://www.cityofmiddletown.com">www.cityofmiddletown.com</a>  |
| Milford       | City of Milford-Senior Center  | 9 Jepson Drive<br>Milford, CT. 06460             | 203-877-5131 | <a href="http://www.milfordseniorcenter.com">www.milfordseniorcenter.com</a><br>(55+ Milford residents<br>Languages Offered: Italian)           |
| Moodus        | Town of East Haddam-Senior Center  | 15 Great Hillwood Rd.<br>Moodus, CT. 06469       | 860-873-5034 | <a href="http://www.EastHaddam.org">www.EastHaddam.org</a>  |
| Naugatuck     | Town of Naugatuck-Senior Center  | 300 Meadow St.<br>Naugatuck, CT. 06770           | 203-720-7069 | <a href="http://www.naugatuck-ct.gov/">www.naugatuck-ct.gov/</a>  |
| New Britain   | City of New Britain-Senior Center  | 55 Pearl St.<br>New Britain, CT. 06051           | 860-826-3553 | <a href="http://www.newbritainct.gov/">www.newbritainct.gov/</a>  |
| New Britain   | Ryan White Parts A & B Programs<br>Human Resources Agency of New Britain | 57 Arch St.<br>New Britain, CT. 06051            | 860-826-4482 | <a href="http://www.hranbct.org">www.hranbct.org</a><br>(Eligibility: People with AIDS/HIV)   |
| New Canaan    | Town of New Canaan Lapham Community Center & Senior Center               | Waveny Park, 677 South Ave, New Canaan, CT 06840 | 203-594-3620 | <a href="http://www.laphamcenter.org">www.laphamcenter.org</a>  |
| New Fairfield | Town of New Fairfield-Senior Center                                      | 33 Rte. 37<br>New Fairfield, CT. 06812           | 203-312-5665 | <a href="http://www.newfairfieldseniorcenter.com">www.newfairfieldseniorcenter.com</a>  |
| New Haven     | Atwater Senior Center (City of New Haven-Elderly Services Dept.)         | 26 Atwater St.<br>New Haven, CT. 06513           | 203-946-8558 | <a href="http://www.cityofnewhaven.com">www.cityofnewhaven.com</a><br>Languages offered: Spanish, Italian - Kosher meals available upon request |
| New Haven     | Casa Otonal Incorporated   | 148 Sylvan Ave.<br>New Haven, CT                 | 203-773-9849 | (Serving Ethnic Lunches<br>Languages Offered: Spanish)  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Food Resources

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| New Haven   | Dixwell/Newhallville Senior Center                                    | 255 Goffe St. New Haven, CT. 06511       | 203-946-8541   | <a href="http://www.cityofnewhaven.com">www.cityofnewhaven.com</a>   |
| New Haven   | East Shore Senior Center<br>City of New Haven- Elderly Services Dept. | 411 Townsend Ave. New Haven, CT. 06512   | East Shore Senior Center , CT. 06512<br>203-946-8544 | Age 55+ New Haven Resident<br><a href="http://www.cityofnewhaven.com">www.cityofnewhaven.com</a>   |
| New London  | Jewish Federation Senior & Community Services                         | 28 Channing St. New London, CT.          | 860-444-6333 - Beth                                  | <a href="http://www.jfec.com">www.jfec.com</a><br>(Languages Offered: Hebrew, Russian, Spanish - Kosher Hot Lunch)                             |
| New London  | City of New London- Senior Center                                     | 120 Broad St. New London, CT. 06320      | 860-447-5232   | <a href="http://www.ci.new-london.ct.us/">www.ci.new-london.ct.us/</a>   |
| New Milford | Town of New Milford- Paul Richmond Citizen Center                     | 40 Main St. New Milford, CT.             | 860-355-6075   | <a href="http://www.newmilford.org">www.newmilford.org</a>   |
| Newington   | City of Newington- Senior & Disabled Center                           | 120 Cedar St. Newington, CT. 06111       | Lunch Reservations<br>860-665-8778                   | <a href="http://www.newingtonct.gov/">www.newingtonct.gov/</a><br>Congregate noon meal served M-F to people ages 60+ and their any-age spouse. |
| Newtown     | Town of Newtown- Senior Center  | 8 Simpson St. Newtown, CT. 06470         | 203-270-4310   | <a href="http://www.newtown-ct.gov/">www.newtown-ct.gov/</a>   |
| Niantic     | Town of East Lyme- Senior Center (Niantic/East Lyme)                  | 37 Society Rd. Niantic, CT. 06357        | 860-739-5859   | <a href="http://www.eltownhall.com">www.eltownhall.com</a>   |
| North Haven | Joyce C. Budrow Senior Center<br>Town of North Haven                  | 189 Pool Rd. North Haven, CT. 06473      | 203-239-4030   | <a href="http://www.northhaven-ct.gov">www.northhaven-ct.gov</a><br>Monday & Wednesday   |
| Northford   | Town of North Branford- Senior Center                                 | 1332 Middletown Rd. Northford, CT. 06472 | 203-484-6017   | <a href="http://www.townofnorthbranfordct.com">www.townofnorthbranfordct.com</a>   |
| Norwalk     | Norwalk Senior Center South   | 92 Cedar St. Norwalk, CT. 06854          | 203-299-1500   | <a href="http://www.norwalkseniorcenter.org">www.norwalkseniorcenter.org</a><br>Languages Offered: Spanish                                     |
| Norwalk     | Norwalk Senior Center   | 11 Allen Rd. Norwalk, CT. 06851          | 203-847-3115   | <a href="http://www.norwalkseniorcenter.org">www.norwalkseniorcenter.org</a>   |
| Norwich     | City of Norwich- Rose City Senior Center                              | 8 Mahan Drive Norwich, CT. 06360         | 860-889-5960<br>860-823-3700                         | <a href="http://www.norwichct.org">www.norwichct.org</a>   |

## Food Resources

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|                   | (Service Areas:<br>Norwich, Taftville,<br>Yantic)  |   |   |   |
| Oakville          | Town of Watertown –<br>Senior Center   | 311 Falls Ave.<br>Oakville, CT. 06770<br>860-945-5250 | 860-945-5250                              | <a href="http://www.watertownct.org">www.watertownct.org</a>                                  |
| Old Saybrook      | Estuary Council of<br>Seniors  | 220 Main St.<br>Old Saybrook, CT.<br>06475            | 860-388-1611                              | <a href="http://www.ecsenior.org">www.ecsenior.org</a>  |
| Orange            | Town of Orange -<br>Senior Center  | 525 Orange Center<br>Rd.<br>Orange, CT. 06477         | 203-891-4765                              | <a href="http://www.orangeseniors.org">www.orangeseniors.org</a>                              |
| Plainfield        | Town of Plainfield-<br>Senior Center<br>(Service Areas: Central<br>Village, Moosup,<br>Wauregan, Plainfield) | 482 Norwich Rd.<br>Plainfield, CT. 06374              | 860-564-1455                              | <a href="http://www.plainfield.ct.org">www.plainfield.ct.org</a>                              |
| Plainville        | Town of Plainville-<br>Senior Center   | 200 East St.<br>Plainville, CT                        | 860-747-5728                              | <a href="http://www.plainvillect.com/">www.plainvillect.com/</a><br>Languages offered: Polish |
| Prospect          | Town of Prospect-<br>Senior Center   | 6 Center St.<br>Prospect, CT. 06712                   | 203-758-5300                              | <a href="http://www.townofprospect.org/">www.townofprospect.org/</a>                          |
| Redding<br>Center | Town of Redding-<br>Senior Center  | 37 Lonetown Rd.<br>Redding Center, CT.<br>06875       | 203-938-9725<br>203-938-3580              | <a href="http://townofreddingct.org">http://townofreddingct.org</a>                           |
| Rocky Hill        | Town of Rocky Hill-<br>Community Senior<br>Center  | 761 Old Main St.<br>Rocky Hill, CT. 06067             | 860-258-2786                              | <a href="http://www.rhparkrec.org/">www.rhparkrec.org/</a>                                    |
| Shelton           | City of Shelton-Senior<br>Center   | 81-Wheeler St.<br>Shelton, CT. 06484                  | 203-924-9324<br>Info Line<br>203-924-2355 | <a href="http://www.cityofshelton.org">www.cityofshelton.org</a>                              |
| Southbury         | Grace Meadows 1&11<br>Elderly Housing<br>Management –<br>Southbury<br>(Southbury, South<br>Britain)          | 380 North Poverty Rd<br>Southbury, CT. 06488          | 203-264-3228<br>800-525-8478              | <a href="http://ehm.newsam.org/">http://ehm.newsam.org/</a>                                   |
| Southington       | Calendar House-Senior<br>Center<br>(Town of Southington)   | 388 Pleasant St.<br>Southington, CT.<br>06489         | 860-621-6738                              | <a href="http://www.calendarhouse.org">www.calendarhouse.org</a>                              |

## Food Resources

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|                    | Marion, Milldale, Plantsville, Southington)                     |   |  |  |
| Stafford Springs   | Town of Stafford-Community Senior Center                        | 3 Buckley Highway<br>Stafford Springs, CT.<br>06076 | 860-684-3907   | <a href="http://www.staffordct.org">www.staffordct.org</a>   |
| Storrs (Mansfield) | Town of Mansfield-Senior Center                                 | 303 Maple Rd.<br>Storrs, CT. 06268                  | 860-429-0262   | <a href="http://www.mansfieldct.org">www.mansfieldct.org</a>   |
| South Windsor      | Town of South Windsor-Adult & Senior Services                   | 150 Nevers Rd.,<br>South Windsor, CT.<br>06074      | 860-648-6361<br>ext. 328   | <a href="http://www.southwindsor.org">www.southwindsor.org</a><br>60+ and spouses  |
| Stamford           | Catholic Charities Diocese of Bridgeport-Senior Nutrition       | 30 Myano Lane Suite 14<br>Stamford, CT. 06902       | 203-324-6175<br>Register or refer:<br><a href="mailto:mneuberger@ccfc-ct.org">mneuberger@ccfc-ct.org</a> | <a href="http://www.ccfairfield.org">www.ccfairfield.org</a><br>10 meal sites  |
| Stamford           | City of Stamford-Senior Center                                  | 888 Washington Blvd.<br>Stamford, CT. 06904         | 203-977-4140   | <a href="http://www.stamfordseniorct.org">www.stamfordseniorct.org</a>   |
| Stamford           | Jewish Community Center of Stamford                             | 1035 Newfield Ave.<br>Stamford, CT. 06905           | 203-487-0983<br>Connie Freeman   | <a href="http://www.stamfordicc.org">www.stamfordicc.org</a><br>(Serves Kosher hot lunches - Languages Offered: Hebrew - Transportation available) |
| Stratford          | Raymond E. Baldwin Center<br>Town of Stratford-Senior Services  | 1000 West Broad Street<br>Stratford, CT. 06615      | 203-385-4050   | <a href="http://www.townofstratford.com">www.townofstratford.com</a>   |
| Suffield           | Town of Suffield-Senior Center                                  | 145 Bridge St.<br>Suffield, CT.                     | 860-668-8830   | <a href="https://www.suffieldct.gov/">https://www.suffieldct.gov/</a>  |
| Terryville         | Plymouth Housing Authority<br>(Pequabuck, Terryville, Plymouth) | 31 Gosinski Park<br>Terryville, CT. 06786           | 860-584-9355   |  |
| Thomaston          | Thomaston Housing Authority – Green Manor<br>Clare Hall         | 63 Green Manor<br>Thomaston, CT.<br>06787           | 860-283-5174   |  |
| Tolland            | Town of Tolland-Senior Center                                   | 674 Tolland Stage Rd.<br>Tolland, CT. 06084         | 860-8703730  | <a href="http://www.tolland.org">www.tolland.org</a>   |

## Food Resources

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| Torrington    | Litchfield Hills/Northwest Elderly Nutrition Program                          | 88 East Albert ST.<br>Torrington, CT. 06790         | 800-482-4151                 | <a href="http://www.torrington.org/">http://www.torrington.org/</a><br>(Call for congregate meal locations)  |
| Uncasville    | Town of Montville-Senior Center   | 12 Maple Ave.<br>Uncasville. CT. 06382              | 860-848-4419                 | <a href="http://www.townofmontville.org">www.townofmontville.org</a>   |
| Unionville    | Services for Elderly of Farmington – Senior Center                            | 321 New Britain Ave.<br>Unionville, CT. 06085       | 860-673-1441                 | <a href="https://www.farmingtonseniors.org">https://www.farmingtonseniors.org</a>  |
| Wallingford   | Town of Wallingford-Senior Center   | 238 Washington St.<br>Wallingford, CT<br>06492      | 203-265-7753                 | <a href="http://www.wlfdseniorctr.com">www.wlfdseniorctr.com</a>   |
| Willimantic   | Town of Windham – Windham Senior Center                                       | 47 Crescent St.<br>Willimantic, CT.<br>06226        | 860-4560224<br>860-423-4524  | <a href="http://www.windhamseniorcenter.org/">www.windhamseniorcenter.org/</a>   |
| Willington    | Town of Willington-Senior Center  | 20 Senior Way<br>Willington, CT. 06279              | 860-429-8321                 | <a href="http://www.willingtonct.org/">www.willingtonct.org/</a>   |
| Waterford     | Town of Waterford-Community Center<br>(Service Areas: Quaker Hill, Waterford) | 24 Rope Ferry Rd.<br>Waterford, CT. 06385           | 860-444-5839                 | <a href="http://www.waterfordct.org">www.waterfordct.org</a>   |
| Waterbury     | La Casa Bienvenida Senior Center<br>Hispanic Coalition of Greater Waterbury   | 135 East Liberty St.<br>Waterbury, CT.<br>06706     | 203-754-6172                 | <a href="http://www.thehispaniccoalition.org">www.thehispaniccoalition.org</a>   |
| Waterbury     | New Opportunities Waterbury Senior Nutrition Services                         | 232 North Elm St.<br>Waterbury, CT.                 | 203-757-7738<br>203-757-4208 | <a href="http://www.newoppinc.org">www.newoppinc.org</a>   |
| West Hartford | Elmwood Senior Center<br>Town of West Hartford<br>Elwood                      | 1106 New Britain Ave. , West Hartford,<br>CT. 06110 | 860-561-8188                 | <a href="http://www.westhartford.org">www.westhartford.org</a>   |
| West Hartford | Elmwood Senior Center<br>Town of West Hartford<br>@ Federation Square         | 2 Starkel Rd.<br>West Hartford, CT                  | 860-236-4136                 | <a href="http://www.westhartford.org">www.westhartford.org</a><br>(Daily lunch offered at the senior center and a Kosher meal is offered at Federation Square) |
| West Haven    | City of West Haven-Allingtown Senior Center                                   | 201 Noble St.<br>West Haven, CT.<br>06516           | 203-937-3507                 | <a href="http://www.cityofwesthaven.com">www.cityofwesthaven.com</a>   |
| Weston        | Town of Weston-Senior Center  | 9 School Rd.<br>Weston, CT. 06883                   | 203-222-2608                 | <a href="http://www.westonct.gov">www.westonct.gov</a><br>60+  |

## Food Resources

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|                  |  | 203-222-2608   |              |   |
| Westport         | Town of Westport-<br>Center for Senior<br>Activities | 21 Imperial Ave.<br>Westport, CT. 06880                  | 203-341-5099 | <a href="http://www.westportct.gov">www.westportct.gov</a><br>Languages Offered:<br>German, French, Spanish |
| Wethersfield     | Town of Wethersfield-<br>Social & Youth Services     | 505 Silas Deane<br>Highway,<br>Wethersfield, CT<br>06109 | 860-721-2955 | <a href="http://www.wethersfieldct.com">www.wethersfieldct.com</a><br>Languages Offered: Polish             |
| Windsor<br>Locks | Town of Windsor<br>Locks-Senior Center<br>60+        | 41 Oak St.<br>Windsor Locks, CT.<br>06096                | 860-627-1425 | <a href="http://www.windsorlocksct.org">www.windsorlocksct.org</a>  |
| Windsor          | Town of Windsor-<br>Senior Center                    | 599 Matianuck Ave.<br>Windsor, CT. 06095                 | 860-285-1992 | <a href="http://www.townofwindsor.com">www.townofwindsor.com</a>  |
| Winsted          | Town of Winchester-<br>Winsted Senior Center         | 80 Holabird Ave.<br>Winsted, CT. 06098                   | 860-379-4252 | <a href="http://www.townofwinchester.org">www.townofwinchester.org</a>                                      |
| Wolcott          | Town of Wolcott-<br>Senior Center                    | 211 Nichols Rd.<br>Wolcott, CT. 06716                    | 203-879-8133 | <a href="http://www.wolcottct.org">www.wolcottct.org</a>  |
| Woodbridge       | Town of Woodbridge-<br>Senior Center                 | 4 Meetinghouse Lane<br>Woodbridge, CT.<br>06525          | 203-389-3430 | <a href="http://www.woodbrigect.org">www.woodbrigect.org</a><br>(Lunches Tuesdays &<br>Fridays)             |
| Woodbury         | Town of Woodbury –<br>Senior Center                  | 265 Main St. South<br>Woodbury, CT. 06798                | 203-263-2828 | <a href="http://www.woodburyseniorcenter.blogspot.com/">www.woodburyseniorcenter.blogspot.com/</a>          |

# Cost of Long Term Care



## The Connecticut Partnership for Long Term Care

Statewide Average Private Pay Rates:

Nursing Home Facilities by CT. Town

Home Health by Agency

Home & Community -Based Services

General Information:

<https://portal.ct.gov/OPM/PDPD-HHS-Long-Term-Care/LTC-Home/Partnership-LTC-Home-General-Info>

2020 Cost of Long Term Care Report: <https://portal.ct.gov/-/media/OPM/HHS/LTC/Cost-of-LTC-in-CT---2020.pdf>

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Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

Further information on Elder Care attorneys for Connecticut can be obtained from the website of the National Academy of Elder Law Attorneys – <http://ctnaela.org>

| <b>Elder Law Attorneys</b> |   |   |                                      |                |
|----------------------------|---|---|--------------------------------------|----------------|
| <b>Town</b>                | <b>Name</b>   | <b>Address</b>  | <b>Contact</b>                       | <b>Website</b> |
| Ansonia                    | Lyons, Tuccio & Tuccio  | 235 Wakelee Ave.<br>Ansonia, CT                       | (203) 732-2889                       |                |
| Bloomfield                 | Charter Oak Law Group, LLC  | 34 Jerome Ave.<br>Suite 120<br>Bloomfield, CT 06002   | (860)952-3070                        |                |
| Branford                   | Mark R. Connell<br>Attorney at Law, LLC                             | 420 East Main Street, Suite 12<br>Branford, CT 06405  | (203) 488-5586<br>Fx: (203) 945-1894 |                |
| Bridgeport                 | Cohen & Wolfe, PC<br>Linda Joyelle Maini<br>Greta E. Solomon        | 1115 Broad ST,<br>Bridgeport, CT 06604-4234           | (203) 337-4186<br>(203) 337-4114     |                |
| Brookfield                 | Rosemary B. Jones   | 304 Federal Rd. Ste. 106<br>Brookfield, CT 06804-2422 | (203) 775-2675                       |                |
| Cheshire                   | Michael J. Laden,<br>Attorney at Law, LLD                           | 350 South Main St.<br>Cheshire, CT 06410              | (203) 272-9092                       |                |
| Cheshire                   | Phillip Ricciuti -<br>Fazzone, Ryan and<br>Ricciuti                 | 2 Town Center<br>Cheshire, CT 06410                   | (203) 250-2222 ext.<br>246           |                |
| Clinton                    | Joan Wilson - RWC,<br>Attorneys &<br>Counselors at Law              | 130 E. Main St.<br>Clinton, CT 06413                  | (860) 669-1222                       |                |
| Deep River                 | Jane R. Marsh   | 6 Elm St., PO Box 236, Deep<br>River, CT 06417        | (860) 526-4331                       |                |
| Danbury                    | Charter Oak Law<br>Group  | 100 Mill Plain Rd.<br>Danbury, CT. 06811              | (860) 952-3070                       |                |
| Danbury                    | Chipman Mazzucco<br>Emerson LLC<br>Kasey Scarbrough<br>Galner, Esq. | 39 Old Ridgebury Rd. Ste.<br>D2<br>Danbury, CT 06810  | (203) 501-1712                       |                |

## Elder Law Attorneys

|                   |   |   |                |  |
|-------------------|---|---|----------------|--|
| Danbury           | Murphy & Murphy,<br>LLP -Thomas E.<br>Murphy<br>Michelle Murphy             | 36 Mill Plain Rd, Ste. 404<br>Danbury, CT 06811-5114    | (203) 748-2766 |  |
| Danbury           | Cramer & Anderson<br>LLP  | 30 Main St.<br>Danbury, CT 06810                        | (203) 744-1234 |  |
| Danbury           | Cohen & Wolf, PC<br>Ann L. Fowler-Cruz                                      | 158 Deer Hill Ave,<br>Danbury, CT 06810-7728            | (203) 749-5570 |  |
| Darien            | L. Conrad Ambrette  | 23 Old Kings Hwy S,<br>Darien, CT 06820-4541            | (203)655-7931  |  |
| East<br>Greenwich | Fabisch Law Offices   | 4474 Post Rd. 103<br>East Greenwich, RI 02818           | (401) 324-9344 | <a href="http://www.fabischl&lt;br/&gt;aw.com">www.fabischl<br/>aw.com</a> |
| Essex             | Suzanna McCauley -<br>Hudson and Kilby, LLC                                 | PO Box 398<br>Essex, CT 06426                           | (860)767-0195  |  |
| Fairfield         | Garson & Slepian<br>David Slepian   | 72 Ruane St.<br>Fairfield, CT 06824-5857                | (203) 255-3483 |  |
| Fairfield         | Braunstein & Todisco -<br>Amy E. Todisco                                    | 1 Eliot Pl.<br>Fairfield, CT 06824-5154                 | (203) 254-1118 |  |
| Fairfield         | Law Offices of<br>O'Donnell, McDonald<br>& Cregeen, LLC -<br>Sharon Cregeen | 2452 Black Rock Tpke. Ste 2<br>Fairfield, CT 06825-2407 | (203) 374-9772 |  |
| Fairfield         | Law Offices of<br>Eliovson & Tenore   | 117 Tunxis Hill Rd.<br>Fairfield, CT 06825              | (203) 336-2566 |  |
| Greenwich         | Ivey, Barnum &<br>O'Mara, LLC - Donna<br>Castronovo, Cynthia L.<br>Singer   | 170 Mason St.<br>Greenwich, CT 06830-6644               | (203) 661-6000 |  |
| Greenwich         | Richard J. Margenot,<br>LLC   | 537 Steamboat Rd, Suite<br>100, Greenwich, CT 06830     | (203) 869-0458 |  |
| Greenwich         | Beltrano Law, LLC   | 21 Benedict Place<br>Greenwich, CT 06830                |                |  |
| Greenwich         | Ferguson Cohen LLP  | 25 Field Point Rd.<br>Greenwich, CT 06830               | (203) 661-5222 |  |
| Groton            | Wade Jensen   | 19A Thames St.<br>Groton, CT 06340-3652                 | (860) 445-8911 |  |
| Guilford          | Eric I. Emanuelson -<br>The Emanuelson Law<br>Firm, PC                      | PO Box 364<br>Guilford, CT 06437                        | (203) 453-6719 |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

|            |   |  |                |   |
|------------|---|--|----------------|---|
| Guilford   | Erin O. Duques -<br>Sullivan, Griffith &<br>Beatty, LLP                       | 705 Boston Post Rd<br>Guilford, CT 06437             | (203) 453-1490 |   |
| Guilford   | Matthew Stillman -<br>Stillman & Associates,<br>LLD                           | 23 Boston Street<br>Guilford, CT 06437               | (203) 951-0600 |   |
| Hamden     | Lewis Crisci Jr. -<br>Germonde,<br>Pietrosimone, et al                        | 3127 Whitney Ave.<br>Hamden, CT 06518                | (203) 407-4200 |   |
| Hamden     | Fred Sette - Sette &<br>Parnoff, PC   | 2324 Whitney Ave.<br>PO Box 5366<br>Hamden, CT 06518 | (203) 288-3367 |   |
| Kent       | Cramer & Anderson LLP   | 14 Old Barn Rd.<br>Kent, CT 06757                    | (860) 927-3568 |   |
| Litchfield | Cramer & Anderson LLP   | 46 West Street<br>Litchfield, CT 06759-0278          | (860) 567-4531 |   |
| Middletown | Law Offices of<br>Elizabeth N. Byrne  | 141 Broad St.<br>Middletown, CT 06457                | (860) 344-1767 |   |
| Milford    | Franklin Drazen &<br>Steven Rubin -<br>Law Offices of Franklin<br>Drazen, LLC | 245 Cherry Street<br>Milford, CT 06460               | (203) 877-7511 |   |
| Mystic     | Jean Ceddia &<br>Deborah J. Tedford   | 11 Masons Island Rd<br>Mystic, CT 06355-2938         | (860) 572-4707 |   |
| Mystic     | Neal Bobruff,<br>Attorney at Law  | 49 Whitehall Ave<br>Mystic, CT 06355-1966            | (860) 536-3430 | <a href="http://bobrufflaw.com">http://bobrufflaw.com</a> |
| Mystic     | Law Office of Richard<br>D. Dixon   | 15 Holmes St.<br>Mystic, CT 06355-2659               | (860) 536-0066 | <a href="http://www.dixonessq.com">www.dixonessq.com</a>  |
| New Canaan | Ivey, Barnum &<br>O'Mara, LLC   | 161 Cherry St, 2nd Fl, New<br>Canaan, CT 06840       | (203) 966-1492 |   |
| New Haven  | Greg Barringer -<br>Reid and Riege, PC  | 234 Church St.<br>New Haven, CT 06510                | (203) 777-8008 |   |
| New Haven  | Lisa Davis - Davis,<br>O'Sullivan & Priest,<br>LLC                            | 129 Church St., Suite 503,<br>New Haven, CT 06510    | (203) 776-4400 |   |
| New Haven  | Brad Gallant - Day<br>Pitney LLP  | One Audubon S., 6th Fl.<br>New Haven, CT 06511       | (203) 752-5025 |   |
| New Haven  | Frances Granquist -<br>Pellgrino Law Firm                                     | 475 Whitney Ave.<br>New Haven, CT 06511              | (203) 787-2225 |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

|             |  |  |  |  |
|-------------|--|--|--|--|
| New Haven   | Rebecca Iannantuoni -<br>Day Pitney                                  | One Audubon Street<br>New Haven, CT 06511                  | (203) 752-0511                                     |  |
| New Haven   | Whitney Lewendon -<br>Coan, Lewendon,<br>Gulliver and<br>Mitternberg | 495 Orange Street<br>New Haven, CT 06511                   | (203) 624-4756                                     |  |
| New Haven   | Kathy Priest -Davis,<br>O'Sullivan & Priest,<br>LLC                  | 129 Church St, Suite 503<br>New Haven, CT 06510            | (203) 865-5990                                     |  |
| New Haven   | Ronald Soccoli Jr. P.C.<br>- Brenner, Saltzman &<br>Wallman, LLP     | 271 Whitney Avenue<br>New Haven, CT 06511                  | (203) 772-2600                                     |  |
| New Haven   | Sheldon V. Toubman -<br>New Haven Legal<br>Assistance Association    | 205 Orange St.<br>New Haven, CT 06510                      | (203) 946-4811,<br>ext. 1148<br>fax: (203)498-9271 |  |
| New Haven   | Zangari, Cohn,<br>Cuthbertson, Duhl &<br>Grello, PC                  | 59 Elm St, Suite 400<br>New Haven, CT 06510                | (203) 789-0001                                     |  |
| New London  | Cipparone & Zaccaro -<br>Jack Reardon, J.D.,<br>LL.M.                | 261 Williams St.<br>New London, CT 06320-<br>5721          | (860) 442-0150                                     | <a href="http://www.trustestateselderlawct.com">www.trustestateselderlawct.com</a> |
| New London  | Nemchek & Poeschl,<br>LLC  | 345 State St.<br>New London, CT 06320                      | (860) 439-1900                                     |  |
| New London  | Tobin Carberry<br>O'Malley Riley<br>Selinger                         | 43 Broad St<br>New London, CT 06320                        | (860) 772-2654                                     | <a href="http://www.tcors.com">www.tcors.com</a>                                   |
| New London  | Joseph J. Marino   | 217 Pequot Ave<br>New London, CT 06320-<br>4618            | (860) 772-2654                                     |  |
| New London  | Kathleen A.<br>Mcnamara  | 516 Vauxhall St. Ste. 203<br>New London, CT 06320-<br>2609 | (860) 447-1968                                     |  |
| New Milford | Cramer & Anderson<br>LLP   | 51 Main Street<br>New Milford, CT 06776                    | (860) 355-2631                                     |  |
| Norfolk     | Beltrano Law, LLC<br>Litchfield County<br>Office                     | 15 Shepard Rd<br>Norfolk, CT 06058                         | (860)952-3070                                      |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

|                    |  |   |                 |  |
|--------------------|--|---|-----------------|--|
| North Haven        | George Guertin and<br>Marc P. Guertin -<br>Guertin & Guertin LLC | 26 Broadway<br>North Haven, CT 06473                                    | (203) 234-7400  |  |
| North Haven        | Donna Levine   | 23 Legrand Rd<br>North Haven, CT 06473                                  | (203) 985-9033  |  |
| North Haven        | Law Office of Amee J.<br>Lunn LLC                                | 26 Broadway<br>North Haven CT, 06473                                    | (203) 234-8408  |  |
| North<br>Kingstown | James C. Sullivan  | 1130 Ten Rod Rd. Ste. B206,<br>North Kingstown, RI 02852-<br>4165       | (401) 294-9556  | <a href="http://www.sullivanandsullivanlaw.com">www.sullivanandsullivanlaw.com</a> |
| Norwalk            | Law Office of Gilman<br>& Francis, LLC                           | 71 East Ave. Unit T<br>Norwalk, CT 06851                                | (203) 807-4086  |  |
| Norwalk            | Stephen Keogh  | 34 Wall St.<br>Norwalk, CT 06850-3429                                   | (203) 866-2535  |  |
| Norwalk            | Diane Allison  | 134 East Ave<br>Norwalk, CT 06851-5714                                  | (203) 227-7470  |  |
| Norwalk            | Miklos P. Koleszar   | 9 Mott Ave, Ste. 209<br>Norwalk, CT 06850- 3336                         | (203) 853-9502  |  |
| Old Lyme           | Shipman & Goodwin<br>LLP<br>Kitchings & Potter                   | 5-1 Davis Rd. East<br>P.O. Box 187<br>Old Lyme, CT 06371-0187           | (860) 434-5333  | <a href="http://www.shipmangoodwin.com">www.shipmangoodwin.com</a>                 |
| Orange             | Steven Floman -<br>Floman, DePaola, LLC                          | 378 Boston Post Rd<br>Orange, CT 06477                                  | (203) 795-1211  |  |
| Purchase           | Neil Lubarsky &<br>Associates                                    | 2900 Westchester Ave, Ste<br>311, Purchase, NY 10577-<br>2552           | (914) 997-8558  |  |
| Ridgefield         | Mark R. Zeck, Esq.   | Zeck Law Offices, LLC<br>38C Grove St, Suite 2F<br>Ridgefield, CT 06877 | (203) 734-1100  |  |
| Ridgefield         | Cramer & Anderson<br>LLP   | 38C Grove Street<br>Ridgefield CT 06877                                 | (203)403-4005   |  |
| Stamford           | Law Offices of Joel D.<br>Muhlbaum, LLC -<br>Sharon H. Rosen     | 1100 Summer St.<br>Stamford, CT 06905-5515                              | (203)323-1818   |  |
| Stamford           | James M. Rubino<br>Attorney at Law                               | 1100 Summer St.<br>Stamford, CT 06905-5515                              | (203) 327- 4212 |  |
| Stamford           | Tobias Weiss   | 1766 Bedford St.<br>Stamford, CT 06905-4718                             | (203) 348-6196  |  |

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Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

|                  |  |  |                |  |
|------------------|--|--|----------------|--|
| Stamford         | Nemchek & Poeschl, LLC - Richard S. Fisher                                     | 60 Long Ridge Rd. Ste. 202, Stamford, CT 06902-1840            | (203) 316-8177 |  |
| Stamford         | Barbara S. Koteen  | 1 Atlantic St., Stamford, CT 06901-2482                        |                |  |
| Stamford         | Diserio Martin<br>Kristina E. Kelly  | 1 Atlantic Street<br>Stamford, CT 06901                        | (203) 569-1116 |  |
| Stratford        | Kurt Ahlberg   | 2885 Main St., Stratford, CT 06614-4983                        | (203) 377-1311 |  |
| Stratford        | Kevin C. Kelly - Kevin Kelly & Associates P.C.                                 | 2505 Main St, Suite 221<br>Stratford, CT                       | (203) 647-3326 |  |
| Stratford        | Everett G. Sussman   | 215 Short Beach Road<br>Stratford, CT 06615                    | (203) 231-8946 |  |
| Southbury        | Chipman Mazzucco<br>Emerson LLC - Kasey Scarbrough Galner, Esq.                | 325 Main Street South<br>Southbury, CT 06488                   | (203) 501-1712 |  |
| Southport        | Brody Wilkinson, PC<br>Jennifer Basciano                                       | 2507 Post Rd, Southport, CT 06890-1259                         | (203) 319-7113 |  |
| Washington Depot | Cramer & Anderson LLP  | 6 Bee Brook Road<br>Washington Depot CT.<br>06794-0321         | (860) 868-0527 |  |
| Wakefield        | Gayle F. Tarzwell  | 490 Woodruff Ave<br>Wakefield, RI 02879-3538                   | (401) 783-0819 | <a href="http://www.tarzwelllaw.com">www.tarzwelllaw.com</a> |
| Wakefield        | James Couch  | 24 slat Pond Rd.<br>Wakefield, RI 02879-4314                   | (401) 789-5410 | <a href="http://www.Couchlaw.com">www.Couchlaw.com</a>       |
| Wakefield        | James V. Aukerman  | 60 S County Commons Way<br>Unit G4<br>Wakefield, RI 02879-2299 | (401) 788-9080 | <a href="http://www.aukermanlaw.com">www.aukermanlaw.com</a> |
| Wallingford      | Christine Grochowski & Ann Farrell, Esq. - Law Offices of Farrell & Grochowski | 375 Center Street<br>PO Box 369<br>Wallingford, CT 06492       | (203) 269-7756 |  |
| Waterford        | Andrews & Young, P.C.  | 567 Vauxhall St. Ext.<br>Waterford, CT 06385-4032              | (860) 444-2101 | <a href="http://www.newlonlegal.com">www.newlonlegal.com</a> |
| Waterford        | Linda J. Kidder Associates   | 567 Vauxhall St Ext. Ste 130, Waterford, CT 06385-4332         | (860)437-7799  |  |

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Yale Connecticut Older Adult Collaboration for Health

## Elder Law Attorneys

|              |   |   |                |  |
|--------------|---|---|----------------|--|
| Westerly     | James V. Solis, Esq.  | 85 Beach St. Bldg. B<br>Westerly, RI 02891-2717               | (401) 596-3420 | <a href="http://www.attorneyjamesolis.com">www.attorneyjamesolis.com</a> |
| West Haven   | Stephen R. Ketainek, LLC - Mirto, Ketainek & Barrett et al. | 140 Captain Thomas Blvd.<br>Suite 209<br>West Haven, CT 06516 | (203) 932-2225 |  |
| West Haven   | Jim Fischer - Fischer & Fischer, LLC                        | 568 Washington Ave.<br>West Haven, CT 06516                   | (203) 933-25   |  |
| Westport     | Law Offices of Joel D. Muhlbaum, LLC                        | 191 Post Road West<br>Westport, CT 06880                      | (203) 221-2620 |  |
| Westport     | Cohen & Wolfe, PC - Jane L Harness                          | 320 Post Rd. W<br>Westport, CT. 06880-4743                    | (203) 222-1034 |  |
| Westport     | Frank E. Sisson   | 55 Greens Farms Rd.<br>Westport, CT. 06880                    | (203) 222-4844 |  |
| Westport     | Linnea J. Levine LLC - Elder Law & Special Needs Attorney   | 191 Post Road West<br>Westport, CT 06880                      | (203) 221-2782 |  |
| White Plains | Ivey, Barnum & O'Mara, LLC                                  | 445 Hamilton Avenue, Suite 1102<br>White Plains, NY 10601     | (914) 517-7578 |  |
| White Plains | Ferguson Cohen, LLP   | 1 North Lexington Ave Suite 701<br>White Plains, NY 10601     | (914)-397-2400 |  |
| Wilton       | Patricia N. Blair   | 5 River Rd. Ste. 206<br>Wilton, CT 06897-4069                 | (203) 801-3955 |  |

# Friendly Visitors

## **Senior Companion Program**

### **Agency on Aging of South Central CT.**

Senior companions spend time with individuals who are living at home and at risk for isolation. Companions provide friendship and assist with errands or light tasks around the home. 55+, income eligible. Must be able to pass background check

[www.aoascc.org](http://www.aoascc.org)

117 Washington Ave. Suite 17, North Haven, CT 06473

203-752-3059      800-994-9422

**Serving:** North Branford, Bethany, North Haven, Orange, Shelton, East Haven, Oxford, West Haven, Woodbridge, Madison, Meriden, Seymour, Branford, Derby, Guilford, Milford, Ansonia, Northford, Hamden, New Haven and Wallingford.

## **Interfaith Volunteer Care Givers of Greater New Haven**

Volunteers visit with older adults ages 60+ who are homebound, mobility impaired or limited activity. No Fee

[www.carenewhaven.org](http://www.carenewhaven.org)

30 Gillies Road, Hamden, CT 06517

203-230-8994      877-227-7487 ext 1183

**Serving Residents:** Bethany, Branford, East Haven, Hamden, Madison, Meriden, Milford, New Haven, North Branford, North Haven, Northford, Orange, Wallingford, West Haven, and Woodbridge.

## **Community Member Assistance Program**

### **UR Community Cares, Inc.**

Community Members are older adult or physically disabled individuals that are linked with volunteers that can aid them such as housework, yardwork and companionship. Both volunteers and older adults in need must apply online.

Volunteers are then matched up with those in need of services depending on the needs of the person as well as the location. No Fee

Eligibility: Age 70+ or 18+ if physically disabled. Apply on website, must pass background check that is conducted by agency.

<https://URCommunitycares.org/>

Manchester, CT. 06042

860-430-4557

**Service Area:** Connecticut

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# Friendly Visitors

## **Connecticut In-Home Assistance**

### **Friendly Visiting/Errand Running/Shopping Assistance**

Friendly visiting, general household cleaning and light housework, shopping assistance and other miscellaneous chores. Set Fee

[www.cthomecare.com](http://www.cthomecare.com)

99 Hawley Lane Suite 1002, Stratford, CT. 06614

203-452-9629      855-412-2273

**Service Area:** Fairfield County, New Haven County

**Languages offered:** Spanish

## **Intergenerational Program**

### **Casa Otonal Inc.**

Program convenes older adults and Hill area school children at Casa Otonal for mutual socialization, education and companionship. No Fee

<https://www.facebook.com/CasaOtonalINC/>

148 Sylvan Ave., New Haven, CT. 06519

203-773-9849

**Service Area:** Milford, Woodbridge, Bethany, Orange, Branford, East Haven, North Haven, West Haven, Hamden, New Haven

**Languages Offered:** Spanish

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Yale Connecticut Older Adult Collaboration for Health

# Geriatric Care Managers

## Aging Life Care Association

### National Headquarters and Mailing Address

3275 W. Ina Road, Suite 130, Tucson, AZ 85741-2198 &  
1747 Pennsylvania Ave. NW, Ste. 1000, Washington, DC 20006  
(520) 881-8008 <http://www.aginglifecare.org/>

## Older Adults with Disability

### Connecticut Community Care Northwest Regional Office

76 Westbury Park Road, 3<sup>rd</sup> Floor Ste. 301E, Watertown, CT 06795  
(800) 870-1852/(203) 596-4800 [www.ctcommunitycare.org](http://www.ctcommunitycare.org)

### Geriatric & Disability Care Management - Leslie Alin Tewes, MPA Healthcare

28 Lynn Pl., Ridgefield, CT 06877

(203) 826-9206 [www.tewescare.com](http://www.tewescare.com)

Serving Ridgefield and surrounding communities in CT & NY

Service Areas: Bethel Brookfield Danbury, New Fairfield, Newtown, Redding, Sherman, Barkhamsted, Bethlehem, Bridgewater, Canaan, Colebrook, Cornwall, Goshen, Harwinton, Kent, Litchfield, Morris, New Hartford, New Milford, Norfolk, Roxbury, Salisbury, Sharon, Thomaston, Washington, Watertown, Woodbury, Beacon, Falls, Cheshire, Middlebury, Naugatuck, Oxford, Prospect, Southbury, Wolcott, Ridgefield, Hartland, North Canaan, Torrington, Warren, Winchester, and Waterbury.

## Geriatric Care Managers

| Town             | Name   | Address   | Contact                          | Website  |
|------------------|--|---|----------------------------------|--|
| Avon             | Patient Advocate for You LLC<br>Sharon Gauthier<br>Holly Grant | 30 Tower Ln<br>Avon, CT. 06001-4231               | (860) 249-7271<br>(860) 704-1575 | <a href="http://www.ptadvocate4u.com">www.ptadvocate4u.com</a> |
| Briarcliff Manor | Naomi Landesberg   | 28 Redwood Ln.<br>Briarcliff Manor, NY 10510-1141 | (914) 945-9128                   |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Care Managers

|             |  |   |                |  |
|-------------|--|---|----------------|--|
| Bridgeport  | Dorcas White                                 | PO Box 5533<br>Bridgeport, CT 06610-0533            | (203) 260-6287 |  |
| Bridgeport  | Jewish Family Service                        | 2370 Park Ave.<br>Bridgeport, CT. 06604-1617        | (203) 366-5438 |  |
| Bristol     | Stephen O. Allaire                           | 271 Farmington Ave.,<br>Bristol, CT 06010-3962      | (860) 584-2384 |  |
| Bristol     | Marlene Kurban                               | 43 Enterprise Dr.<br>Bristol, CT. 06010-7457        | (860)589-6226  |  |
| Bristol     | Nan O'Brien                                  | 43 Enterprise Dr.<br>Bristol, CT. 06010-7457        | (860)589-6226  |  |
| Bristol     | Donna Gaudio                                 | 43 Enterprise Dr.<br>Bristol, CT. 06010-7457        | (860) 314-2933 |  |
| Bristol     | Rayda Bouma                                  | 43 Enterprise Dr.<br>Bristol, CT. 06010-7457        | (860) 589-6226 |  |
| Cheshire    | Elizabeth Agocs-Holler                       | 8 Promontory Dr.<br>Cheshire, CT 06410              | (203) 272-1595 |  |
| Chester     | Agneta Ziegler                               | 4 Sypher Rd.<br>Chester, CT. 06412-1033             | (860) 526-0870 |  |
| Chester     | Lisa Carlucci-Renshaw                        | PO Box 404<br>Chester, CT. 06412-9329               | (860) 938-9329 |  |
| Cos Cob     | The Caregiver Resource Center<br>Linda Ziach | PO Box 122<br>Cos Cob, CT 06807-0122                | (203) 861-9833 | <a href="http://www.caregiverresourcecenter.com">www.caregiverresourcecenter.com</a> |
| Cos Cob     | Sherry Dey                                   | 20 Butler St.<br>Cos Cob, CT 06807-2610             | (203) 536-6644 |  |
| Cromwell    | Linda Worden                                 | 3 Ayrshire<br>Cromwell, CT 06416-2703               | (860) 613-2327 |  |
| East Granby | Margaret Francoeur                           | 3 Melody Ln<br>East Granby, CT 06026-9732           | (860) 651-3170 |  |
| Fairfield   | Lisa Krauss                                  | PO Box 661<br>Fairfield, CT. 06824-0661             | (203) 258-2640 |  |
| Fairfield   | Dori L. Imsdahl                              | 10 Tuller Rd.<br>Fairfield, CT. 06825-3322          | (530) 320-2692 |  |
| Glastonbury | Aging Care, LLC                              | 117 New London Tpke.,<br>Glastonbury, CT 06033-6194 | (860) 659-9009 |  |
| Groton      | Stacey Debruin                               | 495 Gold Star Hwy<br>Groton, CT 06340-6228          | (860) 448-6848 |  |
| Hamden      | Janice Server                                | 26 Seminole Street                                  | (203) 494-0892 |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Care Managers

|              |  |   |  |   |
|--------------|--|---|--|---|
|              |  | Hamden, CT 06518  |  |   |
| Hartford     | Laura St. John   | 103 Woodland St.<br>Hartford, CT. 06105-1233            | (860) 249-4862   |   |
| Hartsdale    | Ruth Mutzner   | 35 E. Hartsdale Ave.<br>Hartsdale, NY 10530-2742        | (914) 552-2477   |   |
| Larchmont    | Illese Forgang   | 83 W. Brookside Dr.<br>Larchmont, NY 10538-1747         | (914) 833-0853   |   |
| Longmeadow   | Glenmeadow<br>Meghan L. Reynolds                       | 24 Tabor Crossing<br>Longmeadow, MA 01106               | (800) 633-6313<br>(413) 567-7800   |   |
| Kensington   | Paul T. Czepiga  | 15 Massirio Dr. Ste. 104,<br>Kensington, CT. 06037-2352 | (860) 594-7995   |   |
| Madison      | Barbara Hornby   | 404 Race Hill Road<br>Madison, CT 06443                 | (203) 421-4742   |   |
| Manchester   | Elder Care<br>Associates LLC                           | 750 Main St., Manchester,<br>CT 06040-5101              | (866) 645-9500   | <a href="https://www.eldercareconsultingllc.com">https://www.eldercareconsultingllc.com</a> |
| Milford      | Phyllis Boynton  | 167 Morningside Drive<br>Milford, CT 06460              | (203) 874-1566   |   |
| Milford      | Roberta Litvinoff                                      | 82 Monroe Street<br>Milford, CT 06460                   | (203) 314-3856   |   |
| Mystic       | Anne-Marie Foster<br>Law office of<br>Richard D. Dixon | 15 Holmes ST<br>Mystic, CT 06355-2659                   | (860) 536-0066<br><a href="mailto:amarfoster@gmail.com">amarfoster@gmail.com</a>                   |   |
| Mystic       | Lisa Ryan  | 186 Jerry Browne Rd.,<br>Mystic, CT 06355-4004          | (860) 454-0820   |   |
| New Canaan   | Waveny Home<br>Healthcare                              | 21 Grove St<br>New Canaan CT. 06840                     | (203) 594-5248   |   |
| New Canaan   | Carole Edelman   | 3 Farm Rd.<br>New Canaan, CT. 06840-6626                | (203) 594-5300   |   |
| New Canaan   | Melissa Mayernik                                       | 3 Farm Rd.<br>New Canaan, CT. 06840-6626                | (203) 594-5441   |   |
| New Haven    | Marsha R. Beller                                       | P.O. Box 2997<br>New Haven, CT 06515                    | (203) 389-2882   |   |
| New Rochelle | Directions in Aging<br>Miriam Zucker                   | 1333 North Ave. Ste. A<br>New Rochelle, NY 10804-2100   | (914) 636-7347<br><a href="mailto:mzucker@directionsinaging.com">mzucker@directionsinaging.com</a> |   |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Care Managers

|             |  |   |  |  |
|-------------|--|---|--|--|
| Newtown     | Curtis L. Symes  | 36 Lake Rd.<br>Newtown, CT. 06470-1134                    | (203) 426-3288   |  |
| Newtown     | Castle Group Home<br>Care LLC                                  | 261 S Main St. # 114<br>Newtown, CT. 06470                | (203) 364-4478   |  |
| Norwalk     | Lois Cea   | PO Box 39, Norwalk, CT.<br>06853-0039                     | (203) 831-8500   |  |
| Norwalk     | Geriatric Care<br>Management<br>Associates                     | 304 Main Ave # 150<br>Norwalk, CT 06851                   | (203) 984-2054   |  |
| Orange      | Constellation Health<br>Services                               | 240 Indian River Road<br>Orange, CT. 06477                | (203) 497-3885   |  |
| Prospect    | CNC Compassion N<br>Care Nursing                               | 50 Waterbury Rd., Ste 2B<br>Prospect, CT. 06712-1259      | (866) 854-5571<br>(203) 676-7371   | <a href="http://www.compassioncare.com">www.compassioncare.com</a> |
| Ridgefield  | Leslie-Alin Tewes,<br>MPA- Healthcare                          | 28 Lynn Pl., Ridgefield CT.<br>06877-1049                 | (203) 826-9206<br><a href="mailto:LeslieAlin@TewesCares.com">LeslieAlin@TewesCares.com</a> | <a href="http://www.tewescares.com">www.tewescares.com</a>         |
| Riverside   | Joan A. Merrill<br>Waveny Life Care<br>Network                 | 1 Split Timber Pl<br>Riverside, CT. 06878-1016            | (203) 594-5309   | <a href="http://www.waveny.org">www.waveny.org</a>                 |
| Rockfall    | Susan McCandless   | 5 Wildwood Cir.<br>Rockfall, CT. 06481-2058               | (860) 740-6885   |  |
| Rye         | Susan Riordan  | 11 Brevoort Ln.<br>Rye, NY 10580-1003                     | (914) 698-7211   |  |
| Scarsdale   | Elder Care<br>Homecare Inc.                                    | 700 White Plains Road, Ste.<br>223<br>Scarsdale, NY 10583 | (914) 220-0336   |  |
| Scarsdale   | Loren Gilberg  | 9A Richbell Rd.<br>Scarsdale, NY 10583-4436               | (914) 582-0796   |  |
| Shelton     | Lisa Twarog  | 2 Armstrong Road<br>Shelton, CT 06484                     | (203) 291-3535   |  |
| Simsbury    | Marcia Bernstein   | PO Box 334, Simsbury, CT.<br>06070-0334                   | (860)217-2273  |  |
| Springfield | Jewish Family<br>Service of Western<br>Mass.<br>Kathleen Bowen | 15 Lenox St.<br>Springfield, MA 01108-2666                | (413) 737-2601   |  |
| Stamford    | Bette Bonne  | 400 Main S., Stamford, CT<br>06901-3004                   | (203) 912-7222   |  |
| Stratford   | Janet Girardat   | 100 Prayer Spring Rd                                      | (203) 377-8442   |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Care Managers

|                  |                            |   |  |   |
|------------------|----------------------------|---|--|---|
|                  |                            | Stratford, CT. 06614-1320                           |  |   |
| Suffield         | Linda Stevenson            | 1470 Mapleton Ave.<br>Suffield, CT 06078-1343       | (860) 668-5403   |   |
| Tarrytown        | VNA Home Health Services   | 540 White Plains Rd.<br>Tarrytown, NY 10591-5103    | (914)666-7079  |   |
| Trumbull         | Laurence Segall            | 43 Old Hollow Rd.<br>Trumbull, CT 06611-5524        | (203) 722-7763   |   |
| Wakefield        | Martha Farrelly            | 49 S County Commons Way,<br>Wakefield RI 02879-8269 | (401) 788-2400   |   |
| Wakefield        | Paula J. Foster            | 49 S County Commons Way,<br>Wakefield RI 02879-8269 | (401) 788-2400   |   |
| Waterbury        | The Aging Matrix           | 98 Stoddard Rd.<br>Waterbury, CT. 06708             | (203) 437-8059   |   |
| Waterbury        | Ann Wallace                | 63 Spring Garden Ave.<br>Waterbury, CT. 06708-1732  | (203) 753-4096   |   |
| West Hartford    | Sage Solutions             | PO Box 272322<br>West Hartford, CT 06127            | (888) 206-1950<br><a href="mailto:Kfreda@sagesolutions.com">Kfreda@sagesolutions.com</a> | <a href="https://sagesolutions.com">https://sagesolutions.com</a> |
| West Hartford    | Shelby Warner              | 805 Farmington Avenue<br>West Hartford, CT 06119    | (860) 202-3442   |   |
| West Hartford    | Anne M. Danaher            | 333 Bloomfield Ave<br>West Hartford, CT. 06117-1500 | (860) 236-1927   |   |
| West Hartford    | Ann Leabman                | 333 Bloomfield Ave<br>West Hartford, CT. 06117-1500 | (860) 236-1927   |   |
| West Hartford    | Carolyn Gold Levine        | 36 Richmond Ln<br>West Hartford, CT 06117-1628      | (860) 236-3700   |   |
| Westport         | Marcy Puklin               | 1 Victoria Ln, Westport, CT<br>06880-2155           | (203) 227-5752   |   |
| Westport         | Jill Cohen                 | 17 Quintard Pl # 1<br>Westport, CT 06880- 5634      | (203) 319-1896   |   |
| Westport         | Francine Sweiger           | 17 Quintard Pl # 1<br>Westport, CT 06880- 5634      | (203) 319-1896   |   |
| West Springfield | Choices Elder Support, LLC | PO Box 1272<br>West Springfield MA 01090-1272       | (413) 439-5590   |   |

## Geriatric Care Managers

|              |  |   |  |  |
|--------------|--|---|--|--|
| White Plains | A Dignified Life<br>Barbara Newman<br>Mannix | 199 Main St.<br>White Plains, NY 10601                              | (914) 475-7225<br><a href="mailto:bjn@adignifiedlife.com">bjn@adignifiedlife.com</a> | <a href="http://www.adignifiedlife.com">www.adignifiedlife.com</a> |
| White Plains | Audrey Hiller                                | 21 Bloomingdale Rd.<br>White Plains, NY 10605-1504                  | (914) 997-8644   |  |
| White Plains | Seniorbridge Family<br>Companies (NY) Inc.   | 445 Hamilton Ave. Ste.<br>1041-1054, White Plains<br>NY. 10601-1807 | (914) 949-5060   |  |
| White Plains | Evan Gilder                                  | 40 Prescott Ave.<br>White Plains, NY 10605-3106                     | (914) 946-7725   |  |

# Geriatric Psychiatry and Therapists

| <b>Geriatric Psychiatry and Therapists</b> |   |  |                                  |                            |
|--|---|--|----------------------------------|----------------------------|
| <b>Town</b>                                | <b>Name</b>                                   | <b>Address</b>                                     | <b>Contact</b>                   | <b>Website/Notes</b>       |
| Ansonia                                    | Ansonia CT Psychiatric & Wellness Center      | 111 Wakelee Avenue, 2nd Floor<br>Ansonia, CT 06401 | 203-298-9005                     |                            |
| Ansonia                                    | Hill Health Adult Psychiatric Clinic          | 121 Wakelee Avenue<br>Ansonia CT                   | (203) 503-3000                   |                            |
| Bloomfield                                 | Thelissa Annette Harris MD                    | 299 Seabury Dr.<br>Bloomfield, CT 06002            | (860) 236-2320                   |                            |
| Branford                                   | Branford BHcare                               | 14 Sycamore Way<br>Branford, CT                    | 203-483-2630x2200                |                            |
| Branford                                   | Branford Counseling Center                    | 342 Harbor Street<br>Branford, CT 06405            | 203-481-4248                     | (for Branford residents)   |
| Branford                                   | Kathleen Capen, LCSW                          | 730 Main St.<br>Branford, CT 0640                  | 860-518-5284                     | Clinical Social Worker     |
| Bridgeport                                 | Javier Lopez, MD<br>Neil P. Dolan, MD         | 267 Grant St.<br>Bridgeport, CT.<br>06610          | (203) 384-3897                   |                            |
| Bridgeport                                 | Neil P. Dolan MD                              | 267 Grant St.<br>Bridgeport, CT.<br>06610          | (203) 384-3897                   |                            |
| Bridgeport                                 | Javier Lopez MD                               | 267 Grant St.<br>Bridgeport, CT.<br>06610          | (203) 384-3897                   |                            |
| Bronx                                      | Kenneth Robert Cohen MD                       | 130 W. Kingsbridge Rd. 406<br>Bronx, NY 10468      | (914) 472-6849                   |                            |
| Charlestown                                | South Shore Center<br>Brandon Harris Krupp MD | 4649 Old Post Rd A<br>Charlestown, RI 02813        | (401) 789-1367<br>(401) 213-6088 |                            |
| Danbury                                    | Santha T. Kurien MD                           | 27 Hospital Ave. 304<br>Danbury, CT 06810          | (203) 743-3833                   |                            |
| East Haven                                 | East Haven BHcare, Inc.                       | 595 Thompson Avenue<br>East Haven, CT 06512        | 203-468-3297<br>x10              | (for East Haven residents) |

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## Geriatric Psychiatry and Therapists

|             |  |  |                |  |
|-------------|--|--|----------------|--|
| Fairfield   | Neayka Sahay MD                                      | 163 Oldfield Rd<br>Fairfield, CT. 06824                    | (203) 298-0843 |  |
| Farmington  | Touchpoints at<br>Farmington<br>Memory Care Provider | Scott Swamp Rd.<br>Farmington, CT.<br>06032                | (860) 677-7707 |  |
| Farmington  | Martin M. Cooper MD                                  | 270 Farmington<br>Ave. 309 309<br>Farmington, CT.<br>06032 | (860) 677-5570 |  |
| Farmington  | David Steffens MD                                    | 263 Farmington<br>Ave.<br>Farmington, CT.<br>06030         | (860) 679-6700 |  |
| Farmington  | Neha Jain MD   | 263 Farmington<br>Ave.<br>Farmington, CT.<br>06030         | (860) 679-7503 |  |
| Farmington  | Boski Patel MD                                       | 263 Farmington<br>Ave.<br>Farmington, CT.<br>06030         | (860) 679-4733 |  |
| Farmington  | Kristina Frances Zdanys<br>MD                        | 263 Farmington<br>Ave.<br>Farmington, CT.<br>06030         | (860) 679-7503 |  |
| Farmington  | Michael G. Rayel MD                                  | 263 Farmington<br>Ave.<br>Farmington, CT.<br>06030         | (860) 679-6700 |  |
| Glastonbury | Audrey L. Garrett MD                                 | 55 Nye Rd. 102<br>Glastonbury, CT.<br>06033                | (860) 657-3056 |  |
| Glastonbury | Harry Emanuel Morgan<br>Jr. MD                       | 55 Nye Rd. 102<br>Glastonbury, CT.<br>06033                | (860) 657-3056 |  |
| Glastonbury | Mark Weremchuk MD                                    | 219 New London<br>Tpke.<br>Glastonbury, CT.<br>06033       | (860) 633-1543 |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Psychiatry and Therapists

|           |  |   |   |  |
|-----------|--|---|---|--|
| Greenwich | Greenwich Center for Healthy Aging - Joshua Pollack MD             | 5 Perryridge Road<br>Greenwich, CT<br>06830         | 203-863-4373  |  |
| Guilford  | Peter Mohrer MD  | 5 Durham Rd Suite 5B, Guilford, CT<br>06437         | 203- 453-4870   |  |
| Hamden    | Hamden Geriatric and Adult Psychiatry L.L.C.<br>Alan P. Siegal MD  | 60 Washington Avenue Suite 203<br>Hamden, CT 06518  | 203-288-0414  |  |
| Hamden    | CT Psychiatric & Wellness Center                                   | 2446 Whitney Ave<br>Hamden, CT 06518                | 203- 298-9005   |  |
| Hamden    | Alan J Sholomskas MD (CBT)   | 2440 Whitney Ave #16, Hamden, CT<br>06517           | 203- 248-2055   |  |
| Hamden    | Spectrum Psychiatric<br>Farzana Begum MD<br>Lauren C. Mercer MD    | 60 Washington Ave # 304<br>Hamden, CT 06518         | Farzana Begum MD<br>203-281-2890<br>Lauren C. Mercer MD<br>(203) 288-0414 |  |
| Hamden    | The Counseling Center for Elders<br>Laura H. Kaplan LCSW, MPH, OTR | 295 Washington Avenue<br>Hamden, CT 06518           | 203-248-5787  |  |
| Hamden    | Stacey L Salant, CP, PHD (CBT)                                     | 2440 Whitney Avenue, Hamden, Connecticut 06518-3268 | 203-824-6206  |  |
| Harrison  | Irina Martynova MD   | 275 North St.<br>Harrison, NY 10528                 | (914) 925-5277  |  |
| Harrison  | Balkrishna Kalayam MD  | 600 Mamaroneck Ave<br>Harrison, NY 10528            | (914) 468-0874  |  |
| Hartford  | Joanna H Fogg-Waberski MD  | 200 Retreat Ave<br>Hartford, CT. 06106              | (860) 545-7189  |  |
| Hartford  | Raveen Mehendru MD   | 200 Retreat Ave.<br>Hartford, CT. 06106             | (860) 545-7060  |  |
| Hartford  | Julian Offsay MD   | 200 Retreat Ave.<br>Hartford, CT. 06106             | (860) 545-7484  |  |
| Hartford  | Farid Force MD   | 200 Retreat Ave.                                    | (860) 545-7060  |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Psychiatry and Therapists

|                  |                                      |   |                |  |
|------------------|--------------------------------------|---|----------------|--|
|                  |                                      | Hartford, CT. 06106                               |                |  |
| Hartford         | Karen Blank MD                       | 200 Retreat Ave.<br>Hartford, CT. 06106           | (860) 545-7550 |  |
| Hartford         | Radhika Mehendru MD                  | 200 Retreat Ave.<br>Hartford, CT. 06106           | (860) 545-7892 |  |
| Hartford         | Izabella Shuvayev MD                 | 200 Retreat Ave.<br>Hartford, CT. 06106           | (860) 545-7200 |  |
| Hartford         | Jonathan S. Greenberg MD             | 675-Tower Ave. 301<br>Hartford, CT. 06112         | (860) 714-2338 |  |
| Hartford         | Mohammad Ali Akmal Shamsi MD         | 675 Tower Ave. 301<br>Hartford, CT. 06112         | (860) 714-2750 |  |
| Irvington        | James Chingyung Chou MD              | 66 Manor Pond Ln.<br>Irvington, NY 10533          | (914) 591-4868 |  |
| Madison          | Richard O'Sullivan M.D.              | 55 Bradley Road<br>Madison,<br>Connecticut 06443  | 203- 987-6466  |  |
| Mansfield Center | Douglas M Brandt MD                  | 189 Storrs Rd<br>Mansfield Center,<br>CT 06250    | (860) 456-1311 |  |
| Middlebury       | Yuencheng Han MD                     | 850 Straits Tpke.<br>203, Middlebury, CT<br>06762 | (203) 758-2300 |  |
| Mount Kisco      | Howell Evan Schrage MD               | 83 S. Bedford Rd.<br>Mount Kisco, NY<br>10549     | (914) 666-4814 |  |
| New Britain      | Bryan Vincent Boffi MD               | 73 Cedar St.<br>New Britain, CT.<br>06052         | (860) 224-5285 |  |
| New Haven        | Juan Carlos Cleves-Bayon MD          | 32 Elm Street 2nd<br>floor<br>New Haven CT        | 203-745-5278   |  |
| New Haven        | Rosemary Balsam MD                   | 64 Trumbull St<br>New Haven, CT<br>06510          |                |  |
| New Haven        | Fair Haven Behavioral Health         | 50 Grand Avenue<br>New Haven, CT<br>06513         | 203-777-7411   |  |
| New Haven        | Hill Health Adult Psychiatric Clinic | 400 Columbus<br>Avenue, New Haven                 | (203) 503-3000 |  |

## Geriatric Psychiatry and Therapists

|             |  |   |                |  |
|-------------|--|---|----------------|--|
|             | Isis Burgos-Chapman MD                                       | 226 Dixwell Avenue,<br>New Haven<br>911-913 State Street, New Haven<br>60-62 Grant Street, New Haven<br>232 Cedar Street, New Haven |                |  |
| New Haven   | CT Latino Behavioral Health System<br>CMHC - Hispanic Clinic | 34 Park Street<br>New Haven, CT 06519   | 203- 974-5805  |  |
| New Haven   | Robert F. Stern MD   | 340 Whitney Ave<br>New Haven, CT 06511  | (203) 562-9110 |  |
| New Haven   | Drew Shannon MD  | 291 Whitney Ave<br>New Haven, CT 06511  | 203- 624-0570  |  |
| New London  | Naomi Marta Mendelovicz MD                                   | 365 Montauk Ave.<br>New London, CT 06320  | (860) 442-0711 |  |
| Norwalk     | Bart A. Sloan MD   | 71 East Ave HV<br>Norwalk, CT. 06851  | (203) 656-1452 |  |
| Norwalk     | Sudhakar Subbanna Shetty MD                                  | 71 East Ave.<br>Norwalk, CT. 06851  | (203) 656-1452 |  |
| Palmer      | Ricardo A. Mujica, MD  | 40 Wright St.<br>Palmer, MA. 01069  | (413) 370-5285 |  |
| Rock Hill   | Mohammad Dada MD   | 2275 Silas Deane Hwy. 6, Rocky Hill, CT. 06067  | (860) 523-9426 |  |
| Simsbury    | Jay S. Tillman MD  | 558 Hopmeadow St.<br>Simsbury, CT. 06070  | (860) 408-4882 |  |
| Stamford    | Draupathi Easwaran Nambudiri MD                              | 1 Hospital Plz<br>Stamford, CT 06902  | (203) 276-7111 |  |
| Trumbull    | Javier Lopez, MD   | 112 Quarry Road,<br>Suite 160<br>Trumbull, CT 06611   | 203- 551-7350  |  |
| Wallingford | Masonicare Behavioral Health<br>Genevieve Armstrong Henry MD | 657 Masonic Drive<br>Wallingford, CT 06492  | 203-265-5720   |  |

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Yale Connecticut Older Adult Collaboration for Health

## Geriatric Psychiatry and Therapists

|              |                                      |   |                     |  |
|--------------|--------------------------------------|---|---------------------|--|
| Wallingford  | Genevieve Armstrong Henry MD         | 67 Masonic Ave.<br>Wallingford, CT.<br>06492                  | (203) 265-5720      |  |
| Waterbury    | Maria DiTomasso, MD                  | 88 Grandview Avenue<br>Waterbury, CT<br>06708                 | 203-573-6525        |  |
| Waterbury    | Leonard Stern MD                     | 88 Grandview Avenue<br>Waterbury, CT<br>06708                 | 203-573-7265        |  |
| West Haven   | Veterans Administration Hospital     | Campbell Avenue,<br>Building 2 – 3rd floor<br>West Haven, CT  | 203-932-5711 x 2293 |  |
| West Haven   | Marc Patrick Nespoli, MD             | 950 Campbell Ave<br>West Haven, CT<br>06516                   | (203) 598-5886      |  |
| West Haven   | Kirsten Matthews Wilkins, MD         | 950 Campbell Ave<br>West Haven, CT<br>06516                   | (203) 932-5711      |  |
| West Haven   | Louis A Trevisan, MD                 | 950 Campbell Ave<br>West Haven, CT<br>06516                   | (203) 655-1559      |  |
| West Haven   | Hill Health Adult Psychiatric Clinic | 285 Main Street<br>West Haven, CT                             | (203) 503-3000      |  |
| White Plains | Jimmy N. Avari MD                    | 21 Bloomingdale Rd.<br>White Plains, NY<br>10605              | (212) 746-5454      |  |
| White Plains | Robert Claringbold Young MD          | 21 Bloomingdale Rd<br>White Plains, NY<br>10605               | (914) 997-5886      |  |
| White Plains | Yolonda Pickett MD                   | 21 Bloomingdale Rd<br>White Plains, NY<br>10605               | (914) 377-4746      |  |
| Woodbridge   | CT Psychiatric & Wellness Center     | 1 Bradley Road,<br>Suite 404 & 405<br>Woodbridge, CT<br>06525 | 203-298-9005        |  |

## Geriatric Psychiatry and Therapists

|            |   |  |                |  |
|------------|---|--|----------------|--|
| Woodbridge | Michel Jean-Baptiste,<br>M.D., L.L.C5                                   | 270 Amity Rd #132<br>Woodbridge, CT<br>06525 | 203-397-5491   |  |
| Woodbridge | Connecticut Eldercare<br>Solutions<br>Laura H. Kaplan LCSW,<br>MPH, OTR | P.O. Box 3650<br>Woodbridge, CT<br>06525     | 203-878-7619   |  |
| Yonkers    | John J. Wang MD   | 73 Market St.<br>Yonkers, NY 10710           | (914) 848-8030 |  |

# Geriatric Services

| Town  | Address   | Contact  | Website/Notes   |
|---|---|--|---|
| <b>Hartford HealthCare Medical Group</b>                            |   |  |   |
| Avon  | 339 West Main St.<br>Avon, CT. 06001                | 860-696-2150   | <a href="https://hartfordhealthcaremedicalgroup.org">https://hartfordhealthcaremedicalgroup.org</a>                   |
| Bloomfield  | 30 Loeffler Rd.<br>Bloomfield, CT.06002             | 860-380-5150   |   |
| Southington   | 462 Queen St., Suite 301,<br>Southington, CT. 06489 | 860-621-6704<br>Center for Healthy Aging<br>860-628-3830 |   |
| West Hartford   | 445 South Main St.<br>West Hartford, CT 06117       | 860-561-7272   |   |
| Willimantic   | 5 Founders St. Suite 100<br>Willimantic, CT. 06226  | 860-423-9764   |   |
| <b>Connecticut Geriatric Specialty Group<br/>Hebrew Senior Care</b> |   |  |   |
| West Hartford   | 1 Abrahms Boulevard<br>West Hartford, CT. 06117     | 860-218-2300   |   |
| <b>R.E.A.C.H. - Resource for Elderly and Care at Home</b>           |   |  |   |
|   |   | 860-524-3030   | Works with the primary care provider to send an experienced advanced practice provider to the home for health visits. |
| <b>Northeast Medical Group</b>                                      |   |  |   |
| Stratford   | 99 Hawley Lane, 1st Fl.<br>Stratford, CT. 06614     | 855-NEMG-MDS   | <a href="http://www.northeastmedicalgroup.org">www.northeastmedicalgroup.org</a>                                      |
| <b>Northeast Medical Group-Family &amp; Internal Medicine</b>       |   |  |   |
| Westerly  | 45 Wells St. Suite 201<br>Westerly, RI. 02891       | 401-637-7200   |   |
| <b>Center for Geriatrics</b>  |   |  |   |
| Trumbull  | 112 Quarry Rd., Suite<br>150, Trumbull, CT. 06611   | 203-384-3388   |   |
| <b>Palliative Care Services</b>                                     |   |  |   |
| Bridgeport  | 267 Grant St.<br>Bridgeport, CT. 06610              | 203-384-3388   |   |

## COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Pharmacies that Deliver

### ➔ Helpful Sites:

**Prescription Assistance**

CVS Caremark <https://www.caremark.com/wps/portal>

SilverScript <https://www.silverscript.com/>

| <b>Pharmacies that Deliver</b> |                                   |  |                |   |
|--------------------------------|-----------------------------------|--|----------------|---|
| <b>Town</b>                    | <b>Name</b>                       | <b>Address</b>                                       | <b>Contact</b> | <b>Website/Notes</b>  |
| Armonk                         | CVS                               | 450 North Main Street<br>Armonk, NY 10504            | 914-273-1231   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Avon                           | CVS                               | 358 W. Main St.<br>Avon, CT 06001                    | 860-678-8605   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bethel                         | CVS<br><b>Inside Target Store</b> | 7 Stony Hill Rd.<br>Bethel CT. 06801                 | 203-448-1030   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bethel                         | CVS                               | 7 Durant Ave.<br>Bethel, CT. 06801                   | 203-794-9500   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bloomfield                     | CVS                               | 799-824 Park Ave.<br>Bloomfield, CT 06002            | 860-243-1704   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bloomfield                     | CVS                               | 341 Cottage Grove Rd.<br>Bloomfield, CT 06002        | 860-243-8351   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bristol                        | CVS                               | 60 Middle St.<br>Bristol, CT 06010                   | 860-585-0122   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bristol                        | CVS                               | 81 North St.<br>Bristol, CT 06010                    | 860-584-8998   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Bristol                        | CVS                               | 839 Farmington Ave.-<br>Route 6<br>Bristol, CT 06010 | 860-582-8167   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Brookfield                     | CVS                               | 14 Candlewood Lake<br>Rd.<br>Brookfield, CT 06804    | 203-775-9593   | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |

## Pharmacies that Deliver

|               |  |  |               |   |
|---------------|--|--|---------------|---|
| Burlington    | CVS  | 292 Spielman Highway<br>Burlington, CT 06013   | 860-673-8006  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Canton        | CVS  | 111 Albany Tpk.<br>Canton, CT 06019            | 860-693-8077  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Chappaqua     | Walgreens  | 411 King St.<br>Chappaqua, NY 10514            | 914-834-0954  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Charlestown   | CVS  | 3986 Old Post Road<br>Charlestown, RI 02813    | 401-364-0900  | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Clinton       | CVS  | 17 West Main St,<br>Clinton, CT. 06413         | 860-664-9337  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Colchester    | CVS  | 119 South Main Street,<br>Colchester, CT 06415 | 860-537-0711  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Cos Cob       | CVS  | 122 East Putnam Ave<br>Cos Cob, CT 06808       | 203-422-2129  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Danbury       | CVS  | 146 South St.<br>Danbury, CT. 06810            | 203-797-8919  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Danbury       | CVS  | 47-49 Lake Ave. Ext.<br>Danbury, CT. 06811     | 203-778-7471  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Danbury       | CVS  | 303 White St.<br>Danbury, CT. 06811            | 203-790-9485  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Danbury       | CVS  | 35 Padanaram Rd.<br>Danbury, CT. 06811         | 203-730-4870  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Darien        | CVS  | 964 Post Road<br>Darien, CT 06820              | 203-655-6335  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Darien        | Walgreens  | 138 Heights Rd<br>Darien, CT 06820             | 203-698-1457  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| East Hartford | CVS  | 972 Silver Lane, East<br>Hartford, CT 06118    | 860-569-0888  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| East Haven    | Stop & Shop<br>Trolley Square<br>Shopping Center | 370 Hemmingway Ave.<br>East Haven, CT 06512    | 203- 468-7012 | <a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>                                 |

## Pharmacies that Deliver

|              |                                   |  |              |   |
|--------------|-----------------------------------|--|--------------|---|
| East Hampton | CVS                               | 54 East High Street,<br>East Hampton, CT.<br>06424           | 860-267-6853 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| East Lyme    | CVS                               | 9 Chesterfield Road<br>East Lyme, CT 06333                   | 860-739-0276 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| East Lyme    | CVS                               | 58 Pennsylvania Ave.<br>East Lyme, CT. 06357                 | 860-691-0380 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Farmington   | CVS                               | 330 Main St.<br>Farmington, CT 06032                         | 860-677-5047 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Gales Ferry  | CVS                               | 1657 Route 12<br>Gales Ferry, CT. 06335                      | 860-464-0288 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Glastonbury  | CVS                               | 2639 Main St.<br>Glastonbury, CT 06033                       | 860-659-1329 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Glastonbury  | CVS                               | 766 New London Tpk.<br>Glastonbury, CT 06033<br>860-633-4668 | 860-633-4668 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Greenwich    | CVS                               | 99 Greenwich Avenue<br>Greenwich, CT. 06830                  | 203-862-9320 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Groton       | CVS                               | 915 Poquonnock Road<br>Groton, CT 06340                      | 860-446-0144 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Hamden       | Stop & Shop                       | 2335 Dixwell Ave<br>Hamden, CT. 06514                        | 203-428-9615 | <a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>   |
| Hamden       | Walgreens                         | 1697 Whitney Ave<br>Hamden, CT 06517                         | 203-230-0610 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Hartford     | Arrow Pharmacy<br>(DRIVE THROUGH) | 500 Farmington Ave.<br>Hartford, CT 06105                    | 860-522-9289 | <a href="https://www.vitals.com/pharmacy/3z5hs8/arrow-prescription-center-farmington">https://www.vitals.com/pharmacy/3z5hs8/arrow-prescription-center-farmington</a> |
| Hartford     | CVS                               | 777 Main St.<br>Hartford, CT 06103                           | 860-244-9424 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Hartford     | CVS                               | 566 Farmington Ave.<br>Hartford, CT 06105                    | 860-233-9673 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |

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## Pharmacies that Deliver

|            |             |  |               |   |
|------------|-------------|--|---------------|---|
| Hartford   | CVS         | 150 Washington St.<br>Hartford, CT 06106   | 860-595-1750  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 479 Blue Hills Ave<br>Hartford, CT 06112   | 860-769-6870  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 690 Wethersfield Avenue<br>Hartford, CT 06114                                    | 806-296-1155  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 908 Maple Ave<br>Hartford, CT 06114  | 860-956-7107  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 16 Main St.<br>East Hartford, CT 06118   | 860-568-1700  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 20 Burnside Ave.<br>East Hartford, CT 06118                                      | 860-290-2091  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | CVS         | 1044 Boulevard<br>West Hartford, CT 06119  | 860-236-9348  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Hartford   | Walgreens   | 1291 Albany Ave<br>Hartford, CT. 06112   | 860-560-1881  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Hebron     | CVS         | 10 Main Street,<br>Hebron, CT 06248  | 860-228-3888  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Larchmont  | Walgreens   | 1333 W. Boston Post Rd.<br>Larchmont, NY 10538                                   | 914-834-0954  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Lisbon     | CVS         | 195 River Road<br>Lisbon, CT. 06351  | 860-823-2961  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Litchfield | CVS         | 266 West St.<br>Route 202<br>Litchfield, CT 06759                                | 860-567-0856  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Madison    | CVS         | Northeast Intersection of 613 Boston Post Road and Route 79<br>Madison, CT 06443 | 203-245-3165  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Milford    | Stop & Shop | 1360 E. Towne Rd.<br>Milford, CT 06460   | 203- 877-1841 | <a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>                                 |

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## Pharmacies that Deliver

|             |                                   |   |               |   |
|-------------|-----------------------------------|---|---------------|---|
| Montville   | CVS                               | 601 CT-32<br>Montville, CT 06382  | 860-848-7979  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Mystic      | CVS                               | 25 Broadway Ave,<br>Corner of East Main<br>Mystic, CT. 06355            | 860-536-5635  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Naugatuck   | CVS                               | 98 Bridge Street<br>Naugatuck, CT 06770                                 | 203-723-1172  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| New Britain | CVS                               | 475 Hartford Rd.<br>New Britain, CT 06053<br><b>Inside Target Store</b> | 860-348-9163  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| New Canaan  | Walgreens                         | 36 Pine St. New<br>Canaan, CT 06840                                     | 203-801-0121  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| New Haven   | CVS                               | 123 Church St.<br>New Haven, CT 06510                                   | 203-498-9442  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy-address/123+Church+St-New+Haven-CT-06510">https://www.cvs.com/store-locator/cvs-pharmacy-address/123+Church+St-New+Haven-CT-06510</a> |
| New Haven   | Hancock Pharmacy VII              | 306 Grand Ave.<br>New Haven, CT 06513                                   | 203-776-7100  | <a href="http://www.hancockrx.com/">http://www.hancockrx.com/</a>   |
| New Haven   | Rite Aid Pharmacy (DRIVE Through) | 249 Legion Ave,<br>New Haven, CT 06519                                  | 203- 492-0090 | <a href="https://www.riteaid.com/locations/ct/new-haven/249-legion-avenue.html">https://www.riteaid.com/locations/ct/new-haven/249-legion-avenue.html</a>                                     |
| New Haven   | Stop & Shop                       | Dwight Place<br>150 Whalley Ave.<br>New Haven, CT. 06515                | 203-503-0105  | <a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>   |
| New Haven   | Walgreens                         | 88 York St<br>New Haven, CT 06511                                       | 203-752-9893  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| New London  | CVS                               | 817 Bank Street<br>New London, CT 06320                                 | 860-443-5359  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| New Milford | CVS                               | 40 East St.<br>New Milford, CT 06776                                    | 860-354-4455  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Newington   | CVS                               | 1181 Main St.<br>Newington, CT. 06111<br>860-667-1888                   | 860-667-1888  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |
| Newtown     | CVS                               | 6 Queen St.<br>Newtown, CT. 06470                                       | 203-426-2595  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a>   |

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## Pharmacies that Deliver

|               |             |   |               |   |
|---------------|-------------|---|---------------|---|
| Newtown       | Stop & Shop | Sand Hill Plaza<br>228 S. Main St.<br>Newtown, CT. 06470  | 203-270-0827  | (Mail Delivery Only)<br><a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>         |
| North Haven   | Stop & Shop | 79 Washington Ave.<br>North Haven, CT 06473               | 203-234-1757  | <a href="https://stores.stopandshop.com">https://stores.stopandshop.com</a>                                 |
| Norwalk       | CVS         | 696 West Ave<br>Norwalk CT. 06850                         | 203-866-0949  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Norwalk       | CVS         | 6 Willard Road<br>Norwalk CT. 06851                       | 203-750-6901  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Norwalk       | CVS         | 327 Main Ave.<br>Norwalk CT. 06851                        | 203-847-2351  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Norwalk       | CVS         | 281 Connecticut Ave<br>Norwalk CT. 06854                  | 203-299-5486  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Norwalk       | Walgreens   | 235 Main St.<br>Norwalk, Ct. 06851                        | 203-845-8767  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Norwich       | CVS         | 372 West Main Street<br>Norwich, CT. 06360                | 860-887-5970  | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Old Greenwich | CVS         | 225 Sound Beach Ave                                       | 203-6987-4006 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Old Saybrook  | CVS         | 519 Boston Post Road<br>Old Saybrook, CT.<br>06475        | 860-388-1145  | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Ossining      | Walgreens   | 78 Croton Ave.<br>Ossining, NY 10562                      | 914-923-2974  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Pawcatuck     | CVS         | 37 S. Broad St.<br>Pawcatuck, CT 06379                    | 860-599-4030  | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Plainfield    | CVS         | 10 Lathrop Road<br>Plainfield, CT. 06374                  | 860- 564-2111 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Plainville    | CVS         | 14 Farmington Ave<br>Plainville, CT 06062<br>860-793-9248 | 860-793-9248  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Ridgefield    | CVS         | 467 Main St.<br>Ridgefield, CT 06877                      | 203-431-8888  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Ridgefield    | CVS         | 720 Branchville Rd.<br>Ridgefield, CT. 06877              | 203-544-7094  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |

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## Pharmacies that Deliver

|             |                            |   |               |   |
|-------------|----------------------------|---|---------------|---|
| Riverside   | CVS                        | 1239 East Putnam Ave.<br>Riverside, CT. 06878             | 203-6987-4006 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Riverside   | Walgreens                  | 1333 Putnam Ave,<br>Riverside, CT. 06878                  | 203-637-1496  | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Rye Brook   | CVS                        | 253 South Ridge Street<br>Rye Brook, NY 10573             | 914-937-2220  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Rye Brook   | CVS                        | 182 South Ridge Street<br>Rye Brook, NY 10573             | 914-937-2220  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Rye         | CVS                        | 1121 Boston Post Road<br>Rye, NY 10580                    | 914-921-4192  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Southbury   | CVS                        | 22 Depot Hill Rd.<br>Southbury, CT 06488                  | 203-262-1831  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Southington | CVS<br>Inside Target Store | 600 Executive Blvd.<br>Southington, CT 06489              | 860-406-6755  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Southington | CVS                        | 724 Queen St.<br>Shop Rite Plaza<br>Southington, CT 06489 | 860-621-7371  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 1058 Hope Street<br>Stamford, CT 06907                    | 203-325-5172  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 11 Forest Street<br>Stamford, CT 06901                    | 203-363-0627  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 1938 West Main ST.<br>Stamford, CT. 06902                 | 203-323-7864  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 21 Broad Street<br>Stamford, CT. 06901                    | 203-388-0038  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 221 Hope Street<br>Stamford, CT. 06906                    | 203-921-1313  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford    | CVS                        | 537 Canal Street<br>Stamford, CT. 06902                   | 203-323-1293  | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |

## Pharmacies that Deliver

|            |           |  |              |   |
|------------|-----------|--|--------------|---|
| Stamford   | CVS       | 593 Newfield Ave.<br>Stamford, CT. 06905                                 | 203-967-4600 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford   | CVS       | 66 High Ridge Road<br>Stamford, CT. 06905                                | 203-541-3972 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Stamford   | Walgreens | 1203 High Ridge Rd.<br>Stamford, CT 06905                                | 203-322-7669 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Thornwood  | Walgreens | 35 Kensico Rd.<br>Thornwood, NY 10594                                    | 914-747-0239 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Torrington | CVS       | 661 Main St.<br>Torrington, CT 06790                                     | 860-482-8298 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Torrington | CVS       | 1922 E. Main St.<br>Torrington, CT 06790                                 | 860-618-4008 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Unionville | CVS       | Rivers Edge Plaza<br>45 South Main St.<br>Unionville, CT 06032           | 860-675-9210 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Uncasville | CVS       | 2005 Norwich New<br>London Tpke.<br>Uncasville, CT. 06382                | 860-848-3202 | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Waterbury  | CVS       | 300 Chase Ave<br>Waterbury, CT 06704                                     | 203-437-3674 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Waterbury  | CVS       | 2000 North Main St.<br>Waterbury, CT 06704                               | 203-591-3081 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Waterbury  | CVS       | 526 Meriden Rd.<br>Waterbury, CT 06705                                   | 203-465-7055 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Waterbury  | CVS       | 464 Reidville Dr.<br>Waterbury, CT 06705                                 | 203-596-0909 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Waterbury  | CVS       | 1279 West Main St.<br>Robinwood Shopping<br>Plaza<br>Waterbury, CT 06708 | 201-755-5490 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Waterford  | CVS       | 900 Hartford Tpke.<br>Waterford,   | 860-443-3171 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |

## Pharmacies that Deliver

|               |                                   |   |              |   |
|---------------|-----------------------------------|---|--------------|---|
| Waterford     | CVS                               | 106 Boston Post Road<br>Waterford, CT. 06385                                    | 860-443-1244 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Watertown     | CVS                               | 26 Davis St.<br>Watertown, CT 06779   | 860-945-3390 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS                               | 150 South Main St.<br>West Hartford, CT<br>06107                                | 860-561-6164 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS                               | 976 Farmington Ave,<br>Hartford, CT 06107                                       | 860-521-5844 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS                               | 1240 Farmington Ave.<br>W. Hartford, CT 06107                                   | 860-521-9877 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS                               | 1099 New Britain Ave.<br>Corner of Newington<br>Rd., West Hartford, CT<br>06110 | 860-236-6181 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS<br><b>Inside Target Store</b> | 333 North Main St.<br>West Hartford, CT<br>06117                                | 860-231-7979 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | CVS                               | 344 N Main St.<br>West Hartford, CT<br>06117                                    | 860-231-9573 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| West Hartford | Walgreens                         | 940 Quaker Ln. S.<br>West Hartford, CT<br>06110                                 | 860-231-7665 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Westerly      | CVS                               | 150 Granite Street<br>Westerly, RI 02891  | 401-348-2070 | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Westerly      | CVS                               | 151 Franklin Street<br>Westerly, RI 02891                                       | 401-596-8182 | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Westport      | Walgreens                         | 880 Post Rd. East<br>Westport, CT 06880   | 203-226-8452 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |
| Wethersfield  | CVS                               | 1078 Silas Deane<br>Highway<br>Wethersfield, CT 06109                           | 860-529-2535 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Willimantic   | CVS                               | 1200 Main Street<br>Hebron, CT 06248  | 860-456-5931 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |

## Pharmacies that Deliver

|         |           |  |              |   |
|---------|-----------|--|--------------|---|
| Wilton  | CVS       | 93 Old Ridgefield Road,<br>Wilton, CT. 06897 | 203-762-5020 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Windsor | CVS       | 484 Windsor Ave<br>Windsor, CT 06095         | 860-947-5078 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Windsor | CVS       | 219 Broad St.<br>Windsor, CT 06095           | 860-298-5925 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Winsted | CVS       | 47 Main St.<br>Winsted, CT 06098             | 860-738-6250 | <a href="https://www.cvs.com/store-locator/cvs-pharmacy">https://www.cvs.com/store-locator/cvs-pharmacy</a> |
| Wyoming | CVS       | 1187Main Street,<br>Wyoming, RI 02898        | 401-539-4000 | <a href="https://www.cvs.com">https://www.cvs.com</a>   |
| Yonkers | Walgreens | 1230 Nepperhan Ave.<br>Yonkers, NY 10703     | 914-969-7944 | <a href="https://www.walgreens.com">https://www.walgreens.com</a>   |

# Podiatry Home Care

Door Bell Barber & Salon Services (Statewide, Southeastern New York State, Westerly RI) [www.doorbellbarbers.com](http://www.doorbellbarbers.com)

Manicure/Pedicure/Podiatrist on staff

Contact: 1-800-887-4524 Email Support: [Bookings@DoorBellBarbers.com](mailto:Bookings@DoorBellBarbers.com)

| <b>Podiatry Home Care</b> |   |  |  |  |
|---------------------------|---|--|--|--|
| <b>Town</b>               | <b>Name</b>   | <b>Address</b>                                   | <b>Contact</b>   | <b>Website/Notes</b>   |
| N/A                       | Mobile Foot Doctor<br>Stephen A. Irrera,<br>D.P.M.        |  | 1-866-614-3668<br>e-mail:<br>sirreradpm2mo<br>bilefootdoctor.c<br>om | <a href="http://www.mobilefootdoctor.com">www.mobilefootdoctor.com</a> |
| Branford                  | Branford/East Haven<br>Foot Care                          | 1224 Main Street<br>Branford, CT                 | (203) 488-7864   |  |
| Central CT                | Manchester Podiatry<br>Center, P.C<br>Dr. Kenneth Wichman |  | 1-888-804-7180   | <a href="http://www.ctfootdoctor.com">www.ctfootdoctor.com</a>         |
| East Haven                | Branford/East Haven<br>Foot Care                          | 365 Hemingway<br>Avenue<br>East Haven, CT        | (203) 466-1410   |  |
| Milford                   | Karen White, DPM  | 531 New Haven<br>Milford, CT                     | (203) 877-4469   |  |
| West Haven                | Thomas G. LaPointe  | 323 Center Street<br>Suite #B6<br>West Haven, CT | (203) 764-0137   |  |

# Prescription Drug Assistance

## NeedyMeds

NeedyMeds is an online information resource of programs that provides assistance to people who are unable to afford their medications and health care costs.

Needy Meds website: <https://www.needymeds.org/>

HELPLINE: (800) 503-6897

## 211 Prescription Expense assistance information:

<file:///C:/Users/amr29/Documents/GWEP%20Year%205/Resource%20Manual%2010.19/Prescription%20Drug%20Assistance%20Programs/prescription-expense-assistance-connecticut.pdf>

# Salon Services

## Mobile Salon Service in the Home or Senior Housing Residence

Some independent salon locations offer home services. Home Health Agencies also offer foot and nail care services as part of home visitation services. To find a local Mobile Beauty Salon search for Mobile Beauty Service in your city on [www.google.com](http://www.google.com) or call your regular salon to see if they offer mobile services or know of someone that does.

### **Doorbell Barber & Salon**

In-Home Services

Statewide/ Southeastern New York/ Westerly RI

1-800-887-4524

### **Doorbell Barbers**

LLC Statewide

Christian Iannucci

(203) 521-8450

### **Mobile Hair Stylists Near Me**

Traveling Stylists

[www.thumbtack.com](http://www.thumbtack.com)

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Yale Connecticut Older Adult Collaboration for Health

## Salon Services

### Mobile Salon Service

| Town  | Name   | Address   | Contact  | Website/Notes   |
|---|--|---|--|---|
| Bloomfield  | Home Spa and Salon Services for Cancer Patients: Milano Salon & Spa                          | 41 Jerome Ave<br>Bloomfield, CT.<br>06002           | <a href="mailto:Cutoutcancer@gmail.com">Cutoutcancer@gmail.com</a><br>860-242-4401 | <a href="https://www.facebook.com/cutoutcancerct">https://www.facebook.com/cutoutcancerct</a> |
| Bridgeport, Darien, Greenwich, New Canaan, Wilton, Weston, Stamford, Redding, Norwalk, Westport, Ridgefield, Southport, Fairfield, Stratford, Shelton | Doorbell Salon In-Home Beauty Service  |   | Phone/TEXT<br>800-887-4524   |   |
| New Haven   | Texture Styles Calling all Crowns  | 141 W Elm St.<br>New Haven CT.<br>068511            | 201-293-8630   |   |
| Stamford  | Mobile Beauty Salon  | 130 Ursula Pl.<br>Stamford, CT 06902                | 203-326-1837   |   |
| West Hartford   | In Home Hair Cuts for Seniors: Griswold Home Care of Hartford, Litchfield and Tolland County | 1100 New Britain Ave<br>West Hartford, CT.<br>06110 | 860-516-0818   |   |
| Woodbridge  | Textures Styles Mobile Hair Stylist: Andrea Nixon  | 175 Amity Road<br>Woodbridge, CT<br>06525           | (203) 293-8630   |   |

# Transportation

Transportation in Eastern Connecticut is provided by a number of entities depending on the geographic location.

Check with your local senior center to see if they provide transportation.

Contact your local Area Agency on Aging for additional “Door Through Door” transportation options.

## Other Resources:

### **Mobility Management/Travel Training**

### **Veteran’s Transportation Programs**

**Area Agencies on Aging - Chaperone support program for seniors, veterans and family caregivers**

| <b>Transportation</b> |   |                |                 |   |
|-----------------------|---|----------------|-----------------|---|
| <b>Town</b>           | <b>Name</b>   | <b>Address</b> | <b>Contact</b>  | <b>Website/Notes</b>  |
| N/A                   | Mercy Medical Angels (MMA)<br>Nationwide Referral Program | N/A            | (757) -318-9174 | Help pay for transit & transportation<br><a href="https://request.angelwheels.org">https://request.angelwheels.org</a>    |
| N/A                   | Patient Airlift Services (PALS)                           | N/A            |                 | Medical Flights & Patient Air Transportation<br><a href="https://palservices.force.com">https://palservices.force.com</a> |
| N/A                   | Angel Flight Northeast, Inc.                              | N/A            | (800)549-9980   | Transportation for healthcare   |
| N/A                   | Veterans Airlift Command                                  | N/A            |                 | Veteran Air Transportation<br><a href="https://www.veteransairlift.org">https://www.veteransairlift.org</a>               |

## Transportation

|               |  |  |   |  |
|---------------|--|--|---|--|
| N/A           | LogistiCare  | N/A  | (855) 330-9131  | Rhode Island Division of Elderly Affairs   |
| N/A           | Housatonic Area Regional Transit (Hart) Sweetheart for Seniors |  | (203) 744-4070  | <a href="http://www.hartransit.com/sweethart">http://www.hartransit.com/sweethart</a>  |
| N/A           | The Kennedy Center, Inc.                                       | N/A  | Laurie McElwee:<br>South Central CT Regional Mobility Manager<br>(860) 333-7302 | <a href="http://www.thekenedycenterinc.org">http://www.thekenedycenterinc.org</a>  |
| N/A           | Know How To Go South Central Connecticut                       | N/A  |   | Mobility Resources in South Central CT<br><a href="http://www.knowhowtogoscct.org">http://www.knowhowtogoscct.org</a>  |
| N/A           | Liberty Community Services                                     | N/A  | (203)-495-1770  | Transportation for healthcare Programs for homeless individuals<br><a href="https://www.libertycs.org">https://www.libertycs.org</a>   |
| Bedford Hills | Katona Ez Ride Taxi  | 85 Crescent Terrace<br>Bedford Hills, NY<br>10507-1301 | (914) 232-2202  |  |
| Bethel        | Bethel Senior Center   | 1 School St.<br>Bethel, CT. 06801-1828                 | (203) 792-3048<br>(203) 794-8593  | <a href="https://www.bethel-ct.gov">https://www.bethel-ct.gov</a><br><br>SweetHart Transportation Service<br><a href="https://www.hartransit.com">https://www.hartransit.com</a> |
| Bethel        | Sheraton Homecare LLC  | 208 G Greenwood Ave. STE 10<br>Bethel, CT. 06801       | (203) 792-2273  |  |
| Branford      | East Shore Regional Adult Day Center Orchard House             | 421 Shore Dr.<br>Branford, CT 06405-6228               | (203) 481-7110  | <a href="https://theorchardhouse.org">https://theorchardhouse.org</a>  |
| Branford      | Shoreline Villages CT  | 1204 Main Street,<br>#128                              | (203) 747-5939  |  |

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## Transportation

|             |  |   |  |   |
|-------------|--|---|--|---|
|             |  | Branford, CT 06405  | <a href="mailto:sylvia@shorelinevillagect.org">sylvia@shorelinevillagect.org</a> |   |
| Bridgeport  | Lifebridge Community Services  | 475 Clinton Ave.<br>Bridgeport, CT.<br>06605                          | (203) 368-5575   | Ryan White HIV/AIDS Services  |
| Bridgeport  | People to Places   | 915 Housatonic Ave<br>Bridgeport, CT<br>06604-2809                    | (203) 336-4806   |   |
| Bridgeport  | Gbtaccess  | 1 Cross St<br>Bridgeport, CT.<br>06610-3212                           | (203) 579-7777   | <a href="http://www.knowhowtogot.org">www.knowhowtogot.org</a>                                      |
| Bridgeport  | Jewish Family Services   | 2370 Park Ave<br>Bridgeport, CT<br>06604-1617                         | (203) 366-5438   |   |
| Bronx       | Disabled American Veterans (DAV)   | 130 West<br>Kingsbridge Rd.<br>Bronx, NY 10468                        |  | <a href="https://www.dav.org">https://www.dav.org</a>   |
| Brookfield  | Total Assurance Home Health Care LLC   | 487 Federal Rd. Unit<br>C-6, Brookfield, CT<br>06804                  | (203) 702-2090   | <a href="https://www.totalassurancehhc.com">https://www.totalassurancehhc.com</a>                   |
| Brookfield  | Brookfield Senior Center   | 100 Pocono Rd.<br>Brookfield, CT.<br>06804-3322                       | (203) 775-5308   | <a href="https://www.brookfieldct.gov/senior-center">https://www.brookfieldct.gov/senior-center</a> |
| Brookfield  | Brookfield FISH  | N/A   | 203-616-9678   | Volunteer Transportation for Medical Appts.   |
| Charlestown | Independent Aging & Living Support Services Southern Rhode Island Volunteers | 100 Park Lane<br>2nd Floor Ninigret Park<br>Charlestown, RI,<br>02813 | (401) 552-7661   |   |
| Cos Cob     | Cab Sam LLC  | 16 Indian Mill Rd<br>Cos Cob, CT 06807-1315                           | (203) 618-0180   |   |
| Cos Cob     | Danny Car Service  | 2 Miami Ct.<br>Cos Cob, CT. 06807-2709                                | (203) 561-3489   |   |
| Danbury     | N M Taxi Company   | 3 Homestead Ave<br>Danbury, CT 06810-6107                             | (203) 797-1111   |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|            |   |   |                                 |   |
|------------|---|---|---------------------------------|---|
| Darien     | Gallivant Program   | 51 Saint Nicholas Rd.<br>Darien, CT 06820-2823            | (203) 656 -2227                 |   |
| Derby      | Valley Emergency Medical Service Inc.                                       | 130 Division St.<br>Derby, CT. 06418-1326                 | (203) 735-7421                  |   |
| East Haven | SYNERGY Home Care   | 152 Saltonstall Pkwy, Unit B<br>East Haven, CT 06512-3012 | (203) 691-5071                  | <a href="https://www.synergyhomecare.com">https://www.synergyhomecare.com</a>         |
| East Haven | Ada's Taxi LLC  | 218 Hemingway Ave<br>East Haven, CT 06512                 | (203) 993-3333                  |   |
| Fairfield  | Fairfield Senior Center   | 100 Mona Ter<br>Fairfield, CT 06824-6493                  | (203) 256-3166                  |   |
| Fall River | The Shepherd's Center of Fall River   | 228 N Main St.<br>Fall River, MA 02720                    | (508) 678-7575                  | Transportation Program  |
| Greenwich  | Home Helpers and Direct Link Home Care                                      | 15 E Putnam Ave Ste 134<br>Greenwich CT. 06830-5424       | (203) 680-9148                  | <a href="https://www.homehelpershomecare.com">https://www.homehelpershomecare.com</a> |
| Greenwich  | Dial-A-Ride of Greenwich  | 37 Lafayette Pl<br>Greenwich, CT 06830-5426               | (203) 661-6633                  |   |
| Greenwich  | Boskello Taxi Inc.  | 3 Fletcher Ave<br>Greenwich, CT 06831-4909                | (203) 531-7046                  |   |
| Guilford   | Comfort Keepers of CT Shoreline   | 722 Village Walk<br>Guilford, CT. 06437-2761              | 203) 493-7564<br>(203) 453-2100 | <a href="https://www.comfortkeepers.com">https://www.comfortkeepers.com</a>           |
| Guilford   | Shoreline Taxi LLC  | 415 Briarwood Dr.<br>Guilford, CT 06437-4808              | (203) 453-4674                  |   |
| Hamden     | Interfaith Volunteer Care Givers (IVCG) Of Greater New Haven Transportation | 30 Gillies Rd.<br>Hamden, CT. 06517                       | (203) 230-8994                  |   |

## Transportation

|             |  |   |  |  |
|-------------|--|---|--|--|
| Katonah     | RideConnect of Westchester                   | 2875 Route 35,<br>Suite 6S-5<br>Katonah, NY 10536 | (914)-242-7433   | Transportation Counselors<br><a href="http://www.rideconnectwestchester.org">www.rideconnectwestchester.org</a>                              |
| Katonah     | Katona Taxi Service & Transportation         | 78 Greenville Rd<br>Katonah, NY 10536-1524        | (914) 232-4949   |  |
| Madison     | Comfort Keepers                              | 150 Boston Post Road<br>Madison, CT. 06443        | (203) 295-7019   | <a href="https://www.comfortkeepers.com">https://www.comfortkeepers.com</a>  |
| Madison     | Madison Ambulance Association Inc            | 9 Old 79<br>Madison, CT. 06443-9821               | (203) 245-9821<br><a href="mailto:contactus@madisonctems.org">contactus@madisonctems.org</a> |  |
| Madison     | Madison Ambulance Association Inc.           | 9 Old 79<br>Madison, CT. 06443-2604               | (203) 245-9821   |  |
| Mamaroneck  | Westchester Family Care Inc.                 | 1 Depot Plaza Ste 2<br>Mamaroneck, NY 10543-1848  | (914) 223-8067   | (Uber Health Partner & Assisted Transportation)<br><a href="https://www.westchesterfamilycare.com">https://www.westchesterfamilycare.com</a> |
| Meridan     | Hunter's Ambulance & Transportation Services | 450 W. Main St.<br>Meridan, CT. 06451-2766        | (203) 235-3369   | <a href="https://www.huntersamb.com">https://www.huntersamb.com</a>  |
| Milford     | Milford Transit District                     | 259 Research Dr.<br>Milford, CT 06460-8526        | (203) 874-4507   | <a href="http://www.milfordtransit.com">http://www.milfordtransit.com</a>  |
| Milford     | Orange Taxi Cab Co.                          | 524 New Haven Ave.<br>Milford, CT. 06460-3618     | (203) 877-1460   |  |
| Mount Kisco | Mount Kisco Volunteer Ambulance Corps Inc.   | 310 Lexington Ave,<br>Mount Kisco, NY 10549-2710  | (914) 241-1126   | (by appointment or charter)  |
| Mount Kisco | Westchester EMS                              | 45 Kensico Drive<br>Mt. Kisco, NY 10549           | (914) 244-0440   | (Non-emergency transport services)<br><a href="https://www.wemsny.org/services">https://www.wemsny.org/services</a>                          |
| Mount Kisco | Westfair Rides                               | 487 East Main St.,                                | (914) 764-3533   |  |

## Transportation

|               |  |  |                |   |
|---------------|--|--|----------------|---|
|               |  | Mount Kisco, NY<br>10549   |                |   |
| Mount Kisco   | CLC Transportation Inc.                      | 103 S. Bedford Rd<br>Ste. 102, Mount<br>Kisco, NY 10549-<br>3452 | (914) 241-0112 | <a href="https://www.clctransportation.com">https://www.clctransportation.com</a>                           |
| Mount Kisco   | Ernie's Taxi Inc.                            | Kirby Plaza<br>Mount Kisco, NY.<br>10549                         | (914) 666-7373 |   |
| Mount Kisco   | VIP Taxi's of Mount<br>Kisco                 | 2635 Carmel Ave<br>Mount Kisco, NY<br>10549                      | (914) 666-8294 |   |
| Mount Kisco   | My Second Home                               | 95 Radio Circle Dr.<br>Mount Kisco, NY<br>10549-2611             | (914)241-0770  |   |
| Narragansett  | Community Senior<br>Center                   | 53 Mumford Rd<br>Narragansett, RI<br>02882-3211                  | (401) 782-0675 |   |
| Naugatuck     | Where the Heart Is                           | 246 Rubber Ave<br>Naugatuck, CT.<br>06770-3939                   | (203) 720-9311 |   |
| Naugatuck     | Naugatuck Senior<br>Center                   | 300 Meadow St.<br>Naugatuck, CT.<br>06770-4038                   | (203) 720-7069 | (Mini-bus available<br>call ahead)<br><a href="http://www.naugatuck-ct.gov">http://www.naugatuck-ct.gov</a> |
| New Canaan    | Getabout<br>Transportation                   | 66 Main St.<br>New Canaan, CT<br>06840-4711                      | (203) 972-7433 |   |
| New Fairfield | New Fairfield Senior<br>Center               | 33 CT-37<br>New Fairfield, CT<br>06812                           | (203) 312-5665 | <a href="http://www.newfairfieldseniorcenter.com/">http://www.newfairfieldseniorcenter.com/</a>             |
| New Haven     | Road to Recovery<br>Columbus House           | 258 Ella T. Grasso<br>Boulevard<br>New Haven, CT<br>06519        | (800) 563-4086 | Transportation for<br>Healthcare  |
| New Haven     | Homeless Engagement<br>Fellowship Place Inc. | 441 Elm St.<br>New Haven, CT.<br>06511                           | (203) 401-4227 | Transportation for<br>Healthcare  |
| New Haven     | Ecuamex Taxi                                 | 254 Grand Ave. Apt.<br>5   | (203) 466-4000 |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|                 |   |  |   |   |
|-----------------|---|--|---|---|
|                 |   | New Haven CT.<br>06513-3725                            |   |   |
| New Haven       | American Medical Response of Connecticut Inc.           | 55 Church St, Fl 6<br>New Haven, CT<br>06510-3014      | (203) 748-2000                            |   |
| New Haven       | American Medical Response                               | 58 Middletown Avenue<br>New Haven, CT<br>06513         | (203) 781-1108<br>(203) 781-1339<br>(fax) | <a href="http://www.amr.net">http://www.amr.net</a>   |
| New Haven       | Quick Taxi  | 99 Edgewood Ave,<br>Apt. 40<br>New Haven, CT.<br>06511 | (203) 777-7778                            |   |
| New Haven       | New Haven Yellow Taxi                                   | 148 Fitch St,<br>New Haven, CT.<br>06515-1321          | (203) 777-7770                            |   |
| New Haven       | City Wide Taxi  | 119 Rock Creek Rd.<br>New Haven, CT<br>06515-1289      | (203) 777-0007                            |   |
| Newington       | Medical Transportation Disabled American Veterans (DAV) | 555 Willard Avenue<br>Newington, CT<br>06111           |   | <a href="https://www.dav.org/veterans/i-need-a-ride/">https://www.dav.org/veterans/i-need-a-ride/</a> |
| New London      | New London Senior Center Transportation Services        | 120 Broad Street<br>New London, CT<br>06320            | (860) 447-5232                            |   |
| North Kingstown | Friends in Service to Humanity (FISH)                   | 44 Beach St.<br>North Kingstown, RI<br>02852-5745      | (401) 295-1121                            |   |
| North Kingstown | Town of North Kingstown Transportation                  | 10 Beach St.<br>North Kingstown, RI<br>02852-5745      | (401) 268-1590                            |   |
| Norwalk         | Norwalk Transit District                                | 275 Wilson Ave<br>Norwalk, CT 06854-4615               | (203) 299-5180                            |   |
| Norwalk         | Fish Transportation of Norwalk                          | 1 Park St.<br>Norwalk, CT 06851                        | (203) 229-9727                            | (Volunteer service)   |
| Norwalk         | M C Express Car Service, LLC                            | Hadik Pkwy<br>Norwalk, CT. 06854                       | (203) 505-6075                            |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|                 |  |   |   |   |
|-----------------|--|---|---|---|
| Norwich         | Transitions Martin House<br>Transportation for Healthcare                                | 401 West Thames Street<br>Norwich, CT 06360               | (860) 889-6150<br><a href="mailto:paulao@martinhousect.org">paulao@martinhousect.org</a>  |   |
| Norwalk         | American Red Cross Motor Service   | 43 North Ave.<br>Norwalk, CT. 06851-3816                  | (203) 869-8444  |   |
| Providence      | Beneficiary Travel (BT) for Veterans   | 830 Chalkstone Ave.<br>Providence, RI 02908               | (401) 273-7100 ext. 3483  | VHA Providence VA Medical Center  |
| Providence      | Interim Healthcare of RI   | 245 Waterman St.<br>Ste 308, Providence, RI 02906-5215    | (401) 272-3520  |   |
| Redding         | Heritage Center<br>Town of Redding CT  | 37 Lonetown Rd.<br>Redding, CT 06896                      | (203) 938-9703  | Transportation for healthcare   |
| Riverside       | Greenwich Emergency Medical Services   | 1111 E. Putnam Ave. Ste. 102<br>Riverside, CT. 06878-1335 | (203) 637-7505  | <a href="http://www.greenwichems.org">http://www.greenwichems.org</a>                           |
| Sandy Hook      | Newtown Senior Center  | 14 Riverside Rd<br>Sandy Hook, CT 06482-1219              | Newtown Senior Center<br>(203) 270-4310<br>Newtown FISH Medical Drivers<br>1-800-794-0034<br>SweetHart Transportation<br>(203) 748-2511 | <a href="https://www.newtown-ct.gov/senior-center">https://www.newtown-ct.gov/senior-center</a> |
| Shelton         | Valley Interfaith Caregivers, Inc  | 183 Howe Ave<br>Shelton, CT 06484-3323                    | (203) 922-1201  |   |
| Smithfield      | Generations  | 267 Jenckes Hill Rd.<br>Smithfield, RI 02917              | (401) 725-6400  | Transportation for healthcare   |
| South Kingstown | Rhode Island Connect Care Choice for the Elderly<br>Rhode Island Dept. of Human Services | 4808 Tower Hill Rd.<br>South Kingstown, RI 02879          | (800)-964-6211  |   |
| Southbury       | Cab Group LLC  | 1 Pomperaug Office Park Ste. 204                          | (203) 264-2904  |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|            |  |   |   |   |
|------------|--|---|---|---|
|            |  | Southbury, CT.<br>06488-2295                            |   |   |
| Southbury  | Southbury Ambulance Assoc. Inc             | 68 Georges Hill Rd.<br>Southbury, CT.<br>06488-2613     | (203) 262-8082  |   |
| Southbury  | Always Best Care of Western CT.            | 88 Main St. S STE 301<br>Southbury, CT<br>06488-2667    | (203) 262-6170  |   |
| Southbury  | Lutheran Home of Southbury                 | 990 Main Street North<br>Southbury, CT<br>06488         | (203)-264-9135  | <a href="https://lhsouthbury.com">https://lhsouthbury.com</a>                 |
| Stamford   | Stamford Senior Services                   | 945 Summer St.<br>Stamford, CT 06905-5557               | (203) 324-6584  |   |
| Stamford   | Fairfield Family Care                      | 27 5th St<br>Stamford, CT.<br>06905-5013                | (203) 295-3477  | <a href="https://fairfieldfamilycare.com">https://fairfieldfamilycare.com</a> |
| Stamford   | Yes Taxi                                   | 35 Shippan Ave. Ext.<br>Stamford, CT.<br>06902-4034     | (203) 964-9591  |   |
| Stamford   | Senior Concierge Services LLC              | 89 Blue Ridge Dr.<br>Stamford, CT. 06903                | (203) 716-1242  |   |
| Stratford  | Stratford Bus Dispatcher                   | 1000 W. Broad St.<br>Stratford, CT.<br>06615- 6359      | (203) 385-4051  |   |
| Stratford  | Curtin Transportation                      |   | (860) 443-1655  | <a href="http://curtinlivery.com">http://curtinlivery.com</a>                 |
| Trumbull   | Senior Transportation                      | 23 Priscilla Pl.<br>Trumbull, CT 06611-5123             | (203) 452-5137  |   |
| Trumbull   | Loving Care                                | 915 Daniels Farm Rd<br>Trumbull, CT 06611-2606          | Toll-Free<br>(877)-743-5728   |   |
| Uncasville | Eastern CT. Transportation Consortium, Inc | 601 Norwich-New London Turnpike<br>Uncasville, CT 06382 | <a href="mailto:ectcmobility@ctcinc.com">ectcmobility@ctcinc.com</a><br>(860) 848-5910<br>(Press #2 for Reservations) |   |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|                    |   |  |                             |  |
|--------------------|---|--|-----------------------------|--|
| Wakefield          | Seniors Helping Others                  | 25 Saint Dominic Rd<br>Wakefield, RI<br>02879-1878 | (401) 789-2362              |  |
| Waterbury          | Greater Waterbury Transit District      | 67 Farrington Ave<br>Waterbury, CT.<br>06706-1909  | (203) 756-5550              | <a href="https://gwtd.org">https://gwtd.org</a>  |
| Waterbury          | Curtin Transportation                   | 77 Store Ave<br>Waterbury, CT.<br>06705-1444       | (203) 753-4191              | <a href="http://curtinlivery.com">http://curtinlivery.com</a>  |
| Waterbury          | Mt. Olive Senior Center                 | 82 Pearl St. # 100<br>Waterbury, CT.<br>06704      | (203) 574-1113              |  |
| Waterbury          | The Be Well Bus                         | 64 Robbins St.<br>Waterbury, CT.<br>06708-2613     | (203) 573-7711              | <a href="https://www.waterburyhospital.org">https://www.waterburyhospital.org</a>  |
| Waterford          | Comfort Keepers                         | 758 Broad St. Ext.<br>Waterford, CT.<br>06385      | (203) 295-7019              | <a href="https://www.comfortkeepers.com">https://www.comfortkeepers.com</a>  |
| Waterford          | Curtin Transportation                   |  | (860) 443-1655              | <a href="http://curtinlivery.com">http://curtinlivery.com</a>  |
| Waterford          | Town of Waterford Senior Transportation | 24 Rope Ferry Road,<br>Waterford, CT<br>06385      | (860) 444-5839              | <a href="http://www.waterfordct.org/senior-services/pages/transportation">www.waterfordct.org/senior-services/pages/transportation</a> |
| Westchester County | Assisted Transportation Services        | Westchester County, NY                             | (914) 902-1808              | Patient Transport services<br><a href="https://assistedtransport.com/home">https://assistedtransport.com/home</a>                      |
| Westerly           | Westerly Ambulance Corps Inc.           | 30 Chestnut St<br>Westerly, RI 02891-2269          | (401) 596-4375              |  |
| Westerly           | Eagle Cab Corp.                         | 26 Riverdale Rd.<br>Westerly, RI 02891-2824        | (401) 596-0622              |  |
| Westerly           | B & C Transportation Inc.               | 31 Canal St.<br>Westerly, RI 02891-1511            | (401) 596-8294              |  |
| West Haven         | Medical Transportation                  | 950 Campbell Ave.<br>West Haven, CT.<br>06516      | (203) 932-5711<br>ext. 3298 |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

## Transportation

|              |   |   |                                  |   |
|--------------|---|---|----------------------------------|---|
|              | Disabled American Veterans (DAV)  |   |                                  |   |
| West Haven   | Beneficiary Travel (BT) for Veterans<br>VHA – VA Connecticut Healthcare System<br>West Haven Campus | 950 Campbell Ave.<br>West Haven, CT 06516               | (503)-273-5044                   | Help pay for transit, transportation for healthcare   |
| White Plains | Right at Home Transport<br>(Powered by Lyft)  | 180 S. Broadway Ste. 310<br>White Plains, NY 10605-1820 | (914) 468-1944                   | <a href="https://www.rightathome.net/westchester/services/transportation">https://www.rightathome.net/westchester/services/transportation</a> |
| Wilton       | Dial-A-Ride of Wilton   | 180 School Rd.<br>Wilton, CT. 06897-2527                | (203) 834-3737                   |   |
| Wolcott      | Aging Better at Home LLC  | 713 Wolcott Rd<br>Wolcott, CT. 06716-2426               | (203) 441-4422                   |   |
| Woodbridge   | Visiting Angels   | 264 Amity Rd. # 208<br>Woodbridge CT 06525              | (203) 298-9700<br>(877) 618-4748 | <a href="https://www.visitingangels.com">https://www.visitingangels.com</a>   |
| Yalesville   | Logisticare   | PO Box 4141<br>Yalesville, CT 06492-1491                | (888) 248-9895                   | (DSS Clients Only in Bridgeport Area)<br><a href="https://www.logisticare.com">https://www.logisticare.com</a>                                |

# Transportation

## Mobility Management/Travel Training

Finding solutions for personal transportation needs can be challenging for older adults. Mobility managers sort through and coordinate available transportation options to find the best choice for each individual.

## The Kennedy Center, Inc. Mobility Services

Travel Training Program - Teaches seniors and individuals with disabilities how to travel independently and safely throughout the community using public transportation services.

### **Mobility Services, Department**

The Kennedy Center, Inc.  
2440 Reservoir Avenue  
Trumbull, CT 06611  
(203) 365-8522 ext. 2950  
FAX: 1-203-306-3001  
traveltraining@kennedyctr.org

## **Regional Mobility Information - Manager Contacts**

| <b>Name</b>     | <b>Title</b>  | <b>Contact</b>  | <b>Website/Notes</b>   |
|-----------------|---|---|--|
| Mary Rosenbauer | ADA Transit Assessment Coordinator                  | (203)-893-3711<br><a href="mailto:mrosenbauer@kennedyctr.org">mrosenbauer@kennedyctr.org</a>                          |  |
| Laurie McElwee  | Mobility Manager South Central Region               | (860)-333-7303<br><a href="mailto:lmcelwee@kennedyctr.org">lmcelwee@kennedyctr.org</a>                                | Facebook: Laurie Mobility<br><a href="http://www.knowhowtogoscct.org">www.knowhowtogoscct.org</a>          |
| Meg Haffner     | Mobility Manager, Southwestern CT                   | (203)-512-4174<br><a href="mailto:mhaffner@kennedyctr.org">mhaffner@kennedyctr.org</a>                                | Facebook: Know How to Go! Southwest CT<br><a href="http://www.knowhowtogoct.org">www.knowhowtogoct.org</a> |
| April Chaplin   | Mobility Manager, Northwest Region                  | (475)-298-3103<br><a href="mailto:achaplin@kennedyctr.org">achaplin@kennedyctr.org</a>                                | Facebook: April Mobility<br><a href="http://www.knowhowtogoct.org">www.knowhowtogoct.org</a>               |
| Marlene Schempp | Ombudsman, North Central CT                         | (860) 667-6207<br><a href="mailto:mschempp@waytogoct.org">mschempp@waytogoct.org</a>                                  | <a href="http://www.waytogoct.org">www.waytogoct.org</a>   |
| John Roode      | Mobility Information Specialist Eastern Connecticut | (860)-848-5911<br>John Roode<br>(860) 848-59113<br><a href="mailto:Ectcmobility@yahoo.com">Ectcmobility@yahoo.com</a> |  |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Transportation

## More Resources:

### **Transit Reduced Fare**

#### **Photo ID Program**

Seniors 65 and older

Persons with a qualifying disability

\$5.00 application fee

<http://www.cttransit.com/Seniordisabled/Application.asp>

### **Paratransit**

Connecticut ADA Paratransit Resource center

(203) 365-8522 ext. 2016 Call to apply

Shared ride at least one day in advance

### **Veyo**

(855) 478-7350

Non-Emergency medical appointments

Husky A, C,D, Medicaid members who need to see a doctor for non-emergency medical appointments.

ANY TOWN, Fares paid by state of CT

Door to Door Service, depending on medical need.

<https://CT.rideswithveyo.com>

### **M 7 Wheelchair Accessible Transportation**

**(203) 777-7777**

#### **Private Pay On demand & Reservations/Advanced Booking**

Offering Bedside Pick Up (Wheelchair Provided) Lobby to Lobby Curb to Curb

[www.m7ride.com](http://www.m7ride.com)

Service must begin or End in one of the following towns.

Berlin, Bloomfield, Branford, Bridgeport, East Hartford, East Haven, East Windsor, Enfield, Farmington, Granby, Guilford, Hamden, Hartford, Manchester, Meriden, Milford, New Britain, New Haven, Newington, North Branford, North Haven, Orange, Rocky Hill, Simsbury, South Windsor, Windsor Locks and Woodbridge

### **Other Resources:**

Multiple Sclerosis (888)-673- 6287

ALS (203)-874-5050

United Cerebral Palsy (860)-443-3800

Road to Recovery (800)-227-2345

New Britain Senior Transportation (860)-224-7117

Interfaith Volunteer Care Givers of New Haven (203)-230-8994

The Kennedy Center PPE [www.palm&able.com](http://www.palm&able.com) or [www.ppeplease.com](http://www.ppeplease.com)

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Transportation



CT Transit- (203)- 624-0151  
Greater Hartford Transit District (GHTD) (860)-247-5329  
Greater New Haven Transit District (GNHTD) (203)-281-2520

Northeast Transit Waterbury ((203)-756-5550  
Wallingford-(800)-704-3113  
Meriden-(800)-441-8901  
Allan Church/Meriden Transit (203)-235-6851  
Wallingford Senior Center (203)-265-7753  
Meriden Senior Center (203)237-0066

## **Bus Service**

[www.CTtransit.com/schedules](http://www.CTtransit.com/schedules)

New Haven (203)-624-0151

New Britain (860)-727-8196

Middletown [www.middletownareatransit.org](http://www.middletownareatransit.org)  
(860)-346-0212

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Transportation

## Veteran's Transportation Programs

[www.waytogoct.org/veteran-programs](http://www.waytogoct.org/veteran-programs)

[infor@waytogoct.org](mailto:infor@waytogoct.org)

(860) 667.6207

### Veterans Transportation Program (VTP)

Website: [www.va.gov](http://www.va.gov)

(860) 667-6769

VA's Veterans Transportation Program (VTP) offers Veterans many travel solutions to and from their VA Health care facilities. This program offers services at little or no cost to eligible Veterans through the following services:

### DAV

#### **Disabled American Veteran's (DAV-CT) Transportation Network**

**Type of Service** - Rides from Windsor to the Newington VA. Shuttles from Newington to West Haven VA.

**Area Served**- Transportation to and from VA medical facilities for treatment.

DAV volunteers drive disabled veterans. A 5 day lead time is necessary. Rides from 7AM to 1PM.

Phone: (860) 667-6759

Website – [www.dav.org/veterans/i-need-a-ride](http://www.dav.org/veterans/i-need-a-ride)

Cost: Free

### Veterans Transportation Service (VTS)

The Veterans Transportation Service (VTS) provides safe and reliable transportation to Veterans who require assistance traveling to and from VA health care facilities and authorized non-VA health care appointments. VTS also partners with service providers in local communities to serve Veteran's transportation needs.

**Partners include:**

**Veteran Service Organizations (VSOs)**

**Local and national non-profit groups**

**Federal, state and local transportation services**

### Beneficiary Travel (BT)

[www.va.gov/HEALTHBENEFITS/vtp/beneficiary\\_travel.asp](http://www.va.gov/HEALTHBENEFITS/vtp/beneficiary_travel.asp)

The Beneficiary Travel (BT) program reimburses eligible Veterans for costs incurred while traveling to and from VA health care facilities. The BT program may also provide pre-approved transportation solutions and arrange special mode transportation (SMT) at the request of VA. Veterans may be eligible for common carrier transportation (such as bus, taxi, airline, or train) under certain conditions.

**See if you qualify for Beneficiary Travel. Click below to apply.**

[www.va.gov/vaforms/medical/pdf/vha-10-3542-fill.pdf](http://www.va.gov/vaforms/medical/pdf/vha-10-3542-fill.pdf)

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Transportation

## Transportation from Newington VA, 555 Willard Ave Newington, CT to other VA locations-Cost-Free - (860) 667-6769

Transportation to the West Haven Campus is available via the CT Transit bus line. Train stations are in New Haven and West Haven. Transportation from the train stations to the hospital is available via CT Transit bus or by taxi. Parking is free. Shuttles run from the parking lots to the main entrances. Off site parking with shuttle service is also available at 325 Campbell Avenue located near West Haven town center in the old Mantilla Ford space.

### VA Connecticut Healthcare System

**To Enroll:** Please mail a completed application along with a copy of your DD-214 and discharge papers to:

#### VA Connecticut Healthcare System

950 Campbell Avenue  
West Haven, CT. 06517  
Attention: Eligibility Office

### VA Connecticut Healthcare System

| Town        | Name  | Address   | Contact                     |
|-------------|---|---|-----------------------------|
| Danbury     | Danbury VA Clinic   | 7 Germantown Road, Suite 2B<br>Danbury, CT 06810              | (203) 798-8422              |
| Newington   | Newington VA  | 555 Willard Ave<br>Newington, CT 06111                        | 860-666.6951                |
| New London  | John J. McGuirk Department of<br>Veterans Affairs - Outpatient Clinic | 4 Shaw's Cove, 1st Floor, Suite<br>101, New London, CT. 06320 | (860) 437-3611              |
| Orange      | Orange VA Clinic (Errera Annex)                                       | 200 Edison Road<br>Orange, CT. 06477                          | (203) 508-7700              |
| Stamford    | Stamford VA Clinic  | 1275 Summer Street, Suite<br>102, Stamford, CT. 06905         | (203) 325-0649              |
| Waterbury   | Waterbury VA Clinic   | 95 Scovill Street<br>Waterbury, CT. 06706                     | (203) 465-5292              |
| West Haven  | West Haven VA   | 950 Campbell Ave<br>West Haven CT 06516                       | 203-932-5711                |
| West Haven  | Errera VA Clinic  | 114 Orange Avenue<br>West Haven, CT 06516                     | (203) 932-5711<br>Ext. 1361 |
| Willimantic | Willimantic VA Clinic   | 1320 Main Street<br>Willimantic, CT                           | (860) 450-7583              |
| Winsted     | Winsted VA Clinic   | 115 Spencer Street<br>Winsted, CT. 06098                      | (860) 738-6985              |

# COACH 4M

Yale Connecticut Older Adult Collaboration for Health

# Village to Village Network

## Village to Village Network:

The Village to Village Network is a nonprofit organization that brings Villages together to enable older adults to live independent, healthy, and purposeful lives with connections to their communities.

Find a local Village using the Village Map on:

<https://www.vtvnetwork.org>

Ph: (617) 299-9638

E-mail: [vtv@vtvnetwork.org](mailto:vtv@vtvnetwork.org)

[Learn More About Villages](#)

4818 Washington Blvd

St. Louis, MO 63108

 (617)299-9638

 [vtv@vtvnetwork.org](mailto:vtv@vtvnetwork.org)

Village to Village Network is a 501(c)(3) nonprofit organization (EIN# 27-1063665)

## Villages:

### Stay at Home in Wilton, Inc.

Location: 90 E Ridge Rd.

Ridgefield CT. 06877

Phone: 203-438-6044

Contact Information

P.O. Box 46

**COACH 4M**

Yale Connecticut Older Adult Collaboration for Health

# Village to Village Network

Wilton, CT 06897-0046

Phone: 203-762-2600

[info@stayathomeinwilton.org](mailto:info@stayathomeinwilton.org)

Stay at Home in Wilton offers seniors supportive services and resources, along with social and educational programs that unite its members as a community and enhance their efforts to remain independent, active, and connected.

## **Staying Put in New Canaan**

Location: 58 Pine St.

P.O. Box 484

New Canaan, CT 06840

Phone: 203-966-7762

<http://www.stayingputnc.org>

Staying Put is a nonprofit in New Canaan that provides our seniors with both the practical means and the social support to live their lives to the fullest, safely, and confidently in the New Canaan community.

## **At Home in Greenwich Inc**

Location: 139 E. Putnam Ave.

Greenwich, CT

Phone: 203-422-2342

<https://www.athomeingreenwich.org>

At Home in Greenwich welcomes older adults from diverse cultural and socio-economic backgrounds, who seek to maintain their independence, yet aware of their need for periodic assistance. Support, services, and social connection are offered.

## **HomeHaven**

Location: 291 Whitney Ave

Suite #103

New Haven, CT. 06511

**COACH 4M**

Yale Connecticut Older Adult Collaboration for Health

# Village to Village Network

Phone: 203-776-7378

[info@homehavenvillages.org](mailto:info@homehavenvillages.org)

[www.homehavenvillages.org](http://www.homehavenvillages.org)

Amity Village, Downtown, East Rock Village, Hamden Village and Westville Village make up the six villages of HomeHaven. HomeHaven is a private not for profit organization connected to a nationwide network of virtual villages by the Village to Village Network.

HomeHaven is a community of active, engaged seniors with resources and activities to stay connected, live independently, and age well in greater New Haven.

## **Shoreline Village CT**

Location: 1204 Main St. #128

Branford, CT 06405

Phone: 203-747-5939

<http://www.shorelinevillagect.org>

Shoreline Village is a membership organization created as a support network for Branford, Guilford, or Madison residents 50 and over to assist them with staying independent in their own homes. Services include assistance with household chores and maintenance, health and fitness, transportation needs, case management, health care services and staying connected to the community with outings and social events.

## **It Takes a Village 10591**

Location: 265 Hunter Ave.

Sleepy Hollow, NY 10591

Phone: 914-222.5116

Contact: [info@itav10591.org](mailto:info@itav10591.org)

<http://www.itav10591.org>

It Takes a Village 10591 is a volunteer organization dedicated to serving Westchester County residents 55 or older to live independently in their homes.

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## **SPRYE – Staying Put in Rye & Environs**

Location: One Gateway Plaza  
55 S Main St. #3  
Port Chester, NY 10573  
Phone: 914-481-5706  
<https://www.sprye.org>

Serving Harrison, Port Chester, Rye and Rye Brook. SPRYE is an effort by residents to create a support network for themselves and their peers. Services and programs help residents enjoy a satisfying lifestyle while continuing to live in their homes and communities.

## **The Center for Aging in Place (CAP)**

Aging in Place White Plains  
P.O. Box 108  
White Plains, NY 10605  
Phone: 914-319-1609  
[aipwhiteplains@gmail.com](mailto:aipwhiteplains@gmail.com)  
Phone: 914-510-2081  
[info@centerforaginginplace.org](mailto:info@centerforaginginplace.org)  
<https://www.centerforaginginplace.org>

The Center for Aging in Place is a non-profit organization in Westchester County working to improve the quality of life for older adults who choose to live at home and stay engaged in community life.

## **The Village Common of Rhode Island**

Location: 276 Angell St.  
Providence, RI 02906  
Phone: 401-441-5240  
<https://www.providencevillageri.org>

The mission of The Village Common of Rhode Island is to fundamentally change the experience of growing older in Rhode Island by fostering communities of mutual support – Villages- across the state and by directly supporting their long term sustainability.

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Local Villages provide members with access to volunteer-provided practical support, referrals and timely information, and plenty of social programs and activities.

## **The Westerly Village**

e-mail- [Westerly@villagecommonri.org](mailto:Westerly@villagecommonri.org)

Phone: 401-441-5240

## **A Community Together**

Location: P.O Box 5273

Wakefield RI 02880

Phone: 401-784-7766

<https://acomunitytogether.helpfulvillage.com>

[actneighbors@gmail.com](mailto:actneighbors@gmail.com)

A Community Together is a support network serving older neighbors in South Kingston and Narragansett. A non-profit organization that coordinates affordable aging-in-place services for older adults by utilizing community agencies, volunteers, technology, and paid services.

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