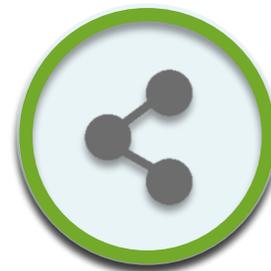


SHARE

Below are questions about circumstances that might arise during the SHARE step of the MBC three-step process.



WHAT IF ...



... the score doesn't match the client's subjective report?

If the data do not resonate with the client, you can add in an additional measure that is a good fit for the client's goals/values.



... I can't share the data with the client today?

Data should always be shared with the client; it's most meaningful when done right away, but that's not always possible in every clinical setting. If this is the case for you, let the clients know you'll share the data at the next visit or as soon as possible.



... the score never changes?

Try taking time to review the items with the client to make sure you have a shared understanding of each one.

Try reviewing the instructions to ensure they're keeping the timeframe in mind when responding (i.e., the last 2 weeks, etc.).

The timeframe of the measure may not be optimal. For example, if you're tracking week-to-week, a measure with the timeframe of 1 month may not work as well as one that examines the last week or two.

The measure may not be best match for the client and the treatment you're doing together. Adding a different measure might also be worth a try.



... if the measure doesn't have scoring guidelines?

Look at individual items if total score isn't helpful. You can focus on the items most relevant to the client's goals & your treatment than others.